

Hippocrates Quotes

*Medicine, Art, Health, Men, Disease, Physicians, Science, Life, Pain, Healing,
Healthy, Ignorance, Doctors, Funny Inspirational, Two, Long, Wish, Giving,
Inspirational, Brain*

The greatest medicine of all is teaching people how not to need it

~Hippocrates

Illnesses do not come upon us out of the blue. They are developed from small daily sins against Nature. When enough sins have accumulated, illnesses will suddenly appear.

~Hippocrates

If someone wishes for good health, one must first ask oneself if he is ready to do away with the reasons for his illness. Only then is it possible to help him.

~Hippocrates

All disease starts in the gut.

~Hippocrates

Our food should be our medicine and our medicine should be our food.

~Hippocrates

It's far more important to know what person the disease has than what disease the person has.

~Hippocrates

If you are not your own doctor, you are a fool.

~Hippocrates

Make a habit of two things: to help; or at least to do no harm.

~Hippocrates

The physician treats, but nature heals.

~Hippocrates

The way to health is to have an aromatic bath and a scented massage every day.

~Hippocrates

Wherever the art of Medicine is loved, there is also a love of Humanity.

~Hippocrates

The natural healing force within each one of us is the greatest force in getting well.

~Hippocrates

Leave your drugs in the chemist's pot if you can heal the patient with food.

~Hippocrates

Walking is a man's best medicine.

~Hippocrates

Just as food causes chronic disease, it can be the most powerful cure

~Hippocrates

Cure sometimes, treat often, comfort always.

~Hippocrates

The function of protecting and developing health must rank even above that of restoring it when it is impaired.

~Hippocrates

We must turn to nature itself, to the observations of the body in health and in disease to learn the truth.

~Hippocrates

Each of the substances of a man's diet acts upon his body and changes it in some way and upon these changes his whole life depends.

~Hippocrates

Health is the greatest of human blessings.

~Hippocrates

If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have found the safest way to health.

~Hippocrates

Your foods shall be your 'remedies,' and your 'remedies' shall be your foods.

~Hippocrates

Declare the past, diagnose the present, foretell the future; practice these acts. As to diseases, make a habit of two things--to help, or at least to do no harm.

~Hippocrates

The wise man should consider that health is the greatest of human blessings. Let food be your medicine.

~Hippocrates

Foolish the doctor who despises the knowledge acquired by the ancients.

~Hippocrates

Get knowledge of the spine, for this is the requisite for many diseases

~Hippocrates

Let food be thy medicine and medicine be thy food

~Hippocrates

Sport is a preserver of health.

~Hippocrates

Natural forces within us are the true healers of disease.

~Hippocrates

Primum non nocerum. (First do no harm)

~Hippocrates

The chief virtue that language can have is clarity.

~Hippocrates

Male and female have the power to fuse into one solid, both because both are nourished in both and also because soul is the same thing in all living creatures, although the body of each is different.

~Hippocrates

Healing is a matter of time, but it is sometimes also a matter of opportunity.

~Hippocrates

Anyone wishing to study medicine must master the art of massage.

~Hippocrates

Rest as soon as there is pain.

~Hippocrates

Whenever a doctor cannot do good, he must be kept from doing harm.

~Hippocrates

All disease begins in the gut.

~Hippocrates

A physician without a knowledge of Astrology has no right to call himself a physician.

~Hippocrates

All diseases begin in the gut.

~Hippocrates

Those diseases which medicines do not cure, iron cures; those which iron cannot cure, fire cures; and those which fire cannot cure, are to be reckoned wholly incurable.

~Hippocrates

Everything in excess is opposed to nature.

~Hippocrates

Nature itself is the best physician.

~Hippocrates

There are in fact two things, science and opinion. The former begets knowledge, the latter ignorance.

~Hippocrates

A wise man ought to realize that health is his most valuable possession.

~Hippocrates

To really know is science; to merely believe you know is ignorance.

~Hippocrates

Look well to the spine for the cause of disease.

~Hippocrates

Men think epilepsy divine, merely because they do not understand it. We will one day understand what causes it, and then cease to call it divine. And so it is with everything in the universe.

~Hippocrates

Opposites are cures for opposites.

~Hippocrates

It is more important to know the person who has the condition than it is to know the condition the person has.

~Hippocrates

Physicians are many in title but very few in reality.

~Hippocrates

Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.

~Hippocrates

Wine is an appropriate article for mankind, both for the healthy body and for the ailing man.

