

Ibn Ata Allah Quotes

*Islamic, Wisdom, Heart, Spiritual, Doe, Light, Gnosis, Self, Heaven, Dhikr,
Want, Mean, Names, Two, Compassion, Long, Men, World, Giving, Beautiful*

My god how gentle you are with me in spite of my great ignorance and how merciful You are with me in spite of my ugly deeds

~Ibn Ata Allah

Nothing is difficult, if you seek it through your Lord; nothing is easy, if you seek it through your self.

~Ibn Ata Allah

If you do not know the blessings you have when you have them, then Allah will teach you about them by taking them away from you

~Ibn Ata Allah

When Allah inspires your tongue to ask, know that He wants to give

~Ibn Ata Allah

When He gives, He shows you His Kindness; when He deprives, He shows you His power. And in all that, He is making Himself known to you and coming to you with His gentleness.

~Ibn Ata Allah

When the invocation descends into the heart, if there is darkness within, it illuminates it; and if there is already light, the invocation increases the light and intensifies it.

~Ibn Ata Allah

People praise you for what they suppose is in you; but you must blame your soul for what you know is in it.

~Ibn Ata Allah

The most beloved manifestation of obedience to God is trust in Him

~Ibn Ata Allah

A sign of the death of the heart: lack of sadness about beneficial actions you have missed, and lack of regret about your mistakes.

~Ibn Ata Allah

The realization of 'La ilaha illa Allah' is one of the states of the heart that can be neither expressed by the tongue nor thought out by the mind.

~Ibn Ata Allah

So long as you are in this world, be not surprised at the existence of sorrows.

~Ibn Ata Allah

The ambition of the spiritual traveller never wants to stop with what it has been shown save that the voices of reality call to him, "what you seek is ahead of you.

~Ibn Ata Allah

If you want a glory that does not vanish, then do not glory in a glory that vanishes

~Ibn Ata Allah

The most excellent of those who perform good deeds are those who most often remember God in all situations.

~Ibn Ata Allah

If you are aware of your humility, then you are arrogant.

~Ibn Ata Allah

Invoking removes darkness and brings forth radiant lights.

~Ibn Ata Allah

It may well be that you are in a bad state, but to keep company with someone worse than you would allow to see good in yourself.

~Ibn Ata Allah

Paraphrased: The way of al-Junayd includes among other things abstaining constantly from resisting God Most High in whatever happens to one, whether good or bad. . . .

~Ibn Ata Allah

Actions are but lifeless forms whose soul is the secret of sincerity in them

~Ibn Ata Allah

One of the signs of relying on deeds is loss of hope when a misstep occurs.

~Ibn Ata Allah

Allah was when there was nothing else than Him, and His Throne was upon the water, and He wrote in the Reminder (al-dhikr) all things, and He created the heavens and the earth.

~Ibn Ata Allah

. . . persist in that invocation until the unity of the world is subsumed for you in a single sphere, so that with the eye of your heart you will see naught in the two worlds save the One.

~Ibn Ata Allah

He whose wealth or children distract him from remembering God is lost; but the one who remembers God experiences delights sweeter than the pleasure of food and drink.

~Ibn Ata Allah

If you do not think well of Him because His qualities are beautiful then think well of Him because of the way He treats you.

~Ibn Ata Allah

I seek refuge in Thee from every hope which would distract me.

~Ibn Ata Allah

Whenever there remains any support for the ego within, even if it be only an atom's weight, then you are pretentious and have a devil who leads you astray.

~Ibn Ata Allah

When the heart becomes empty, the mimbar of the Divine Oneness is placed therein and the sultan of gnosis sits upon it.

~Ibn Ata Allah

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