

Harry Stack Sullivan Quotes

*Humans, People, Science, Becoming, Moments, Style, Ships, Sports,
Satisfaction, May, Love, Talking, Acting, Emotional, Stupid, Strange, Unique,
Interpretation, Love You, Fashion*

Your emotional life is not written in cement during childhood. You write each chapter as you go along.

~Harry Stack Sullivan

What I am, at any given moment in the process of my becoming a person, will be determined by my relationships with those who love me or refuse to love me, with those whom I love or refuse to love.

~Harry Stack Sullivan

It is easier to act yourself into a new way of feeling than to feel yourself into a new way of acting.

~Harry Stack Sullivan

We are all much more simply human than otherwise, be we happy and successful, contented and detached, miserable and mentally disordered, or whatever.

~Harry Stack Sullivan

If you have to maintain self-esteem by pulling down the standing of others, you are extraordinarily unfortunate.

~Harry Stack Sullivan

As you love yourself, so shall you love others. Strange but true, with no exceptions.

~Harry Stack Sullivan

It may be possible through detachment, to gain knowledge that is 'useful;' but only through participation is it possible to gain the knowledge that is helpful.

~Harry Stack Sullivan

All of us are much more human than otherwise

~Harry Stack Sullivan

If you do not feel equal to the headaches that psychiatry induces, you are in the wrong business. It is work - work the like of which I do not know.

~Harry Stack Sullivan

There is no fun in psychiatry. If you try to get fun out of it, you pay a considerable price for your unjustifiable optimism.

~Harry Stack Sullivan

The supply of interpretations, like that of advice, greatly exceeds the need for them.

~Harry Stack Sullivan

When people approach you angrily, you take them very seriously, and, if you're like me, with the faint suggestion that you can be angry too, and that you would like to know what the shooting is about

~Harry Stack Sullivan

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