

# Ian Somerhalder

## Quotes

*People, Thinking, Want, Animal, World, Passion, Way, Actors, Mean, Tree,  
Jobs, Ideas, Oil, Men, Needs, Planets, Mind, Years, Creating, Home*

You don't always win, but every time you lose, you get better.

~Ian Somerhalder

The environment is in us, not outside of us. The trees are our lungs, the rivers our bloodstream. We are all interconnected, and what you do to the environment ultimately you do to yourself.

~Ian Somerhalder

There are always decades that interest people. For me, that's the Roaring Twenties.

~Ian Somerhalder

True statement: Live it, love it, leave the world better off than when you got here.

~Ian Somerhalder

I grew up as a country boy.

~Ian Somerhalder

We're made up of energy, so who's to say you can't transmit through electrical means? If you could transmit yourself wirelessly, then it's Armageddon pretty much.

~Ian Somerhalder

I appreciate the response and the support of fans, of people who actually don't mind watching me on screen... I just don't ever want to jeopardize that.

~Ian Somerhalder

Every love story needs a catalyst of some sort.

~Ian Somerhalder

I don't care how hot a girl is - if she doesn't like animals, it would be a major, major problem.

~Ian Somerhalder

A thought for today: 'People change and forget to tell each other.'

~Ian Somerhalder

I have a million acquaintances but just two or three true friends. I can't hide anything from them.

~Ian Somerhalder

Love has so many unique yet consistent forms.

~Ian Somerhalder

I can write with absolutely perfect penmanship with my feet. If I broke both my arms, I could still write a girl a love letter using just my toes.

~Ian Somerhalder

It's cool not growing old. I like being the eternal stud.

~Ian Somerhalder

We depend on nature. Now, nature's depending on us.

~Ian Somerhalder

The only way I'm going to be able to really, truly live a moment is if it actually means something to me.

~Ian Somerhalder

You can't get anywhere without the people who have come into your life.

~Ian Somerhalder

It's impossible to imagine our planet without coral.

~Ian Somerhalder

You want a love that consumes you, you want passion and adventure

and even a little danger.

~Ian Somerhalder

Animal cruelty is one of the most unfortunate and barbaric demonstrations of human beings manipulating ill conceived notions of 'power' over other species.

~Ian Somerhalder

Maybe one of the only things I do well: I cook like a maniac! I would be a chef if I weren't an actor.

~Ian Somerhalder

I work with the Humane Society a lot and have three rescue cats.

~Ian Somerhalder

When you're really close to someone, they can make fun of you a lot and get away with it. But they sort of poke you in all of the right places.

~Ian Somerhalder

Laughter is the best medicine...smiling is second

~Ian Somerhalder

There is no differentiation between all living things: trees, river, animals, and humans.

~Ian Somerhalder

Let's reuse whatever we have now, stop making more of it, take what we gather, and make - whether it's car parts, computer cases, anything that we can use.

~Ian Somerhalder

I have the attention span of a mosquito from multitasking and all the things that have affected my poor little brain.

~Ian Somerhalder

Men have an important role to play in sending out the message that real men do not hurt or abuse their partners.

~Ian Somerhalder

Before vampires were aesthetically appealing, they were physical anomalies and ostracized outsiders whom we banished to the dark, and they didn't have the appeal that they do now.

~Ian Somerhalder

The coming together of like-minded individuals through action is what's needed to see wide spread change for us, our planet and its creatures.

~Ian Somerhalder

No one knows what women want!

~Ian Somerhalder

We all love guarantees in life.

~Ian Somerhalder

I mean it's never a problem making out with Nina Dobrev, I mean that's always really cool!

~Ian Somerhalder

I'm from New Orleans. There's a lot of vampire mystique and mythology that resonates there, and I was fascinated by it. I always wanted to play one.

~Ian Somerhalder

Men are intimidated by smart women. They make us want to kick up our game more.

~Ian Somerhalder

We the people are the change makers.

~Ian Somerhalder

Sitting on a beach or walking through nature makes me come alive always.

~Ian Somerhalder

I aim to direct as much as I act at some point in time.

~Ian Somerhalder

All the women in my life have really made my life what it is, and I feel so fortunate, so whole because of them.

~Ian Somerhalder

Even if you disagree w/me-I HAVE TO STAND,like you FOR WHAT I BELIEVE IN.WITH ALL MY HEART AND MIND

~Ian Somerhalder

Together, we can bring our planet's heartbeat back.

~Ian Somerhalder

My grandmother was this unbelievably smart, phenomenally cool woman and [soap operas] were just always on in her house. I just realized that I live in a soap opera, and it's awesome.

~Ian Somerhalder

We love things that are dangerous yet sexy. We love things that are powerful and wise.

~Ian Somerhalder

A lot of things that happen in the world make me a bit crazy.

~Ian Somerhalder

What we're doing to the planet is inexcusable.

~Ian Somerhalder

Kids are meeting in coffee shops and basements figuring out what's

unsustainable in their communities. That's the future.

~Ian Somerhalder

The most underused, under-appreciated group of people in the world is our youth.

~Ian Somerhalder

I've been in love. It's painful and pointless and overrated.

~Ian Somerhalder

I love the media, I live with the media.

~Ian Somerhalder

I am seeing a resurgence of entertainment that not only entertains, but inspires, evokes, and moves. I am seeing strength in the ability of artistic expression to change our future.

