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Don't worry about society's conditioning and the labels that are put on you by external forces. Hold onto your true self.

~Gugu Mbatha-Raw

I try not to define myself. Other people are going to do that for you anyway.

~Gugu Mbatha-Raw

As a biracial girl growing up in England, I'd never really seen any historical characters who looked like me depicted on film before that weren't being brutalized or playing slaves.

~Gugu Mbatha-Raw

I try to define myself through my own choices rather than just accepting society's kind of you're that, you're that, let me put you in a box kind of thing.

~Gugu Mbatha-Raw

I was lucky that my mother had a very well-adjusted perspective of the world, and never pressured me to do anything I didn't want to do.

~Gugu Mbatha-Raw

I think, irrespective of your race, everybody has moments in life where they don't fit in, or where they try to puzzle through who they really are or to find the courage of their convictions.

~Gugu Mbatha-Raw

But when you become a slave to a public persona and don't feel comfortable without it, it becomes a shield and it shouldn't come at the expense of your self-worth.

~Gugu Mbatha-Raw

Different fragrances promote different emotions, and I find that fragrance gets me in the frame of mind for that person.

~Gugu Mbatha-Raw

I'm a multi-faceted human being.

~Gugu Mbatha-Raw

From the age of four, I loved ballet and tap. I was in the school band, the choir, and all my school plays.

~Gugu Mbatha-Raw

I think all characters that we play are facets of ourselves.

~Gugu Mbatha-Raw

For me, after emotionally intense roles, I'd need to take a step back because then there's the promoting of the film which is another job in itself.

~Gugu Mbatha-Raw

I'm just broadening my craft and stretching my skills a little bit in different directions.

~Gugu Mbatha-Raw

I've always had an ear for languages and music so it's something I'm continually working on but it's fun.

~Gugu Mbatha-Raw

The only valid starting point is to understand what we all share - we have to find what we can all agree on.

~Gugu Mbatha-Raw

To play Cleopatra on Broadway would just be incredible.

~Gugu Mbatha-Raw

I'm not turning my back on classical theater. It's all about opportunities and timing a lot of the time when things come up.

~Gugu Mbatha-Raw

There is the old boys' club, but there are Â-people who are "conviction lobbyists" coming from the heart.

~Gugu Mbatha-Raw

I was born in the '80s, so I don't really remember it very strongly, but the music is so iconic.

~Gugu Mbatha-Raw

Because I had grown up with Jane Austen novels and period dramas, I was very familiar with that period and that world.

~Gugu Mbatha-Raw

I'm interested in playing lots of different complex women.

~Gugu Mbatha-Raw

I try to put myself into whatever character I play.

~Gugu Mbatha-Raw

For me, it was all about working with an inspirational filmmaker.

~Gugu Mbatha-Raw

I prefer to focus on the future. There are a lot of new stories to be heard.

~Gugu Mbatha-Raw

I enjoy classics, but classics are classics for a reason.

~Gugu Mbatha-Raw

At home I wear my own clothes, no makeup and don't do anything exciting with my hair. I get to borrow pretty dresses for the red carpet, and have experts do my hair and makeup.

~Gugu Mbatha-Raw

As an actress, I'm an emotional person.

~Gugu Mbatha-Raw

I think there are parts of myself in every character I play.

~Gugu Mbatha-Raw

Because of my job, my hair gets played with a lot on set, so I try to give it little bit of breathing space when Im not working.

~Gugu Mbatha-Raw

I like being free to take on any project that inspires me and to trust that the work will speak for itself.

~Gugu Mbatha-Raw

I was always the one leading the way in terms of wanting to do acting, singing and dancing.

~Gugu Mbatha-Raw

I don't really have one dish. I'm a very improvisational cook. I sort of like to make things up as I go along. I'm quite creative in the kitchen.

~Gugu Mbatha-Raw

I always get a little bit scared reading reviews.

~Gugu Mbatha-Raw

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