

Jamie Moyer

Quotes

*Careers, Games, Important, Offseason, Spring, Giving, Training, Dad, Towns,
Consistency, Thinking, Grows, Dream, Opinion, Velocity, Keys, Baseball, Proud,
Realizing, Way*

Physical therapy is part of my offseason routine. That has helped me greatly.

~Jamie Moyer

Your body is not made to throw like we throw. That's why you see softball pitchers pitching two or three games a day. It's a natural movement in softball. In baseball it's not a natural movement.

~Jamie Moyer

I came to realize in my late 20s that my velocity is not going to grow so I had to learn to utilize what I had.

~Jamie Moyer

I was raised in a very blue-collar family.

~Jamie Moyer

If you're a doctor or a lawyer or teacher, if you only get three things right out of 10, you're considered a failure.

~Jamie Moyer

I've always approached spring training as I have something to prove.

~Jamie Moyer

I've kind of looked at my whole career as a spring training invite.

~Jamie Moyer

Rest is obviously a key in the offseason.

~Jamie Moyer

Learning how to work and learning how to fail is important.

~Jamie Moyer

I think it's all a coincidence. I've pitched some poor games here and got a no-decision. But just give me the ball. I don't care where I pitch.

~Jamie Moyer

Work ethic has always been stressed in my family. My dad is going to be 80 years old and he still works part time. My mom just retired a couple years ago and she's in her mid- to late 70s.

~Jamie Moyer

It was a dream come true to be drafted by a pro team and have the opportunity to play.

~Jamie Moyer

If you talk to any pitcher, consistency is the most important thing.

~Jamie Moyer

I don't expect anyone to give me anything.

~Jamie Moyer

I'm not a big believer in vitamins and all that stuff.

~Jamie Moyer

I'm not the No. 1 starter. I'm not the guy that's going to carry the staff for four months out of the season, but I can contribute in a lot of ways. And to me I'm very proud of that.

~Jamie Moyer

Everyone is entitled to their own opinions, which people don't seem to be shy about expressing.

~Jamie Moyer

Souderton was a good town to grow up in. Everybody knew each other.

~Jamie Moyer

I probably didn't put forth the effort I should have put forth, didn't realize

the value of education until I went to college.

~Jamie Moyer

I've pitched too many innings and pitched too many years - one game doesn't make or break my career.

~Jamie Moyer

I've had some great examples in my career of how to do things the right way.

~Jamie Moyer

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