

# Helen Gurley Brown Quotes

*People, Thinking, Beautiful, Sex, Girl, Men, Want, Two, Successful, Trying,  
Body, Funny, Years, Book, Ideas, Feelings, Real, Trouble, Talking, Looks*

Never fail to know that if you are doing all the talking, you are boring somebody.

~Helen Gurley Brown

good girls go to heaven and bad girls go everywhere

~Helen Gurley Brown

Nearly every glamorous, wealthy, successful career woman you might envy now started out as some kind of schlep.

~Helen Gurley Brown

Beauty can't amuse you, but brainwork - reading, writing, thinking - can.

~Helen Gurley Brown

Feeling insecure is good for you. It forces you to do something better, drives you to use all your talents.

~Helen Gurley Brown

Feed the alligators and you get bigger alligators.

~Helen Gurley Brown

My success was not based so much on any great intelligence but on great common sense.

~Helen Gurley Brown

Money, if it does not bring you happiness, will at least help you be miserable in comfort.

~Helen Gurley Brown

Don't use men to get what you want in life. Get it yourself.

~Helen Gurley Brown

If I had to choose between sex and food, I would choose food, but I'd

choose sex over nearly everything else.

~Helen Gurley Brown

Work with the raw material you have, namely you, and never let up.

~Helen Gurley Brown

The only thing that separates successful people from the ones who aren't is the willingness to work very, very hard.

~Helen Gurley Brown

Get up and do it if it needs to be done, even if you hate it!

~Helen Gurley Brown

After you're older, two things are possibly more important than any others: health and money.

~Helen Gurley Brown

Sex is one of the three best things out there, and I don't even know what the other two are.

~Helen Gurley Brown

Good posture is the one most important thing anybody can do now to look better.

~Helen Gurley Brown

You can have your titular recognition. I'll take the money and the power.

~Helen Gurley Brown

You know you can't hope yourself a better life - you must take yourself there.

~Helen Gurley Brown

Two warm bodies and one cold bottle of champagne will produce

something more wonderful than would happen without the champagne.

~Helen Gurley Brown

I care. I care a lot. I think of Cosmopolitan all day, and I run scared. So it's a combination of fright, caring and anxiety.

~Helen Gurley Brown

Love doesn't drop on you unexpectedly; you have to give off signals, sort of like an amateur radio operator.

~Helen Gurley Brown

We are told to value ourselves without feedback, but if nobody is making a pass at you or trying to take you to Bermuda, how are you supposed to feel? Confident?

~Helen Gurley Brown

Don't do small stuff early in your energy cycle or you'll blow your 'golden hours,' but occasionally you have to do the 'possible' to develop the momentum for the killer task.

~Helen Gurley Brown

Talkers expand like bread dough.

~Helen Gurley Brown

Charm is the next best asset after looks and brains - and can almost make up for looks.

~Helen Gurley Brown

Never expect anybody - except possibly your analyst - to be as thrilled about your sex life as you are.

~Helen Gurley Brown

I just had the idea that all the covergirls should be gorgeous, and not just interesting, not beautiful in an offbeat or exotic way, just plain

yummy gorgeous.

~Helen Gurley Brown

It's unrealistic to think you can only have one good product. People are not that poor. They can buy what they want.

~Helen Gurley Brown

I think I'm a fairly average person, I think I have only a medium IQ. I didn't go to college, obviously.

~Helen Gurley Brown

There are not that many people who know how to edit. It's a funny tiny little obscure talent but it's very special. You have to have the feeling of popular taste.

~Helen Gurley Brown

The prerequisite for making love is to like someone enormously.

~Helen Gurley Brown

The faster you get back to people, the less brilliant you have to be.

~Helen Gurley Brown

some bosses are so greedy (for themselves only) they forget underlings are not thirteenth-century peasants who can be satisfied with a glass of mead and three festivals a year.

~Helen Gurley Brown

Trying to describe a good marriage is like trying to describe your adrenal glands. You know they're in there functioning but you don't really understand how they work.

~Helen Gurley Brown

A man likes to sleep with a brainy girl. She's a challenge. If he makes good with her, he figures he must be good himself.

~Helen Gurley Brown

People never get tired of looking at beautiful pictures of gorgeous girls.

~Helen Gurley Brown

I guess I'm a survivor. There are many of us survivors and any successful woman of my age has somewhat of that in her.

~Helen Gurley Brown

Every morning when I'm thrashing around on the floor doing my solid hour of heavy exercises I'm not really doing that for anyone but myself. It makes me feel good.

~Helen Gurley Brown

My own philosophy is if you're not having sex, you're finished. It separates the girls from the old people.

~Helen Gurley Brown

I guess anyone with a beautiful body, man or woman, loves to be looked at, but to admit such a thing is a little rough at times. That's why it's hard to get people to pose.

~Helen Gurley Brown

Never throw anything good away -- real wool, pure silk. Put it away and wait for it to come back.

~Helen Gurley Brown

One of the paramount reasons for staying attractive is so you can have somebody to go to bed with.

~Helen Gurley Brown

When you meet a man, don't you always idly wonder what he'd be like in bed? I do.

~Helen Gurley Brown

I think a single woman's biggest problem is coping with the people who are trying to marry her off!

~Helen Gurley Brown

There is no better way to get to know someone than to have an affair ... it can save years of lunches.

~Helen Gurley Brown

If you do the best you can, no matter how bad the situation, you probably are going to come out okay.

~Helen Gurley Brown

If you're not a sex object, you're in trouble.

~Helen Gurley Brown

The only reason a man doesn't call is that he doesn't want to.

~Helen Gurley Brown

Do what's in front of you as well as possible. Keep going until you realize what you're best at.

~Helen Gurley Brown

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