

# Ingrid Newkirk

## Quotes

*Animal, Dog, Thinking, People, Pain, Heart, Cat, Pet, Peta, Meat, Research,  
Eggs, Labs, Mean, Home, Animal Rights, Wish, Facts, Fighting, Race*

Recognize meat for what it really is: the antibiotic- and pesticide-laden corpse of a tortured animal.

~Ingrid Newkirk

It's the 21st century. It's healthier for us, better for the environment and certainly kinder to be a vegetarian.

~Ingrid Newkirk

I will be the last person to condemn ALF [the Animal Liberation Front].

~Ingrid Newkirk

I'd go to work early, before anyone got there, and I would just kill the animals myself...I must have killed a thousand of them, sometimes dozens every day.

~Ingrid Newkirk

A rat is a pig is a dog is a boy. They're all animals.

~Ingrid Newkirk

The extinction of Homo Sapiens would mean survival for millions, if not billions, of Earth-dwelling species. Phasing out the human race will solve every problem on Earth - social and environmental.

~Ingrid Newkirk

When it comes to having a central nervous system, and the ability to feel pain, hunger, and thirst, a rat is a pig is a dog is a boy.

~Ingrid Newkirk

Pet ownership is slavery. Animals are not ours to eat, wear, experiment on, or be entertained by.

~Ingrid Newkirk

Six million Jews died in concentration camps, but six billion broiler chickens will die this year in slaughter houses.

~Ingrid Newkirk

Pet ownership is an absolutely abysmal situation brought about by human manipulation.

~Ingrid Newkirk

Pigeons are gentle and smart and have complex social relationships. Their hearing and vision are both excellent.

~Ingrid Newkirk

In the end, I think it would be lovely if we stopped this whole notion of pets altogether.

~Ingrid Newkirk

There's nothing humane about the flesh of animals who have had one or two or even three improvements made in their singularly rotten lives on today's factory farms.

~Ingrid Newkirk

Anybody who witnesses the suffering of animals and has a glimmer of hope of reducing that suffering can't take the position that it's all or nothing. We have to be pragmatic. Screw the principle.

~Ingrid Newkirk

Even if animal tests produced a cure for AIDS, we'd be against it.

~Ingrid Newkirk

Eating meat is primitive, barbaric, and arrogant.

~Ingrid Newkirk

I know it's illegal [trespassing], but I don't think it's wrong.

~Ingrid Newkirk

Probably everything we do is a publicity stunt ... we are not here to

gather members, to please, to placate, to make friends. We're here to hold the radical line.

~Ingrid Newkirk

Our nonviolent tactics are not as effective. We ask nicely for years and get nothing. Someone makes a threat, and it works.

~Ingrid Newkirk

When it comes to pain, love, joy, loneliness, and fear, a rat is a pig is a dog is a boy.

~Ingrid Newkirk

All tyranny, bigotry, aggression, and cruelty are wrong, and whenever we see it, we must never be silent.

~Ingrid Newkirk

A lot of people have culturally induced ethical blindness, but they can be cured!

~Ingrid Newkirk

Humans have grown like a cancer. We're the biggest blight on the face of the earth.

~Ingrid Newkirk

Animal liberationists do not separate out the human animal, so there is no rational basis for saying that a human being has special rights. A rat is a pig is a dog is a boy. They're all mammals.

~Ingrid Newkirk

It is only human supremacy, which is as unacceptable as racism and sexism, that makes us afraid of being more inclusive.

~Ingrid Newkirk

I think if you're against cruelty and you look at what happens to animals

in slaughterhouses and on factory farms, you have to be completely against eating meat.

~Ingrid Newkirk

The smallest form of life, even an ant or a clam, is equal to a human being

~Ingrid Newkirk

I'm not only uninterested in having children. I am opposed to having children. Having a purebred human baby is like having a purebred dog; it is nothing but vanity, human vanity.

~Ingrid Newkirk

We do not advocate 'right to life' for animals.

~Ingrid Newkirk

Pigeons are among the most maligned urban wildlife despite the fact that human beings brought them to our shores and turned them loose in our cities - not something that they chose.

~Ingrid Newkirk

Even if animal experiments did result in a cure for AIDS, of which there is no chance, I'd be against it on moral grounds.

~Ingrid Newkirk

I plan to send my liver somewhere in France, to protest foie gras (liver pate) ... I plan to have handbags made from my skin ... and an umbrella stand made from my seat.

~Ingrid Newkirk

...no movement for social change has ever succeeded without 'the militarism component'....Thinkers may prepare revolutions, but bandits must carry them out

~Ingrid Newkirk

If my father had a heart attack it would give me no solace at all to know his treatment was first tried on a dog.

~Ingrid Newkirk

Perhaps measuring animal intelligence by comparing it to human intelligence isn't the best litmus test.

~Ingrid Newkirk

Why go for a costly, sickly, mass-produced purebred when shelters are full of one-of-a-kind mixed breeds who are literally dying for a home?

~Ingrid Newkirk

It is dangerous to engage in even the most innocuous-seeming discourse with the FBI/ Homeland Security/ a local detective.

