People, Past, Ideas, Creativity, Real, Mistake, Honesty, Order, Thinking, Life Is, Entrepreneur, Book, Men, Listening, Firsts, Trying, Energy, Forget, Love You, Want

Life is better when your sinuses are clean, when your arteries are clean, and when your digestive tract is clean.

~James Altucher

Do what you do with love, and success is a natural symptom.

~James Altucher

When the lights come on inside of you, everyone in the world can see a little better.

~James Altucher

Life is too long to reject the opportunities in front of you every day.

~James Altucher

Robots are the new middle class. And everyone else will either be an entrepreneur or a temp staffer.

~James Altucher

People look for their passions. But often, the passions find you. How does your #‎ passion find you? When you are good at something, you get passionate about it. That's it.

~James Altucher

It's how you view the life inside you that creates the life outside of you. Everyday.

~James Altucher

You create your luck by being healthy and not regretting the past or being anxious about the future.

~James Altucher

Life is a series of failures punctuated by brief successes.

Every day you reinvent yourself. You're always in motion. But you decide every day: forward or backward.

~James Altucher

Reading is the best return on investment. You have to live your entire life in order to know one life. But with reading you can know 1000s of people's lives for almost no cost. What a great return!

~James Altucher

If we truly want to learn, we never learn when we are talking. We only learn when we are listening.

~James Altucher

The reality is: when you're slouched over, not only are you not using the full potential of your brain, but you look untrustworthy.

~James Altucher

Only free time, imagination, creativity, and an ability to disappear will help you deliver value that nobody ever delivered before in the history of mankind.

~James Altucher

Don't do something just for the money. Money is a side effect of persistence. You persist in things you are interested in. Explore your interests. Then persist. Then enjoy all the side effects.

~James Altucher

Become a beacon of enhancement, and then, when the night is gray, all of the boats will move towards you, bringing their bountiful riches.

~James Altucher

What you need to do is build the house you will live in. You build that house by laying a solid foundation: by building physical, emotional, mental, and spiritual health.

~James Altucher

Arguing with people is like reading your e-mail at 4 in the morning. There is absolutely no good that can come of it. It's just scratching an itch.

~James Altucher

When you get in the mud with a pig, you get dirty and the pig gets happy.

~James Altucher

My feeling, based on my own experience, is that aiming for grandiosity is the fastest route to failure.

~James Altucher

Success, in every case, comes from the alchemy of your health, your mind, your positive energy, and the real world situations you persistently improve for yourself.

~James Altucher

If you act like the river, you ultimately flow past all the rocks along the way.

~James Altucher

Honesty is the fastest way to prevent a mistake from turning into a failure.

~James Altucher

Investing is for wealth preservation, not wealth creation, so first you have to make wealth.

~James Altucher

If you don't live in the world of choosing, you live in the world of excusing.

~James Altucher

Don't time travel into the past, roaming through the nuances as if they can change. Don't bookmark pages you've already read.

~James Altucher

People build up a life, it becomes unsatisfactory, and they want to figure out how to change it like an outfit on a doll. But you can't change life from the outside. We all know this now.

~James Altucher

Anxiety and gratitude cant live in the same head

~James Altucher

People unconsciously know when you are not listening to them. Then they say 'No' to you.

~James Altucher

Dont buy into the 20-hours-a-day entrepreneur myth. You need to sleep 8 hours a day to have a focused mind.

~James Altucher

Sometimes it's better to just be quiet, to not think of anything at all. Out of silence comes the greatest creativity.

~James Altucher

Only worry about your own happiness, which doesn't have to be limited by anyone else's stupidity unless you allow it to be.

~James Altucher

I find that many entrepreneurs are trying to do everything when it would be cheaper and more time-efficient to delegate, even if there are monetary costs associated with that.

The best way I have ever found to fill that hole is not to seek external motivations to fill the emptiness, but to ignite the internal fire that will never go out. To light up my own inner sky.

~James Altucher

When we die our entire legacy is simply the added together strengths of all the connections we make with others. This is the ghost of ourselves we leave behind. This is showing up.

~James Altucher

The idea that we need to "pay our dues― is a lie told to us by people who wanted our efforts and labor on the cheap.

~James Altucher

The six people you must find today... Someone to love. Someone to thank. Someone to be grateful for. Someone to forgive Someone to forget Someone to admire.

~James Altucher

The best speakers are the ones who have put 10,000 hours into listening.

~James Altucher

Happiness is just a positive perception from our brain. Some days, you will be unhappy. Our brain is a tool we use. It's not who we are.

~James Altucher

Don't Time travel into the past. You can't change it. Today it starts all over again. Every tomorrow is determined by every day.

~James Altucher

Stick with the people who love you and don't spend a single second on the rest. Life will be better that way.

Games are all about taking risks.

~James Altucher

The best, very best scammers will always ask for your advice. This is their favorite technique. It makes them vulnerable. It flatters your ego.

~James Altucher

Do as many ideas as possible. The right idea will pick you.

~James Altucher

Rejection-and the fear of rejection-is the biggest impediment we face to choosing ourselves.

