

Henry Rollins

Quotes

*People, Thinking, America, Trying, Want, Writing, Men, Years, Hate, Song,
Country, Pain, Guy, Book, Long, Way, Believe, Rocks, World, Giving*

Loneliness adds beauty to life. It puts a special burn on sunsets and makes night air smell better.

~Henry Rollins

No such thing as spare time, no such thing as free time, no such thing as down time. All you got is life time. Go.

~Henry Rollins

I am an optimist because I want to change things for the better and I know that blood has to be spilled and disharmony and cruelty are necessary to do that.

~Henry Rollins

I have found the Iron to be my greatest friend. It never freaks out on me, never runs. Friends may come and go. But two hundred pounds is always two hundred pounds

~Henry Rollins

It's sad when someone you know becomes someone you knew.

~Henry Rollins

I believe that one defines oneself by reinvention. To not be like your parents. To not be like your friends. To be yourself. To cut yourself out of stone.

~Henry Rollins

Strength is the product of struggle, you must do what others don't to achieve what others won't.

~Henry Rollins

There's one thing about Black Sabbath which should not be understated: If Black Sabbath is missing any one of its members it's no longer Black Sabbath.

~Henry Rollins

We all learn lessons in life. Some stick, some don't. I have always learned more from rejection and failure than from acceptance and success.

~Henry Rollins

Yes, I guess you could say I am a loner, but I feel more lonely in a crowded room with boring people than I feel on my own.

~Henry Rollins

Most poets are elitist dregs more concerned with proving their skill with a dictionary than communicating ideas with impact.

~Henry Rollins

Everyone who knows me knows that I'm a hopeless romantic who listens to love ballads and doo-wop songs all the time.

~Henry Rollins

I don't want to pass through life like a smooth plane ride.

~Henry Rollins

Now, if someone wants to spit on me, I just roll up the window of my BMW 540i.

~Henry Rollins

Pizza makes me think that anything is possible.

~Henry Rollins

I will never say the things that I want to say to you. I know the damage it would do. I love you more than I hate my loneliness and pain.

~Henry Rollins

If I had to live my life in anticipation of what others thought of me, little would get done.

~Henry Rollins

I would like to be able to gently drift in and out of existence when I wanted to.

~Henry Rollins

In my world there would be as many public libraries as there are Starbucks.

~Henry Rollins

Weakness is what brings ignorance, cheapness, racism, homophobia, desperation, cruelty, brutality, all these things that will keep a society chained to the ground, one foot nailed to the floor.

~Henry Rollins

My optimism wears heavy boots and is loud.

~Henry Rollins

All by yourself, unable to express the pain of your distress with your deeper inside. You alienate yourself and everybody else.

~Henry Rollins

You always know the mark of a coward. A coward hides behind freedom. A brave person stands in front of freedom and defends it for others.

~Henry Rollins

I want a soul mate who can sit me down, shut me up, tell me ten things I don't already know, and make me laugh. I don't care what you look like, just turn me on.

~Henry Rollins

When you start to doubt yourself the real world will eat you alive.

~Henry Rollins

Knowledge without mileage equals bullshit.

~Henry Rollins

I am a veteran of the War on Christmas. I am just emerging from a battlefield strewn with dead trees and torn shreds of brightly colored wrapping paper.

~Henry Rollins

I'll never forget how the depression and loneliness felt good and bad at the same time. Still does.

~Henry Rollins

In the worst of times the best among us never lose their moral compass, and that is how they emerge relatively unscathed.

~Henry Rollins

Want a good body? Work at it. Want to be a success? Work at it. Want to be truly exceptional? Be a touch insane... You need a little bit of insanity to do great things.

~Henry Rollins

Sometimes the truth hurts. And sometimes it feels real good.

~Henry Rollins

Here in this moment we are beautiful, nocturnal creatures and our thoughts and words are jewels guarded by the moon.

~Henry Rollins

Disappointment always arrives before hope and the darkness of night comes before the dawn. Don't lose hope now because things will be brighter with the new day.

~Henry Rollins

Scar tissue is stronger than regular tissue. Realize the strength, move on.

~Henry Rollins

There is no better way to fight weakness than with strength. Once the mind and body have been awakened to their true potential, it's impossible to turn back.

~Henry Rollins

I am an employment hyena. I am happy to make a meal of what the lions leave behind.

~Henry Rollins

Keep your blood clean, your body lean, and your mind sharp.

~Henry Rollins

Life will not break your heart. It'll crush it.

~Henry Rollins

My love runs deeper than the wounds.

~Henry Rollins

Best not to mix the past with the present. The present paints the past with gold. The past paints the present with lead.

~Henry Rollins

It's so painful to be next to someone you feel strongly about and know you can't say the things you want to.

~Henry Rollins

We spend millions of dollars to remove pain from our lives. It's why so many people get hooked on painkillers. The body becomes addicted to painlessness. That tells you a lot.

~Henry Rollins

I prefer to work out alone. It enables me to concentrate on the lessons

that the Iron has for me.

~Henry Rollins

When life hands you a lemon, say, 'Oh yeah, I like lemons! What else ya got?

~Henry Rollins

If you have an idea of what you want to do in your future, you must go at it with almost monastic obsession. [...] You have to go at it single-mindedly and let nothing get in your way.

~Henry Rollins

Nothing brings people together more, than mutual hatred.

~Henry Rollins

I'm mellower now, I'm over 50. But I don't think I'm too mellow. I'm still angry at a lot of things.

~Henry Rollins

I know I was a generic dysfunctional child, but I think a lot of people are.

~Henry Rollins

The scarcity of the music not only makes the music itself enjoyable but it also gives the collector a strange sense of superiority.

