

Jaggi Vasudev Quotes

*Spiritual, Life, Love, Meditation, Yoga, Mean, Perception, Truth, Humanity,
People, Divinity, Thinking, Beautiful, Technology, Ideas, Children, Reality,
Energy, Knowing, Karma*

Do not try to fix whatever comes in your life. Fix yourself in such a way that whatever comes, you will be fine.

~Jaggi Vasudev

Frustration, discouragement, and depression mean you are working against yourself.

~Jaggi Vasudev

Being a seeker means no matter what the Vedas said, what Krishna or Shiva said, you have to know the truth in your own experience.

~Jaggi Vasudev

The sign of intelligence is that you are constantly wondering. Idiots are always dead sure about every damn thing they are doing in their life.

~Jaggi Vasudev

Having a good home, eating good food, wearing good clothes, are a means to living well; they are not the goals of our life. The quality of your life is decided by how peaceful and joyful you are.

~Jaggi Vasudev

A materialistic person is ruthless with other people but kind to himself. A spiritual person is ruthless with himself but kind to everybody else.

~Jaggi Vasudev

Confusion is better than stupid conclusions. In confusion, there is still a possibility. In stupid conclusion, there is no possibility.

~Jaggi Vasudev

Too many people are hungry not because there is dearth of food. It is because there is dearth of love and care in human hearts.

~Jaggi Vasudev

The only reason why you are unhappy is because you are trying to be

happy.

~Jaggi Vasudev

Seeing everything just the way it is gives you the power and capability to walk through life effortlessly.

~Jaggi Vasudev

If you know how to keep yourself pleasant within, irrespective of what is happening around you, Ultimate Liberation cannot be denied to you.

~Jaggi Vasudev

Once your mind becomes absolutely still, your intelligence transcends human limitations.

~Jaggi Vasudev

Mind is madness. Only when you go beyond the mind, there will be meditation.

~Jaggi Vasudev

Spirituality does not mean going away from life. Spirituality means becoming alive in the fullest possible way so you are not just alive on the surface, you are alive to the core.

~Jaggi Vasudev

A snake knows more about what is happening around than any other creature, because it has no ears to listen to gossip - only direct perception.

~Jaggi Vasudev

When you consciously choose to be ordinary, you become extraordinary.

~Jaggi Vasudev

Incredible things can be done simply if we are committed to making

them happen.

~Jaggi Vasudev

You can give joyfully only when you have found something so valuable within yourself that everything else does not mean so much to you anymore.

~Jaggi Vasudev

Meditation is the only way to freedom from stress as it is a dimension beyond the mind. All the stress and struggle are of the mind.

~Jaggi Vasudev

The fear is simply because you are not living with life, You are living in your mind.

~Jaggi Vasudev

Do not wait for miracles to happen. The greatest miracle in life is life itself.

~Jaggi Vasudev

Confidence without clarity is always a disaster.

~Jaggi Vasudev

A human being is like a seed. Either you can keep it as it is, or you can make it grow into a wonderful tree with flowers and fruits.

~Jaggi Vasudev

If you knew the immensity of what it means to be human, you would not talk about God or Heaven.

~Jaggi Vasudev

People try to create an outwardly perfect life, but the quality of life is based on the inward.

~Jaggi Vasudev

If you evolve within you, there will be no pride, no prejudice. You will perform action out of pure, absolute sense.

~Jaggi Vasudev

Life has come from a very beautiful source. If you remain in touch with that source, everything about you will be beautiful.

~Jaggi Vasudev

The source of creation is within you. You can be just a piece of flesh, or you can be the Creator himself - this is the choice and potential you have.

~Jaggi Vasudev

Inward is not a direction. Inward is a dimension.

~Jaggi Vasudev

"I want to change you" - that is not a revolution. "I'm willing to change" - now this is a revolution.

~Jaggi Vasudev

If you are truly a seeker of truth, truth cannot hide from you. It is in the lap of truth that you have happened.