~James Altucher

Don't forget: when you start a website, it's not yet a trusted site. So you have to bring people from a trusted site to your site to build up the trust in your site.

~James Altucher

Teaching how to think is better than lecturing how to do it.

~James Altucher

I had ideas first, wealth second. It only worked in that order.

~James Altucher

Worry will never solve tomorrow's problems. It will only take energy away from today.

~James Altucher

Don't regret your mistakes. You'll always make mistakes. The better you are, the less mistakes you make. The only way to get better is to thoroughly analyze your mistakes.

Every game, and almost every life situation, has short cuts: ways you can get better without learning the entire literature of the game from beginning to end.

~James Altucher

Forget purpose. It's okay to be happy without one. The quest for a single purpose has ruined many lives.

~James Altucher

If two people believe in the same story, they might be thousands of miles apart and total strangers, but they still have a sense they can trust each other.

~James Altucher

This is a new phase in history where art, science, business and spirit will join together in the pursuit of true wealth.

~James Altucher

No longer is someone coming to hire you, to invest in your company, to sign you, to pick you. It's on you to make the most important decision in your life: Choose Yourself!

~James Altucher

Your bosses simply hate you. You created more and more value. They paid you less and less. That's the definition of disdain in my book.

~James Altucher

Purpose is a man-made fiction. Nobody on their deathbed gets a plaque that says "he focused on only one thing for his entire life!" Those are counterfeit thoughts in a counterfeit society.

~James Altucher

Writing a book makes you an expert in the field. At the very least, when you hand someone a book you wrote, it's more impressive than

### handing a business card.

~James Altucher

If too many things have to happen in order to bring about the situation you want, then back out of it and try again later.

~James Altucher

Buying coffee on the street instead of in a Starbucks is the poor man's way to get rich. In other words, you will never get rich by scratching out ten cents from your dollar.

~James Altucher

We all have faith in something: usually a mixture of some personal beliefs with modern science. I am not like that. Mostly I just believe in what personally has worked for me.

~James Altucher

The only way to make real wealth is to get rid of your salary. In a salary, by definition, you are creating wealth for others, and you are creating a chain and handcuffs for yourself.

~James Altucher

Branding jails corporate America but honesty sets entrepreneurs free.

~James Altucher

Honesty is about the scars. Its about the blemishes. But its more than just bragging about failure, which could be a form of ego. Its about truly helping people.

~James Altucher

I made so many mistakes in my first successful business I'm almost embarrassed to recount them.

Mistakes I've made in the past make me afraid to try new things in the future. I want to be perfect.

~James Altucher

I'm a big believer in minimalism. Not materialist minimalism although that's part of it but time and energy minimalism. The body is given only so much energy a day.

~James Altucher

Being a leader doesn't mean you created something or you did something great in the past or some other person has given you any kind of authority.

~James Altucher

Out of silence comes the greatest creativity. Not when we are rushing and panicking.

~James Altucher

Every successful business, even Google, Facebook, Twitter, started with a combination of manual improvements and friends of the founders using the site.

~James Altucher

Luck is created by the prepared.

~James Altucher

This is a cliché, but never listen to anyone who says "You can't do that―. Those are usually the people who can't do it. Not you.

~James Altucher

Being fearless precisely when you are most scared is the best hack.

~James Altucher

The learned man aims for more. But the wise man decreases. And then

### decreases again.

~James Altucher

It's in the valley of failure that we sow our seeds of success.

~James Altucher

Infinite patience gets you immediate results.

~James Altucher

Products are valued higher than services.

~James Altucher

Hold your breath. Try holding your breath for just thirty seconds. That's all it takes. Try it right now while you are looking at this line. Nowâ€lon the twenty-ninth second, do any opinions matter?

~James Altucher

Procrastination is your body telling you you need to back off a bit and think more about what you are doing.

~James Altucher

The big thing in life is to focus on providing more value to people than they expect. The rest comes then.

~James Altucher

Be honest about mistakes. Even if you are afraid of what people think.

~James Altucher

It's easy to get anonymous people to hate you. Have an opinion. Be creative. Be yourself.

~James Altucher

Everyone is different. We all suffer from the disease of being human. There are a thousand cures but no antidotes.

~James Altucher

It's very important to enjoy what you're doing or else you are always going to procrastinate.

~James Altucher

Requirements are for people who want to be unhappy. Because it's your rules or the universe's rules. The universe is going to win. Every time.

~James Altucher

Help is a conversation. If one side talks too much, the other side will get bored. So make sure you help back when you can.

~James Altucher

A lot of times, people send me emails, and then I forget about them, or I never respond to them, or I respond to them weeks later.

~James Altucher

I love being honest and intimate with people. I love building community. I love emailing with readers.

~James Altucher

If coming up with ten ideas sounds too hard, then come up with twenty.

~James Altucher

The American Dream never really existed. It was a marketing scam.

~James Altucher

When people give you their stated reason for doing something always assume they are giving you a reason that sounds good, but not the real reason.

We're taught at an early age that we're not good enough. That
someone else has to choose us in order for us to be…what? Blessed?
Rich? Certified? Legitimized? Educated? Partnership material?

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