Character, Struggle, Fighting, Language, Thinking, Father, Long, Violence, Daughter, The End Of The Day, Beautiful, School, Children, Soul, World, Elements, Moving, Men, Needs, Monogamy

I boxed through college and I played college level football. I was a linebacker.

~Greg Bryk

The world is a dangerous, unstable place and sometimes there are casualties and struggles for power.

~Greg Bryk

I grew up with a very quick temper, and the language of violence is a language that I'm very familiar and comfortable with.

~Greg Bryk

You look at your past and things that are unresolved and figure out what you need to do to move forward and fill a role with your family and in your community.

~Greg Bryk

I just think that, at the end of the day, you needed the catharsis of revelation.

~Greg Bryk

Fights take a long time to shoot.

~Greg Bryk

How do you fight the stagnation of monogamy and the monotony of time together?

~Greg Bryk

Within the stability of a family struggle, when there's less chaos, you can have the most soul-searching and the most digging to find out what and who you really are.

~Greg Bryk

I bake my daughter cupcakes for her school. I'm very hands-on.

~Greg Bryk

If you give a scene enough room to breathe, actors will hopefully find those magical moments.

~Greg Bryk

The difficult thing about shooting a television series is that you never have enough time. You really don't.

~Greg Bryk

The violence is the violence. I understand that we're sometimes squeamish about it, but I think that strength needs to be called on once in awhile, and sometimes that's the only thing that will work.

~Greg Bryk

I had a great mother, and I'm very comfortable with that maternal element.

~Greg Bryk

I'm also the father of three beautiful children and I've been married to my wife for 18 years, and we've been together for 20 years, so I have a very tender side.

~Greg Bryk

Playing characters that speak a very violent language was my livelihood.

~Greg Bryk

I did the David Cronenberg film, A History of Violence, with Viggo Mortensen and I played a real sociopath. For the next seven years, I played the psycho-of-the-week.

~Greg Bryk

You really have to be a character to serve it properly. Obviously, you're

acting, but you have to have those things in yourself, whether it's the experience or the same qualities.

~Greg Bryk

I'm at a point in my life where I have three kids. I'm a father, and you start to take stock and measure yourself as a man and see where there's room for growth.

~Greg Bryk

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