~Jaggi Vasudev

Only if you are joyful, you can be free from the fruit of action.

~Jaggi Vasudev

The very purpose of life is to reach the highest possible flowering.

~Jaggi Vasudev

One who explores and knows all aspects of his life, is called self-realized.

~Jaggi Vasudev

A child is a life that has not gone too far away from the Creator. Know a child to know life.

~Jaggi Vasudev

Do not try to be special. If you are simply ordinary, more ordinary than others, you will become extraordinary.

~Jaggi Vasudev

It is not your qualifications but your exposure in life that makes you who you are.

~Jaggi Vasudev

Being spiritual does not mean being dead serious. If you allow life to happen within you exuberantly, unbridled, you will touch the spirit.

~Jaggi Vasudev

Whether it is your work, your love, or your life - unless you throw your entire self into it, you will never know what it is.

~Jaggi Vasudev

Spirituality means to put your evolutionary process on fast-forward.

~Jaggi Vasudev

The most beautiful moments in life are moments when you are expressing your joy, not when you are seeking it.

~Jaggi Vasudev

If you think one thing is sacred but you cannot stand the other, if you love the Creator but hate the creation, that is vulgarity.

~Jaggi Vasudev

Life is fluid, ever evolving. The more dynamic you are, the more happens in your life, all the time.

~Jaggi Vasudev

Destiny is the result of all your actions and the impressions that you have taken in.

~Jaggi Vasudev

If you want to be successful, don't seek success - seek competence, empowerment; do nothing short of the best that you can do.

~Jaggi Vasudev

Yoga is not just about living better. It is about exploring the very source of life.

~Jaggi Vasudev

With wrong farming methods, we turn fertile land into desert. Unless we go back to organic farming and save the soil, there is no future.

~Jaggi Vasudev

No work is stressful. It is your inability to manage your body, mind, and emotions that makes it stressful.

~Jaggi Vasudev

Trying to change social, national, or global realities without working on human consciousness means there is no serious intention.

~Jaggi Vasudev

The best thing that you can do to this world is to be joyous. Being joyful, is the greatest offering you can make to the world.

~Jaggi Vasudev

Your ideas need not have anything to do with reality. Making conclusions is a sure way of not enhancing our perception.

~Jaggi Vasudev

A devotee has no agenda of his own. For him, the object of devotion is everything.

~Jaggi Vasudev

Devotion is a place where you do not exist; life just flows through you as a certain sweetness and beauty.

~Jaggi Vasudev

If you care for people around you, you must make yourself into a person they enjoy being with.

~Jaggi Vasudev

In this culture, God is not the highest entity; mukti or liberation is the highest goal. We are willing to use God as a stepping stone, if needed.

~Jaggi Vasudev

Most people are ego-sensitive, not life-sensitive.

~Jaggi Vasudev

Transformation means nothing of the old should remain; something absolutely new should happen.

~Jaggi Vasudev

Self-transformation is not just about changing yourself. It means shifting yourself to a completely new dimension of experience and perception.

~Jaggi Vasudev

Every other creature on the planet is doing its best. Only human beings hesitate about that.

~Jaggi Vasudev

If you live your life burning for the highest possibility, in that burning itself, there is liberation.

~Jaggi Vasudev

Meditation means to know life beyond the sphere of the physical; to

know and experience life not just at the surface but at the source.

~Jaggi Vasudev

You cannot be receptive when you are too full of yourself. The less you are, the more you receive. The more you are, the less you receive.

~Jaggi Vasudev

The moment you ascribe who you are right now to what happened yesterday, you have written off your life.

~Jaggi Vasudev

Mental alertness is not awareness. Mental alertness only enhances your survival instincts. It does not take you towards liberation.

~Jaggi Vasudev

If you want to find out the purpose of life, you need to look beyond the limitations of body and mind.

