People, America, Mean, Children, Giving, Believe, Missing, Kids, Real, Challenges, Secret, Life Lesson, Needs, Dream, Mother, Skills, Workplace, School, Men, Media

Forcing victims of sexual harassment into secret arbitration proceedings is wrong because it means that nobody ever finds out what really happened.

~Gretchen Carlson

I'm a big believer in always challenging yourself and learning new skills.

~Gretchen Carlson

Trust is the most important aspect of being a journalist. If people don't trust or find you relatable - you will not have success.

~Gretchen Carlson

My hope is that when people read my story, it will inspire them to reach for their goals and not give up. The real story is this: if I can do it, you can too.

~Gretchen Carlson

Self esteem is built from the inside out and that is my inspiring message to all people.

~Gretchen Carlson

If you Google me, you'll find plenty of "dumb blonde" references - even though I graduated with honors from Stanford and studied at Oxford University. I don't let it bother me.

~Gretchen Carlson

I'm not superwoman. It's impossible to do everything 100 percent all of the time. And suggesting that women should be able to do it only puts more pressure on them.

~Gretchen Carlson

I felt vindicated that I decided to speak up for not only myself but women all across the nation who've been put down.

~Gretchen Carlson

The discipline learned from putting in time and effort as a child is a skill and a talent you carry with you for the rest of your life in trying to achieve goals.

~Gretchen Carlson

Through the many struggles in my life, my faith is sometimes the only thing I have to hold onto. God was my only friend.

~Gretchen Carlson

I'm a person who likes to give 100 percent to everything I do. I want to be the best at my job and as a mother.

~Gretchen Carlson

I learned that I had to work triply hard every time I started a new job in a newsroom to prove my value and worth.

~Gretchen Carlson

In the Miss America system talent is worth 50 percent of a contestant's points so my mom encouraged me to give it a try. And once I decided to do it, like anything else, I gave it 110 percent.

~Gretchen Carlson

I've never understood why it's a negative to showcase a talented, smart woman who also happens to be attractive.

~Gretchen Carlson

I joke that I reached the bimbo trifecta when I came to Fox News! In being a former Miss America, being blonde and then Fox.

~Gretchen Carlson

One of my Miss America judges called me a "God-clutcher" way back when because I spoke about my faith being an important part of my life

during my interview.

~Gretchen Carlson

Being REAL means showing people who you are underneath all the TV make up too.

~Gretchen Carlson

There's something about winning Miss America that brings out the snark.

~Gretchen Carlson

I've learned that sometimes when people don't like what you have to say, and don't want to debate you on ideas, it's just easier to call you a dumb blonde from Fox News.

~Gretchen Carlson

I felt like it was a sense of duty for me to give these women a voice.

~Gretchen Carlson

Social media has allowed people to ramp up their personal attacks on people in the public eye - because there is a sense they can do it anonymously.

~Gretchen Carlson

It is what it is. It, meaning terrorism. Terrorism is what it is.

~Gretchen Carlson

I believe every child is born with a gift from God - big or small - and that we should all make the most of our talents.

~Gretchen Carlson

There are no guarantees in life, but I believe faith provides all of us with a foundation to live the best lives possible - knowing that there is a higher being who loves us and will never leave us.

~Gretchen Carlson

The challenging part of parenting is to stick to your ideals and not give in.

~Gretchen Carlson

I never had becoming Miss America on my radar screen. But when I was 17, I decided to quit the violin and my parents were devastated.

~Gretchen Carlson

Everyone is busy, but I believe it depends on what you prioritize. My husband and I teach Sunday School together at our church and are very involved.

~Gretchen Carlson

I grew up a fat kid in a small town in Minnesota who was a tomboy and happened to play a mean violin. My goal was to be a famous concert artist some day.

~Gretchen Carlson

Our daughter was the last in her class to get a cell phone and she had to earn it. She still doesn't have Instagram although she asks me for it every day.

~Gretchen Carlson

Miss America gets a lot of flak, but the reality is that it is uplifting and aspirational - 50% percent of my points were based on talent.

~Gretchen Carlson

Thanks to my upbringing, I always believed in myself and worked as hard as I could to get where I wanted to be. Nothing was ever handed to me.

~Gretchen Carlson

Gratitude needs to come back in a big way and I hope to encourage people to get involved.

~Gretchen Carlson

I'm the ultimate organizer! My major at Stanford was "Organizational Behavior" so I love to multi-task and stay extra busy.

~Gretchen Carlson

We need to stand together with all of the victims [ of sexual harassment] and make sure they are not silenced.

~Gretchen Carlson

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