

# Gregg Braden Quotes

*Thinking, World, Feelings, Prayer, Reality, Heart, People, Real, Heal, Healing,  
Belief, Our World, Moments, Water, Spiritual, Challenges, Numbers, Choices,  
Mind, Peace*

The world around us is nothing more and nothing less than a mirror of what we have become from within.

~Gregg Braden

We are never more than a belief away from our greatest love, deepest healing, and most profound miracles.

~Gregg Braden

To create reality, focus beyond the outcome, as if it has already happened.

~Gregg Braden

Quantum science suggests the existence of many possible futures for each moment of our lives. Each future lies in a state of rest until it is awakened by choices made in the present.

~Gregg Braden

You can manifest the life you truly want with clear intention, emotional intelligence and imagination...like it or not, your life is what you have chosen.

~Gregg Braden

We live in a world where everything is connected. We can not longer think in terms of us and them when it comes to the consequences of the way we live. Today it's all about WE.

~Gregg Braden

The prime rule of reality is that we must become in our lives what we choose to experience in the world.

~Gregg Braden

There can only be one solution to any problem: a change in attitude and in consciousness.

~Gregg Braden

All it takes is one person in any generation to heal a family's limiting beliefs.

~Gregg Braden

Feeling is the language that speaks to the Divine Matrix (the Universe). Feel as though your goal is accomplished and your prayer is already answered.

~Gregg Braden

Feel the feeling as though the prayer has already been answered, and in that feeling we are speaking to the Forces of Creation, allowing the world to respond to us.

~Gregg Braden

Beliefs, and the feelings that we have about them, are the language that "speaks" to the quantum stuff that makes our reality.

~Gregg Braden

In a malleable world where everything from atoms to cells is changing to match our beliefs, we're limited only by the way we think of ourselves in that world.

~Gregg Braden

The key to our transformation is simply this: the better we know ourselves the better equipped we will be to make our choices wisely.

~Gregg Braden

In the instant of our first breath, we are infused with the single greatest force in the universe--the power to translate the possibilities of our minds into the reality of our world.

~Gregg Braden

The way we think about ourselves will give rise to the world we live in.

~Gregg Braden

The heart is where is where the action is

~Gregg Braden

Here's your protection for whatever comes: Find something to be happy about every day, and every hour if possible, moment-to-moment, even if only for a few minutes.

~Gregg Braden

The power of our beliefs can work in either direction to become life affirming or life denying.

~Gregg Braden

When we know beyond any doubt that we already speak the feeling language of prayer, we awaken that part of us that can never be stolen, lost, or taken away. This is the secret mode of prayer.

~Gregg Braden

The distinction between what is real and what is imaginary is not one that can be finely maintained ... all existing thing are ... imaginary.

~Gregg Braden

The great challenges of life appear to us when, and only when, we have everything we need to survive and heal from the experience.

~Gregg Braden

We live in a world where everything is connected.

~Gregg Braden

The quality of events surrounding you in any given moment in time may be reflecting specific beliefs that you hold in that moment of time.

~Gregg Braden

To heal the ancient battle between darkness and light, we may find that it's less about defeating one or the other, and more about choosing our

relationship to both.

~Gregg Braden

To change the limitations of our personal pasts, our minds need a reason to change what we believe-and a good one at that.

~Gregg Braden

War is not human nature. It is a habit.

~Gregg Braden

Through our thanks, we honor all possibilities and bring the ones we choose into this world.

~Gregg Braden

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