~Henry Rollins

Jazz music is as American as it gets, and so is the U.S. Postal Service. A Miles Davis stamp is a perfect marriage of two great American institutions.

~Henry Rollins

You are the untold story. You are the impassioned truth wanting to scream its existence, to be forever trapped by a strong hand clapped

firmly over the mouth of my soul.

~Henry Rollins

I always took quite seriously the things that Chuck D. of Public Enemy had to say. He's always been someone I've learned quite a bit from and someone I pay a great deal of attention to.

~Henry Rollins

I simply cannot understand how any parent could kill themselves.

~Henry Rollins

Life is death in slow motion.

~Henry Rollins

The Iron is the best antidepressant I have ever found.

~Henry Rollins

I can only write about personal stuff, about my point of view.

~Henry Rollins

The average is the borderline that keeps mere men in their place. Those who step over the line are heroes by the very act. Go.

~Henry Rollins

I'd rather work on my radio show, which no one hears but I put about eight hours of programming and writing into it for those 30 people who do tune in.

~Henry Rollins

We know that in September, we will wander through the warm winds of summer's wreckage. We will welcome summer's ghost.

~Henry Rollins

What goes best with a cup of coffee? Another cup.

~Henry Rollins

There's got to be someone for me. It's not too much to ask. Just someone to be with. Someone to love. Someone to give everything to. Someone.

~Henry Rollins

Love heals scars love left

~Henry Rollins

If I had to perform in a comedy club I would bomb; I would be trying too hard.

~Henry Rollins

In many ways, America is on the receiving end of a pendulum that has been swung with great force, and for a long time, outward into the world. The impact is a wake-up call on every level.

~Henry Rollins

I believe that when the body is strong, the mind thinks strong thoughts.

~Henry Rollins

Hope is the last thing a person does before they are defeated.

~Henry Rollins

I think about the meaning of pain. Pain is personal. It really belongs to the one feeling it. Probably the only thing that is your own. I like mine.

~Henry Rollins

Respect is not a one way street

~Henry Rollins

A great way to learn about your country is to leave it.

~Henry Rollins

People are best on records and books because you can turn them off or put them back on the shelf.

~Henry Rollins

It is impossible, after a certain point, to go back to a previous way of life, a previous way of thinking.

~Henry Rollins

When the Iron doesn't want to come off the mat, it's the kindest thing it can do for you. If it flew up and went through the ceiling, it wouldn't teach you anything.

~Henry Rollins

I am primarily a loner. I don't go to clubs. I don't hang out with people. I don't know many people. It's just the way it ended up. It's not a sob story; it's fine for me.

~Henry Rollins

So I'm more at home with my backpack, sleeping in a hotel room or on a bus or on an airplane, than I am necessarily on a bed. It's weird being here. It feels like I'm standing next to my real life.

~Henry Rollins

Do it or don't. It's amazing how many things in life are that easy.

~Henry Rollins

I love capitalism. It rewards me for being brave - it awards me for being innovative and thinking out of the box.

~Henry Rollins

I am a pretty crazy person, so it's best for me to be on my own most of the time.

~Henry Rollins

Imagine a 15-year-old kid saying, 'I have two moms - it's cool.' I don't fear that at all.

~Henry Rollins

I never thought about getting any tattoos removed.

~Henry Rollins

I've made some great mistakes in my life, but, you know, they were honest mistakes.

~Henry Rollins

My unconditional sure thing is that I don't have one.

~Henry Rollins

Don't do anything by half. If you love someone, love them with all your soul.

~Henry Rollins

The only thing about sanctions is that, like a lot of drone strikes, there are countless unintended victims. Cutting off aid to Uganda only increases the pain there.

~Henry Rollins

There's tons of junk food for your mind on the Internet. You can sit there for three or 10 or 20 hours a day getting in online arguments with other people who also choose to waste their time.

~Henry Rollins

I wouldn't want to roll the dice on Kabul by myself, because I really think getting killed is definitely a possibility there. A very good possibility.

~Henry Rollins

perfection. I have been waiting all my life to be with you. My heart

slams against my ribs when I think of the slaughtered nights I spent all over the world waiting to feel your touch.

~Henry Rollins

I contribute a large amount of money to the Southern Poverty Law Center, so I'm on their mailing list for all their Klan Watch newsletters. I'm very well aware of White Power movements in America.

~Henry Rollins

Will punk rock ever die? Pal, if you have to ask it's dead to you.

~Henry Rollins

As long as I tell the truth I feel that nobody can touch me.

~Henry Rollins

The Civil Rights Act of 1964 was vigorously and vociferously opposed by the Southern states. President Lyndon B. Johnson signed it into law nonetheless.

~Henry Rollins

I still have dreams about CBGB's. I still miss the place.

~Henry Rollins

Most of the people who call me a sellout were 7 when I was down face-first in the punk trenches.

~Henry Rollins

If I hear, 'Be afraid of Tehran,' I'm like, 'I'd better go to Tehran.'

~Henry Rollins

I'm trying to be confrontational and direct. If I lack directness then I only have myself to blame because I lack the skills to make my point clear.

~Henry Rollins

As so much music is listened to via MP3 download, many will never experience the joy of analog playback, and for them, I feel sorry. They are missing out.

~Henry Rollins

It'll destroy you if you try to make it mean anything to anyone but yourself.

~Henry Rollins

I want you bad like a natural disaster. You are all I see. You are the only one I want to know.

~Henry Rollins

The times I have tried to get close to someone resulted in me feeling threatened and weak.

~Henry Rollins

I'm constantly around people that talk a lot but say nothing. A sad case.

~Henry Rollins

My feelings for you shame me into silence.

~Henry Rollins

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