People, Thinking, Writing, Book, Trainspotting, Literature, Running, Ideas, Party, Class, Needs, Kids, Want, Jobs, America, Hands, Country, Real, Drug, Years

By definition, you have to live until you die. Better to make that life as complete and enjoyable an experience as possible, in case death is shite, which I suspect it will be.

~Irvine Welsh

Choose life … I chose not to choose life. I chose something else. And the reasons? There are no reasons. Who needs reasons when you've got heroin?

~Irvine Welsh

Once you've been with each other in a primal, shagging state, it's hard to talk about the weather.

~Irvine Welsh

Some people are easier to love when you don't have to be around them.

~Irvine Welsh

Everything in the street today seems soft focus.

~Irvine Welsh

don't let jesus in. AA is just one obsession replaced with another ~Irvine Welsh

But even Es and cocaine, over the years they blow holes in your brain, rob you of your memories, your past. Which is fair enough, convenient even.

~Irvine Welsh

His eyes are wild, psychotic slits that bat-dance in your soul looking for good things to crush or bad elements to identify with.

~Irvine Welsh

The inspiration can come in such small ways that if you sit there just

waiting for the big epiphany you'll sit there for the rest of your life.

~Irvine Welsh

I wanted to capture the excitement of house music, almost like a four-four beat, and the best way to do that was to use a language that was rhythmic and performative.

~Irvine Welsh

I'm not running away, I'm moving on.

~Irvine Welsh

Ah suppose man, ah'm too much ay a perfectionist, ken? It's likesay, if things go a bit dodgy, ah jist cannae be bothered, y'know.

~Irvine Welsh

The books that are really valuable are the books that evoke a sense of place.

~Irvine Welsh

You can't lie to your soul.

~Irvine Welsh

I grew up in what was not so much a familyas a genetic disaster.

~Irvine Welsh

Sometimes ah think that people become junkies just because they subconsciously crave a wee bit ay silence.

~Irvine Welsh

Thoughts jostled for space in my crowded brain as I struggled to give them some order which might serve to motivate my listless life

~Irvine Welsh

Basically, particularly in Britain, it's a hegemonic thing that people who

write tend to come from the leisure classes. They can afford the time and the books.

~Irvine Welsh

I'd always liked to read, but when I picked up books I wasn't getting the same kind of excitement from them that I was from going out clubbing. I wanted to get the same kind of feel.

~Irvine Welsh

I enjoy the freedom of the blank page.

~Irvine Welsh

Bad luck is usually transmitted by close proximity to habitual sufferers.

~Irvine Welsh

I can't stand still; I find it very difficult to sit around and do nothing. I've got to have projects on the go because the devil makes work for idle hands. I've got to be going forward all the time.

~Irvine Welsh

Good luck to progressive candidates in U.S. Senate elections against the usual rich, white, racist, women-hating pricks they run against.

~Irvine Welsh

I tend to read more nonfiction, really, because when I'm writing I don't like to read other fiction.

~Irvine Welsh

Ah wonder if anybody this side of the Atlantic has ever bought a baseball bat with playing baseball in mind.

~Irvine Welsh

I didn't have any concept of Trainspotting being published. It was a selfish act. I did it for myself.

~Irvine Welsh

It's hard to maintain both smack and crack habbits and remember to keep up mobile-phone payments.

~Irvine Welsh

There is a kind of mysticism to writing.

~Irvine Welsh

There's all this stuff that is happening in Edinburgh now, it's a sad attempt to create an Edinburgh society, similar to a London society, a highbrow literature celebrity society.

~Irvine Welsh

When I first started to get into writing, it was via music. I'd generate ideas for songs that would turn into stories, then they'd turn into novels. I was biased toward music.

~Irvine Welsh

You can't just have stuff that is free and escapist, you have to have stuff that is confrontational as well. You need stuff that is mystical but you need the realism too.

~Irvine Welsh

I feel like I've exhausted guys and male friendships.