~Ingrid Newkirk

Real nutrition comes from soybeans, almonds, rice, and other healthy vegetable sources, not from a cow's udder.

~Ingrid Newkirk

If you like to bake with eggs, you can substitute Ener-G egg replacer, bananas, tofu, or many other ingredients. You get the hang of it quickly enough.

~Ingrid Newkirk

Euthanasia is the kindest gift to a dog or cat unwanted and unloved.

~Ingrid Newkirk

Never doubt that one person can make a difference.

~Ingrid Newkirk

Fortified plant-based milks are delicious and contain all the calcium, protein, and vitamin D of dairy products but with none of the cholesterol, lactose, hormones, or cruelty found in cow's milk.

~Ingrid Newkirk

Every time we consume meat, eggs or dairy foods, we contribute to ecological devastation and the wasteful misuse of resources on a global scale.

~Ingrid Newkirk

I don't use the word 'pet.' I think it's speciest language. I prefer 'companion animal.' We would no longer allow... pet shops... Eventually companion animals would be phased out.

~Ingrid Newkirk

If we are ever to halt climate change and conserve land, water and other resources, not to mention reduce animal suffering, we must celebrate Earth Day every day - at every meal.

~Ingrid Newkirk

One day, we would like an end to pet shops and the breeding of animals.

~Ingrid Newkirk

Eventually companion animals would be phased out, and we would return to a more symbiotic relationship - enjoyment at a distance.

~Ingrid Newkirk

I wish we all would get up and go into the labs and take the animals out or burn them down.

~Ingrid Newkirk

Cows are gentle, interesting animals.

~Ingrid Newkirk

Would I rather the research lab that tests animals is reduced to a bunch of cinders? Yes.

~Ingrid Newkirk

Even painless research is fascism, supremacism...

~Ingrid Newkirk

We're looking for good lawsuits that will establish the interests of animals as a legitimate area of concern in law.

~Ingrid Newkirk

Even painless research is fascism, supremacism, because the act of confinement is traumatizing in itself.

~Ingrid Newkirk

More power to [Stop Huntingdon Animal Cruelty] if they can get someone's attention.

~Ingrid Newkirk

Pigeon racing is a lousy, greedy, and often unlawful activity. One thing that it is not is kind to birds.

~Ingrid Newkirk

Whether or not we are religious, respecting others should be seen as just as important as looking out for ourselves, yet it requires discipline to change our bad habits that cause pain to animals.

~Ingrid Newkirk

It's interesting that one of the definitions of the word "human" is "sympathetic." More and more people are beginning to show that they understand why that is important.

~Ingrid Newkirk

Consumers of meat, eggs and dairy products might well ask what they are supporting. Do farmers care about anyone but themselves? Can't anyone see the cow for the cheese?



~Ingrid Newkirk

I don't have the luxury of having a dog myself because I travel too much, but I love walking and cuddling somebody else's dog.

~Ingrid Newkirk

It's time to face facts: Most people stop being environmentalists when they sit down to eat.

~Ingrid Newkirk

The best bet for the horses would be to stop betting on the Derby and other horse races, and to stop breeding, racing and killing thoroughbreds altogether

~Ingrid Newkirk

Businesses are terrified. They have no idea what I'm going to do next.

~Ingrid Newkirk

When we build an attractive home, we raze land on which animals have already built their homes. They have nowhere to go.

~Ingrid Newkirk

To me, it is one world, and the non-human animals bear the brunt of oppression and suffering.

~Ingrid Newkirk

I am just trying to make the best possible case for the animals. That is clearly what I have been put on earth to do. Even after I am gone I will try to continue.

~Ingrid Newkirk

I have to think of the positive; that's how I cope.

~Ingrid Newkirk

Winners don't eat wieners.

~Ingrid Newkirk

The wonderful thing is that it's so incredibly easy to be kind.

~Ingrid Newkirk

When I hear of anyone walking into a lab and walking out with animals, my heart sings.

~Ingrid Newkirk

That's what the Nazis did, isn't it? Treated those "others" they thought subhuman by making them lab subjects and so on. Even the Nazis didn't eat the objects of their derision.

~Ingrid Newkirk

I hope SeaWorld is exploring how, like Ringling, it can get out of the wild animal business.

~Ingrid Newkirk

Look out for your baby or your friend, of course. That is easy. The test of moral fiber is to stick up for those you relate to least, understand minimally, and do not think are that much like you.

~Ingrid Newkirk

Medical research is "immoral even if it's essential."

~Ingrid Newkirk

Most Americans, like most Japanese, view their dogs, cats, and other animal companions as family members, and rightly so.

~Ingrid Newkirk

At PETA, we often say that the issue of how animals are treated isn't just about them; it's about us, how we behave.

~Ingrid Newkirk

We are complete press sluts.

~Ingrid Newkirk

Cheap meat is the problem. The answer is to replace meat recipes with vegan meals.

~Ingrid Newkirk

Everything we do is based at adults.

~Ingrid Newkirk

Elephants have the largest brains of any mammal on the face of the Earth. They are creative, altruistic and kind.

~Ingrid Newkirk

One hates to be absolute, but in my view, there is no such thing as humane meat.

~Ingrid Newkirk

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