Firsts, Children, Fitness, Perfect, Saying No, Cancer, Unique, Hands, Trying, Inspirational, Daughter, Style, Ballet Teachers, Kids, Time Passing, Teacher, Bigger, Lines, Jobs, Horrible

Angels are like diamonds. They can't be made, you have to find them. Each one is unique.

~Jaclyn Smith

You have to be reasonable with yourself and not feel guilty when things aren't perfect.

~Jaclyn Smith

I always tell my children, 'You have to face your fear. If not, it's like running from a dog that will bite you in the back.

~Jaclyn Smith

Time whizzes by when you have children. They make you aware of the passing of time, but also help keep you young.

~Jaclyn Smith

I have never been a believer that nice clothes should only be for people with money.

~Jaclyn Smith

We're traditional and don't do cutting-edge styles, but after 17 years we're holding our own.

~Jaclyn Smith

Having cancer does make you try to be better at everything you do and enjoy every moment. It changes you forever. But it can be a positive change.

~Jaclyn Smith

Family is always first. Even though my kids are older - my son is 25 and my daughter is 21 - I still like to sit down and have dinner with them as much as I can.

~Jaclyn Smith

I wanted to be a ballet teacher.

~Jaclyn Smith

First of all, let's get one thing straight: fitness and exercise aren't the same thing. You can exercise without getting fit, but you can't get fit without exercise.

~Jaclyn Smith

Panic is a horrible thing.

~Jaclyn Smith

I was the first actress who branded her own line at a time when everyone just lent their name to a product. Everyone said I shouldnt do it, but it was probably the best thing Ive ever done.

~Jaclyn Smith

You must understand the texture of your hair before you choose a style.

~Jaclyn Smith

After having children, life becomes about living beyond yourself; about being bigger and better.

~Jaclyn Smith

Farrah Fawcett had courage, she had strength, and she had faith.

~Jaclyn Smith

I have had to learn about saying no.

~Jaclyn Smith

Just because something is three months away and seems far off, doesn't mean you will want to be there when the time comes.

~Jaclyn Smith

Chemotherapy isn't easy. I felt very fortunate I wouldn't ha	ve to	go
through that.		

~Jaclyn Smith

My first acting job was a Breck commercial.

~Jaclyn Smith

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