~Irvine Welsh

I've always got a book in my hands, a novel in my hands. The more I get into film, the more paranoid I get that I'm going to stop seeing things.

~Irvine Welsh

There's nothing worse than a violent beating from an unremarkable person. Physical violence with someone is too much like shagging

them. Too much id involved.

~Irvine Welsh

We made the world uninhabitable for ourselves and it can only be inhabited by robots and androids.

~Irvine Welsh

The first job of a writer is to be honest.

~Irvine Welsh

I love doubt in a woman. It's nearly as sexy as determination.

~Irvine Welsh

You write people as human beings first and then the gender specific stuff second.

~Irvine Welsh

Most people in the West are not politicized. They're the most simplistic consumers - they're animals, basically.

~Irvine Welsh

I think of the women I know, and very few of them are obsessed with shopping, or with getting a guy - they want their own thing, they have their own network going on.

~Irvine Welsh

As a writer, you play this daft game with yourself - you're constantly looking for distractions, anything to stop you from writing, but you're constantly fighting the distractions to write as well.

~Irvine Welsh

In America, we've got to get back to these base principles of what democracy is.

In some ways, you can say that at any time in any writer's career: 'He might have run out of ideas.'

~Irvine Welsh

The subsequent success levels, all the other stuff [after Trainspotting], it comes at a much higher level.

~Irvine Welsh

I can't really say - if I've run out of ideas until I've had my next set of ideas.

~Irvine Welsh

You're never going to get beyond other people's preconceptions of what you are and what you're about.

~Irvine Welsh

I'm quite comfortable now with being misunderstood. I don't really feel the need either to pander to it or to refute it. Just go on, and do what I've got to do.

~Irvine Welsh

The celebration of death is not a good thing. Fetishizing death isn't a good thing. You should be celebrating life and enjoying it and all that.

~Irvine Welsh

It's all been quite a revitalizing process for me, being out there in the States. It wouldn't have happened without Trainspotting.

~Irvine Welsh

When you're in your twenties, it's the last time you have the chance to experiment with multiple identities, to decide who you're going to be in life.

Here ah am in the junky's limbo; too sick tae sleep, too tired tae stay awake. A twilight zone ay the senses where nothing's real except the crushing, omnipresent misery n pain in your mind n body.

~Irvine Welsh

How stagnant and tepid the whole British political scene is now is just beyond belief.

~Irvine Welsh

Love does not exist, it's like religion, the state wants you to believe in that kind of crap so they can control you, and f**k your head up.

~Irvine Welsh

Writing is about culture and should be about everything. That's what makes it what it is.

~Irvine Welsh

Every kind of book I've written has been written in a different way. There has not been any set time for writing, any set way, I haven't re-invented the process every time but I almost have.

~Irvine Welsh

You can only live in the world you ken. The rest is just wishful thinking or paranoia.

~Irvine Welsh

Most middle-class people I know don't really live like me. Middle-class people worry a lot about money. They worry a lot about job security, and they do a lot of nine-to-five stuff.

~Irvine Welsh

I spend so much time on the screen when I am writing, the last thing you want to do is spend more time on the Internet looking at a screen. That's what I hate about all this technology.

~Irvine Welsh

Rents once sais, thirs nothin like a darker skin tone tae increase the vigilance ay the police n the magistrates: too right.

~Irvine Welsh

Now there is apparently a causal link between heroin addiction and vegetarianism.

~Irvine Welsh

When two people were in love you had to leave them to it. Especially when you weren't in love and wished that you were. That could embarrass. That could hurt.

~Irvine Welsh

Thir must be less tae life than this

~Irvine Welsh

It's all okay, it's all beautiful; but ah fear that this internal sea is gaunnae subside soon, leaving this poisonous shite washed up, stranded up in ma body.

~Irvine Welsh

How many shots does it take before the concept ay choice becomes obsolete?

~Irvine Welsh

How did it make you feel?