~Ian Somerhalder

I learned from my past, and I now employ those lessons going forward, looking to the future - don't you think it's about time our government did, too?

~Ian Somerhalder

My great-grandchildren will not be able to enjoy the Gulf Coast of Louisiana the way I have.

~Ian Somerhalder

Lack of time and money create really bad green practices.

~Ian Somerhalder

The film business creates a large amount of waste, and I'm not immune to waste in the business.

~Ian Somerhalder

I've sorta learned that I'm so tired of taking myself so seriously. It's so great to show up at work and truly enjoy every word you say.

~Ian Somerhalder

I never had any backlash from the model-turned-actor thing.

~Ian Somerhalder

I am seeing strength in the ability of artistic expression to change our future.

~Ian Somerhalder

To explore different parts of yourself and different emotional lives... not to hide from who you are but to actually explore who you are.

~Ian Somerhalder

I'm starting to realize there's no stopping us now. An idea, a feeling, a movement can't just be squashed. It's impossible now.

~Ian Somerhalder

The will to live that possesses us to create medicine, to become firefighters or teachers, is the same will to live that is woven into all living beings.

~Ian Somerhalder

I don't need to make money destroying my environment. Why don't I just love it and figure out a way to be more sustainable?

~Ian Somerhalder

The word love carries the same vibration in any language.

~Ian Somerhalder

I want to bulk up. I'm a skinny guy.

~Ian Somerhalder



The quality of life is so much higher anyplace you can ski in the morning and surf in the evening - there's something to be said for that.

~Ian Somerhalder

I don't know how to do anything else other than be an actor. If I wasn't in this, I would be in alternative energy and conservation.

~Ian Somerhalder

Your strongest ally or your greatest teacher may be sitting within reach, unbeknownst to you.

~Ian Somerhalder

As an actor, you always think that whatever job you have is going to be your last. In some way, shape or form, you think you're going to screw it up and you're never going to work again.

~Ian Somerhalder

I'm not a negative person.

~Ian Somerhalder

We cannot progress as a society, as a people, if we lack compassion.

~Ian Somerhalder

Sleeping with a witch would probably be pretty interesting. I hear that, and I understand that.

~Ian Somerhalder

Why are we deforesting for pulp and paper when we have a logical and efficient solution in plants like kenaf or bamboo? It doesn't make sense to me at all.

~Ian Somerhalder

I'm from the gulf coast of Louisiana.

~Ian Somerhalder

The symphonic sounds of nature awaken every cell in my body and, in that moment, without a doubt, I am truly alive.

~Ian Somerhalder

They say the way to a man's heart is through his stomach. It's the same way with women... or at least the ones I want to be with.

~Ian Somerhalder

We all exist in a time of widespread exponential growth. We are busier than ever.

~Ian Somerhalder

Species conversation is beyond a doubt an issue that truly matters to the American public.

~Ian Somerhalder

I don't want to see blood spewing out but I don't mind it in controlled environment. Does it make me squeamish? No.

~Ian Somerhalder

Acting definitely makes me feel so remarkably alive.

~Ian Somerhalder

We're destroying our water supplies like you can't even imagine.

~Ian Somerhalder

We need to do as much as we can from every direction or we will surpass that two-degree climate increase. Actually, the science is showing we are already en route to surpassing two degrees.

~Ian Somerhalder

Let's unite our impassioned voices to combat climate change. The time is now.

~Ian Somerhalder

If we recognize the interconnectedness of the changes our planet needs, we become true solutionaries and our united power is unparalleled.

~Ian Somerhalder

The youth have a prodigious talent for inventing progressive ideas and alternative courses of action that elude the jaded, in-the-box minds of worn-down adults.

~Ian Somerhalder

Models-turned-actors are a bit of a cliché... It is a huge cliché but you have to look at the positive aspects. I learned a lot about the world and took a lot of knowledge away from it.

~Ian Somerhalder

I never wanted to be one of those actors with a political agenda.

~Ian Somerhalder

I'm never running for office. I love being able to speak to members of Congress or members of the Senate and floating on either side, because it takes all of us. It's going to take both of them.

~Ian Somerhalder

The bureaucracies that are in place now, they're not going to change, they're not going to stop.

~Ian Somerhalder

I have been doing commercials on camera since I was ten.

~Ian Somerhalder

There are certain places in the world that are kind of energy vortexes, which are phenomenal.

~Ian Somerhalder

Nina Dobrev makes my job easy, its hard not to melt when she looks at you with those doe eyes.

~Ian Somerhalder

I see massive potential for entertainment to create wide sweeping change.

~Ian Somerhalder

Ideas need collective thought.

~Ian Somerhalder

It's not who you know, it's who you don't know.

~Ian Somerhalder

I can't let time move on without fighting tooth and nail and hopefully being a part of a revolution that is positive.

~Ian Somerhalder

If you love someone when you're 20 and you carry that love with you until you're 90, it's not going to be the same dynamic.

~Ian Somerhalder

It's really cool to see the transformation of reading something on a page and it coming to life.

~Ian Somerhalder

Collaboration - the ultimate intertwining of skills, passions, and knowledge - is what concocts the most shatterproof forms of changemaking.

~Ian Somerhalder

If you want change, it has to be generational. We have this unbelievable opportunity to make that change. Entertainment enables us to entice and educate mass audiences into a shift of consciousness.

~Ian Somerhalder

I kind of think too much, I try do too many things at once.

~Ian Somerhalder

For me, commitment boils down to honor.

~Ian Somerhalder

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