

# James Beard Quotes

*Food, Simple, Cooking, Secret, Morning, Eggs, Waste, Vegetables, Coffee,  
Hands, Use, Choices, Beard, Thinking, People, Perfect, Strong, Smell, Ifs,  
Guise*

The only thing that will make a souffle fall is if it knows you're afraid of it.

~James Beard

The secret of good cooking is, first, having a love of it! If you're convinced that cooking is drudgery, you're never going to be good at it, and you might as well warm up something frozen.

~James Beard

If I had to narrow my choice of meats down to one for the rest of my life, I am quite certain that meat would be pork.

~James Beard

Too many simple green salads suffer from a lack of imagination.

~James Beard

When you cook, you never stop learning. That's the fascination of it all.

~James Beard

I don't like gourmet cooking or 'this' cooking or 'that' cooking. I like good cooking.

~James Beard

Good bread is the most fundamentally satisfying of all foods; and good bread with fresh butter, the greatest of feasts.

~James Beard

The secret of good cooking is, first, having a love of it.

~James Beard

There is absolutely no substitute for the best. Good food cannot be made of inferior ingredients masked with high flavor. It is true thrift to use the best ingredients available and to waste nothing.

~James Beard

Too few people understand a really good sandwich.

~James Beard

A gourmet who thinks of calories is like a tart who looks at her watch.

~James Beard

I believe that if ever I had to practice cannibalism, I might manage if there were enough tarragon around.

~James Beard

Good bread and good butter go together. They are one of the perfect marriages in gastronomy, and they never fail to cheer me.

~James Beard

I'm really enamored of the potato in all its guises.

~James Beard

Grilling, broiling, barbecuing - whatever you want to call it - is an art, not just a matter of building a pyre and throwing on a piece of meat as a sacrifice to the gods of the stomach.

~James Beard

Hands are our earliest tools. Cooking starts with the hands which are so sensitive that when they touch something they transmit messages to your brain about texture and temperature.

~James Beard

Nothing is quite as intoxicating as the smell of bacon frying in the morning, save perhaps the smell of coffee brewing.

~James Beard

I am still convinced that a good, simple, homemade cookie is preferable

to all the store-bought cookies one can find.

~James Beard

Goodness, how much there is to learn about food!

~James Beard

Good cheese needs good companions.

~James Beard

Be simple. Be honest. Don't overcook and don't undercook, but it's better to undercook than overcook.

~James Beard

If you have never tasted a braised vegetable, you'll find it is a revelation.

~James Beard

I am so happy to see more and more people in this country are becoming addicted to cheese.

~James Beard

In a house without a genuine kitchen, one of the delights of growing up is lost.

~James Beard

It's foolish to go through life bemoaning the fact that you can't have this or that. Twaddle! You can omit certain foods and still enjoy eating.

~James Beard

I've long said that if I were about to be executed and were given a choice of my last meal, it would be bacon and eggs.

~James Beard

It is true thrift to use the best ingredients available and to waste

nothing.

~James Beard

No vegetable exists which is not better slightly undercooked.

~James Beard

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