~Jaggi Vasudev

If you want to really know higher dimensions of life, there needs to be a constant sense of peacefulness and joyfulness within you

~Jaggi Vasudev

When the very source of creation is within you, all the solutions are within you. The problems are just created by you.

~Jaggi Vasudev

Your personality is something that you created. Once you are aware of that, you could create it whichever way you want.

~Jaggi Vasudev

Being attached to someone is not about the other person. It is about your own sense of inadequacy.

~Jaggi Vasudev

Devotion is not about a God. Devotion is about you making your emotions so sweet that your life experience becomes beautiful.

~Jaggi Vasudev

Pleasure is just a shadow of joy. When there is no joy in you, you become a pleasure seeker.

~Jaggi Vasudev

What is most needed right now is evolving human consciousness. Without that, science, technology, development, everything will go waste.

~Jaggi Vasudev

If we do not work for individual transformation, talking about world peace is just entertainment.

~Jaggi Vasudev

If you just live totally, you will dissolve lots of karma. Living totally means that you experience anything that comes fully and intensely.

~Jaggi Vasudev

Time and space are just projections of your consciousness.

~Jaggi Vasudev

Memory creates a hallucination of the past, desire creates a hallucination of the future.

~Jaggi Vasudev

Awareness means grasping life just the way it is, without contamination by mental projections.

~Jaggi Vasudev

Karma is your survival and your bondage. And if you handle it right, it can also be your liberation.

~Jaggi Vasudev

To simply sit here and know the tenderness of being alive means being drenched in love.

~Jaggi Vasudev

If you don't invest your life in what you really care for, your life will be wasted. You will not fly - you will just drag yourself through life.

~Jaggi Vasudev

If you strive to make yourself in such a way that nobody can help loving you, life will blossom, everything will yield.

~Jaggi Vasudev

Destiny is what every human being creates for oneself. Fate is when you fail to create your own destiny.

~Jaggi Vasudev

Water has memory. Depending on how you treat it, what kind of thoughts and emotions you generate, accordingly it behaves in your body.

~Jaggi Vasudev

Ignorance is not bliss. Ignorance is brutal. The brutality of ignorance is such that it will make you dead while alive.

~Jaggi Vasudev

The essence of spirituality is, to be constantly aware of the oneness of all; at the same time to celebrate the uniqueness of the individual.

~Jaggi Vasudev

Meditation is not an act, it is a quality. Meditation is not something that you do - it is something that you become.

~Jaggi Vasudev

Comfort will never come to one who does not touch the stillness within himself.

~Jaggi Vasudev

The first step towards knowing is to see that you do not know.

~Jaggi Vasudev

If you are wired to your memory, repetitions will happen and redundancy will come; but if you are paying attention, that changes your ability to look at things.

~Jaggi Vasudev

Life is not outside of you. You are life.

~Jaggi Vasudev

Responsibility means being able to respond to whatever situation you may face in your life.

~Jaggi Vasudev

The roots of the Divine are entrenched in this body. If you nurture the roots, how can you avoid the flowering?

~Jaggi Vasudev

The mind remembers only certain things. The body remembers everything. The information it carries goes back to the beginning of existence.

~Jaggi Vasudev

Every basic act like eating and copulating becomes magical when you do it consciously.

~Jaggi Vasudev

Intelligence is of paramount importance to live life sensibly, because without intelligence, there is no clarity. And Clarity is intelligence

everyone is capable of.

~Jaggi Vasudev

Whatever your goal in life, unless you develop a great urgency, what could be near will be far away.

~Jaggi Vasudev

It is the pain of ignorance which makes one into a seeker.

~Jaggi Vasudev

The hand of the Creator is actively involved in every atom, every plant, every creature, and yourself, in every cell in your body.

~Jaggi Vasudev

Most of your desires are not really about yourself. You just picked them up from your social surroundings.

~Jaggi Vasudev

When who you are and what you are is not decided by any external forces, then you are in dignity.

~Jaggi Vasudev

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