~Hippocrates

To do nothing is sometimes a good remedy.

~Hippocrates

He who wishes to be a surgeon should go to war.

~Hippocrates

The patient must combat the disease along with the physician.

~Hippocrates

Let your food be your medicine, and your medicine be your food.

~Hippocrates

I will not give to a woman a pessary to cause abortion.

~Hippocrates

...all the most acute, most powerful, and most deadly diseases, and

those which are most difficult to be understood by the inexperienced, fall upon the brain.

~Hippocrates

Things that are holy are revealed only to men who are holy.

~Hippocrates

Divine is the task to relieve pain

~Hippocrates

That which is used - develops. That which is not used wastes away.

~Hippocrates

From nothing else but the brain come joys, delights, laughter and sports, and sorrows, griefs, despondency, and lamentations

~Hippocrates

The natural force within each of us is that greatest healer of all.

~Hippocrates

Prayer indeed is good, but while calling on the gods a man should himself lend a hand.

~Hippocrates

Declare the past, diagnose the present, foretell the future.

~Hippocrates

Sleep and watchfulness, both of them, when immoderate, constitute disease.

~Hippocrates

The human soul develops up to the time of death.

~Hippocrates

Whoever wishes to investigate medicine should proceed thus: In the first place, consider the seasons of the year and what effect each of them produces.

~Hippocrates

It is better not to apply any treatment in cases of occult cancer; for if treated (by surgery), the patients die quickly; but if not treated, they hold out for a long time.

~Hippocrates

Science is the father of knowledge, but opinion breeds ignorance.

~Hippocrates

Eunuchs do not take the gout, nor become bald.

~Hippocrates

Old people have fewer diseases than the young, but their diseases never leave them.

~Hippocrates

All excesses are inimical to Nature. It is safer to proceed a little at a time, especially when changing from one regimen to another.

~Hippocrates

And if incision of the temple is made on the left, spasm seizes the parts on the right, while if the incision is on the right, spasm seizes the parts on the left.

~Hippocrates

He who does not understand astrology is not a doctor but a fool.

~Hippocrates

And he will manage the cure best who has foreseen what is to happen from the present state of matters.

~Hippocrates

When in sickness, look to the spine first.

~Hippocrates

Walking is man's best medicine.

~Hippocrates

Idleness and lack of occupation tend - nay are dragged - towards evil.

~Hippocrates

The art has three factors, the disease, the patient, the physician. The physician is the servant of the art. The patient must cooperate with the physician in combatting the disease.

~Hippocrates

Who could have foretold, from the structure of the brain, that wine could derange its functions?

~Hippocrates

Wherefore the heart and the diaphragm are particularly sensitive, they have nothing to do, however, with the operations of the understanding, but of all these the brain is the cause.

~Hippocrates

I will follow that system of regimen which, according to my ability and judgment, I consider for the benefit of my patients, and abstain from whatever is deleterious and mischievous.

~Hippocrates

The forms of diseases are many and the healing of them is manifold.

~Hippocrates

Where there is love of medicine, there is love of humankind.

~Hippocrates

An insolent reply from a polite person is a bad sign.

~Hippocrates

Many admire, few know.

~Hippocrates

Medicine is of all the Arts the most noble; but, owing to the ignorance of those who practice it, and of those who, inconsiderately, form a judgment of them, it is at present behind all the arts.

~Hippocrates

Sometimes give your services for nothing.

~Hippocrates

Where prayer, amulets and incantations work it is only a manifestation of the patient's belief.

~Hippocrates

Silence is not only never thirsty, but also never brings pain or sorrow.

~Hippocrates

Look to the seasons when choosing your cures

~Hippocrates

It is better to be full of drink than full of food.

~Hippocrates

I also maintain that clear knowledge of natural science must be acquired, in the first instance, through mastery of medicine alone.

~Hippocrates

Of several remedies, the physician should choose the least sensational.

~Hippocrates

Life is short, art long, opportunity fleeting, experiment uncertain, and judgment difficult.

~Hippocrates

I have clearly recorded this: for one can learn good lessons also from what has been tried but clearly has not succeeded, when it is clear why it has not succeeded.

~Hippocrates

The life so short, the craft so long to learn.

~Hippocrates

Life is short, science is long; opportunity is elusive, experiment is dangerous, judgement is difficult.

~Hippocrates

Extreme remedies are very appropriate for extreme diseases.

~Hippocrates

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