

India.Arie

Quotes

*People, Song, Thinking, World, Real, Pain, Responsible, Beautiful, Needs,
Healing, Girl, Way, Want, Opinion, Hurt, Jobs, Emotional, Style, Demolish,
Meditation*

I'm not the average girl from your video and I ain't built like a supermodel but I learned to love myself unconditionally because i am a queen

~India.Arie

What did not demolish me simply polished me.

~India.Arie

I heard a voice that told me I'm essential. How all my fears are limiting my potential. Said it's time to step into the light and use every bit of power i have inside.

~India.Arie

In a world of smoke and ashes, you are milk and honey

~India.Arie

Life is a journey, not a destination; there are no mistakes, just chances we've taken.

~India.Arie

No matter what anybody says, what matters most is what you think of yourself.

~India.Arie

The difference between living and feeling alive, is using your fear as fuel to fly.

~India.Arie

Success is clarity of my intention....and reaching that intention while being true to myself and with joy.

~India.Arie

I am not my hair I am not this skin I am not your expectations, no I am not my hair I am not this skin I am the soul that lives within.

~India.Arie

Break the Shell
Child, it's time to break the shell
Life's gonna hurt but it's meant to be felt
You cannot touch the sky from inside yourself
You cannot fly until you break the shell.

~India.Arie

What tried to demolish me, I allowed to polish me.

~India.Arie

The thing that makes me feel most alive is knowing that there's something that I have to do that I'm afraid of.

~India.Arie

Your real job in this world is to be you.

~India.Arie

The worst disease in the world is hate. And the cure for hate is love.

~India.Arie

Because you never know where life is gonna take you,
And you can't change where you've been,
But today, I have the opportunity to choose.

~India.Arie

The songs that I've written about Africa, and AIDS and HIV and about the power of humanitarian love, those songs, I'm gonna sing them because I know that it's real.

~India.Arie

The truth, it needs no proof. Either it is or it isn't.

~India.Arie

Go on and love yourself, cause everything's gonna be alright.

~India.Arie

There aint no substitute for the truth, either it is or it isnt. You see the truth it needs no proof, either it is or it isnt. And you know the truth by the way you feel.

~India.Arie

The only thing constant in the world is change, that's why today I take life as it comes.

~India.Arie

God is infinitely creative, and everyone's different, and everyone has a different path, a different lesson, a different song, a different face, a different voice.

~India.Arie

You're only human. Let's break free of this gravity of judgment And fly high on the wings of forgiveness.

~India.Arie

It doesn't cost a thing to smile.

~India.Arie

I'm a Libra, I always have two sides of everything.

~India.Arie

Strength, courage & wisdom...it's been inside of me all along.

~India.Arie

If you create the game, then you create the rules.

~India.Arie

I choose to be authentic in everything I do

~India.Arie

If he ever left me, I wouldn't even be sad; no, 'cause there's a blessing in every lesson, and I'm glad that I knew him at all.

~India.Arie

My body is beautiful and sacred, and I'm going to celebrate it.

~India.Arie

If you give me half a chance. I'll prove this to you. I will be patient, kind, faithful and true.

~India.Arie

Some people just don't like to be their self. I'm always looking, analyzing myself.

~India.Arie

There's hope. It doesn't cost a thing to smile. You don't have to pay to laugh. You better thank God for that.

~India.Arie

Every mountain needs someone to climb it, Every ocean needs someone to dive in, Every dream needs someone to wish it, Every adventure needs someone to live it

~India.Arie

I'm African American, I'm a lot of other things, a musician and an artist. But that woman part holds the most pain for me. And therefore, obviously, the most lessons.

~India.Arie

The thing that makes me most vulnerable is romantic relationship.

~India.Arie

Either you're a hater or a lover.

~India.Arie

Your work is to find healing. And I find, for me, it's a little bit at a time, and eventually it's barely there. And the journey is finding what works for you and doing it.

~India.Arie

Tolerance is the seed, and the gift of pure acceptance is the tree

~India.Arie

I have, my whole life, been healing the girl inside, the part of me that struggles about being a female in the world. That's why I write about the things I write about.

~India.Arie

I'm just in that stage where I pray for God to show me how I can be effective in the world and things come up and I go. But I have yet to really dig in.

~India.Arie

I'm passionate about the empowerment and healing of girls and women. Where I do the most work in that regard is in my songwriting.

~India.Arie

Beautiful jewelry, a beautiful room - that's what museums are - a beautiful painting, a beautiful face, it makes you feel good to look at, and that's a beautiful thing.

~India.Arie

I will be patient, kind, faithful and true To a man who loves music a man who loves art Respect's the spirit world and thinks with his heart

~India.Arie

If I'm not doing anything to make a change, then I'm responsible.

~India.Arie

A person's either responsible for themselves or we're all responsible for each other.

~India.Arie

There are rules but there's really no wrong way.

~India.Arie

Anyway, in my performance style, I'm a singer-songwriter. People can call it neo-soul or R&B or whatever. But at the core, when you see me live, I'm a singer-songwriter.

~India.Arie

It's always sad to me when certain people are excluded from being considered beautiful... because of someone else's expectation. That bothers me.

~India.Arie

Any time someone is passionate about a cause, it's because they want to heal something inside of themselves.

~India.Arie

You hear people sing songs about when they really can't stand anyone anymore or you hear people sing songs about when they really love someone and they really love them.

~India.Arie

I'm not just making rhymes and making melodies. I'm expressing my true life force, energy.

~India.Arie

There's a million ways to make people happy.

~India.Arie

In the quest for fortune and fame...don't forget about the simple things.

~India.Arie

I think it's OK that everyone's not real heavy and wordy and heady.

~India.Arie

When I perform, I'm just very much just being myself.

~India.Arie

I feel very strongly in my opinion that everyone is responsible to themselves for what they do.

~India.Arie

I say everything and I do whatever I want to do. I'm just me. The polished version of me, I suppose, because I have on clothes and makeup. But emotionally, I am very on the surface.

~India.Arie

In reality, on the grand scale, in my opinion... we are actually all responsible for each other.

~India.Arie

It seems nobody really talks about what we do with our emotional pain. Only the ascendant perhaps, who have learned how to fully meditate or do yoga or whatever through their emotional pain.

~India.Arie

Eating is not one of the things that I do now to deal with pain, because I don't ever want to do that. But I isolate myself, that's what I do.

~India.Arie

Things that I'm afraid to do are always about being afraid of being exposed. Every time, that's what it's always about.

~India.Arie

I decided that instead of apologizing for having a lot to say, I wanted to create a format where people would come to hear me sing and speak.

~India.Arie

In the music industry it's just you're either Black or white, and this is the box you get put in.

~India.Arie

It's not fair that people ignore AIDS in Africa because it's Africa. It's not fair.

~India.Arie

Chaos isn't good for your health.

~India.Arie

I cant control everything, and I dont need to

~India.Arie

I'm still afraid of things, obviously - we're human. But I like that feeling of being afraid.

~India.Arie

Everybody has their own path. I got mine.

~India.Arie

I like when a teenager comes and talks to me on the street. I've been through a lot and I have a lot to share.

~India.Arie

Over the years, I was doing what I loved to do, which is my music. But it was always a bit distorted, because I was doing the music in the way other people around me were telling me it should be done.

~India.Arie

It's in my music, and its on my mind all the time. To spread love, healing peace and joy is my mission in life - and so I speak up.

~India.Arie

What is socially irresponsible, once again, is just all my opinion. But there are things that I don't think are cool.

~India.Arie

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