~Irvine Welsh

What worries me is the professionalism of everything.

~Irvine Welsh

Are you asking me or telling me?

~Irvine Welsh

You've got first-generation Americans here who are going to be poorer than their parents. That's never happened in the States before, and it's going to have massive social repercussions here.

~Irvine Welsh

I can see why the Russians love Robert Burns, I think that Russians and Koreans have a very similar outlook to Scots.

~Irvine Welsh

The readers get younger all the time, and we're getting older.

~Irvine Welsh

[Ecstasy] had its flaws, but again it was shot on a low budget, and they did well. It's not in the same league as Filth.

~Irvine Welsh

I think [Ecstasy] was a really good stab. It wasn't my strongest book or my strongest material, but they wanted to make a kinda "rave culture" movie.

~Irvine Welsh

If you have no drugs, then you have revolution, and then drugs will be the only thing stopping that.

~Irvine Welsh

Conservatives are giving up on democracy because it's not efficient. They want an autocratic regime.

~Irvine Welsh

I think that the Brexit negotiations have to be a big thing that determines the democratic fight-back and galvanizes democratic Europe again against this rising tide of nationalism.

~Irvine Welsh

If I stop working and publishing, and TV, and film and all that, I would be dead within a couple of weeks. I don't really have that kind of off-switch.

~Irvine Welsh

These days you can't write anybody off. If anybody is a right-wing populist, you can't write them off now because that is the rising tide of our time.

~Irvine Welsh

I think that a lot of people on the left are gonna get tired of fighting gun laws, so they're gonna embrace gun culture. I think when that happens, you've got serious, serious trouble.

~Irvine Welsh

I don't think that the Scots are happy to drift into Britain becoming the poorest of the poor, sub-American 51st state.

~Irvine Welsh

It wis like auld times, but in a sense that only served tae remind us ay how much things hud changed.

~Irvine Welsh

I'm not really interested in courting controversy, but I am interested in exploring issues that other people would deem to be controversial.

~Irvine Welsh

I think there is a natural thing that you feel when you've written something taboo because you just don't want to expose the people you're close to.

I think UKIP [UK Independence Party] and the BNP [British National Party] are very, very English concerns. If they gather strength they're going to add to this schism between Scotland and England.

~Irvine Welsh

If there's very strong civic unrest you can see a strong party of the Right emerging, whether it's UKIP [The UK Independence Party] or an even further-right party.

~Irvine Welsh

People love talking about their jobs. Take them out, buy them lunch or take them for a beer and they'll talk about their job, provided they know that you're going to respect their anonymity.

~Irvine Welsh

I've always felt really good about England. I've always felt really, really good about Britain.

~Irvine Welsh

It was quite life-affirming, for me, that I felt hat kind of pity for [Margaret Thatcher], because I didn't think I ever would.

~Irvine Welsh

[Margaret Thatcher] was the invisible hand behind it. Without that, there'd be no Trainspotting and no Filth.

~Irvine Welsh

I mean Filth is the best British film since Trainspotting. It might even be better. I keep watching it back to back with Trainspotting to try and work out which is the best. I can't split them.

~Irvine Welsh

Just lock myself in a room, stop answering emails, stop answering the phone and I come out with something.

~Irvine Welsh

I can see myself wanting to write a historical novel - you don't need to worry about references to reality TV or pop music, you can just get on with the basics of story and character.

~Irvine Welsh

There's no one way of telling a story or looking at reality, so I think any device is up for grabs as long as it fits in with the tone.

~Irvine Welsh

When I go to places and do book tours, I don't really like doing traditional bookshops. It's nice to walk people through something instead of just standing up in a bookstore.

~Irvine Welsh

You have to let people express themselves in the way that they need to express themselves. You have to express yourself in any way possible, provided you're prepared to live with the consequences.

~Irvine Welsh

In America I think we need to move towards a social democracy, European-style basically, and I think that in Britain we do as well.

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