Cancer, Thinking, People, Girl, Inspiring, Style, World, Cities, Boss, Letting Go, Trying, Issues, Important, Focus, Looks, Persons, Cascade, Get Up, Ends, Should Have

The days, months, and years eventually reveal, like a Polaroid, a clear picture of how significant events and decisions ultimately shape our lives.

~Hoda Kotb

There are two types of people: The ones who give you 50 reasons it can't be done ... and the ones who just do it.

~Hoda Kotb

Be crazy. Be stupid. Be silly. Be weird. Be whatever. Because life is too short to be anything but happy

~Hoda Kotb

I love music. For me, music is morning coffee. It's mood medicine. It's pure magic. A good song is like a good meal-I just want to inhale it and then share a bite with someone else.

~Hoda Kotb

Tone is often the most important part of a conversation - and listening is so much more important than what you say.

~Hoda Kotb

If you have a friend or family member with breast cancer, try not to look at her with 'sad eyes.' Treat her like you always did; just show a little extra love.

~Hoda Kotb

I'm a disorganized mess. My purse is gross: I once found a shoulder pad, string cheese, and a Christmas ornament in it!

~Hoda Kotb

When my shoes are killing me, I take a maxi pad and put it in the bottom of my shoe. It is better than any Dr. Scholl's insert. That fashion tip has saved me through some long nights.

~Hoda Kotb

Having cancer empowered me to take more risks. I knew beating cancer was going to shape me, but it wasnt going to be all of me.

~Hoda Kotb

I've had weight issues all my life. I've been on all the diets: Atkins, liquid protein, Scarsdale diet. Now I go to the gym often. I'm always on the StairMaster, and I do weights.

~Hoda Kotb

When you're a big girl like me, you want someone who makes you feel diminutive. I think fat guys are sexy.

~Hoda Kotb

I try to live in a little bit of my own joy and not let people steal it or take it.

~Hoda Kotb

I think after overcoming breast cancer, you sort of become fearless and somehow going up to your boss to talk about a possible promotion doesn't seem like such a daunting task anymore.

~Hoda Kotb

I'm a huge karaoke person even though I have the worst singing voice. When you love doing something, who cares?

~Hoda Kotb

I run in Central Park as the sun comes up. Some may mistake it for walking, but I swear I am running. I could not do it without my iPod.

~Hoda Kotb

It's made me realize that imperfect is perfectly comfortable to me. Whether it's a city or my apartment, I feel most at home when things

are somewhat flawed.

~Hoda Kotb

It's gotten to the point where if I throw a cookie in the garbage, I have to douse it in Cascade. Otherwise, why wouldn't I take it out and eat it?

~Hoda Kotb

The biggest thing I've learned is to smash my own spiders and get on with my day. There will be another!

~Hoda Kotb

There are times when you just have to show people that you're all in.

~Hoda Kotb

I don't cook, but I would love to learn.

~Hoda Kotb

I don't want to be 'the girl with cancer' ... I just didn't want that to be my only thing. But it is part of me. And it's a big part of me.

~Hoda Kotb

I'm good at picking friends.

~Hoda Kotb

I love Jennifer Aniston's style. She is streamlined and never overdone. And Demi Moore always looks classic, gorgeous and sophisticated.

~Hoda Kotb

Life's not perfect. Some loose ends may never get trimmed up and tidied.

~Hoda Kotb

Sometimes you have to take the focus off of you and put it on someone else and it's funny what you can accomplish and how much strength

you really have.

~Hoda Kotb

If we all helped one person, wouldn't the world be an unbelievable place?

~Hoda Kotb

I like the pace of my world. It's busy, but for me, the less I do the lazier I get.

~Hoda Kotb

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