

Jean Anthelme Brillat-Savarin Quotes

*Food, Men, Wine, Cooking, Chocolate, Vegetables, Alcohol, Coffee, Smell,
Meals, Discovery, Stars, Country, Giving, Firsts, Taste, Liquid, Ideas, Degrees,
Strong*

Tell me what you eat, and I will tell you who you are.

~Jean Anthelme Brillat-Savarin

Burgundy makes you think of silly things; Bordeaux makes you talk about them, and Champagne makes you do them.

~Jean Anthelme Brillat-Savarin

To invite people to dine with us is to make ourselves responsible for their well-being for as long as they are under our roofs.

~Jean Anthelme Brillat-Savarin

Nothing is more pleasant than to see a pretty woman, her napkin well placed under her arms, one of her hands on the table, while the other carries to her mouth, the choice piece so elegantly carved.

~Jean Anthelme Brillat-Savarin

The pleasures of the table belong to all times and ages, to every country and every day; they go hand in hand with all our other pleasures, outlast them, and remain to console us for their loss.

~Jean Anthelme Brillat-Savarin

In fine, the truffle is the very diamond of gastronomy.

~Jean Anthelme Brillat-Savarin

Cooking is one of the oldest arts and one which has rendered us the most important service in civic life.

~Jean Anthelme Brillat-Savarin

Dessert without cheese is like a beauty with only one eye

~Jean Anthelme Brillat-Savarin

Animals feed themselves; men eat; but only wise men know the art of eating

~Jean Anthelme Brillat-Savarin

The fate of a nation depends on the way that they eat.

~Jean Anthelme Brillat-Savarin

The truffle is not a positive aphrodisiac, but it can upon occasion make women tenderer and men more apt to love.

~Jean Anthelme Brillat-Savarin

The pleasure of the table belongs to all ages, to all conditions, to all countries, and to all areas; it mingles with all other pleasures, and remains at last to console us for their departure.

~Jean Anthelme Brillat-Savarin

The discovery of a new dish confers more happiness on humanity, than the discovery of a new star.

~Jean Anthelme Brillat-Savarin

Whosoever says truffle, utters a grand word, which awakens erotic and gastronomic ideas.

~Jean Anthelme Brillat-Savarin

He who receives his friends and gives no personal attention to the meal which is being prepared for them, is not worthy of having friends.

~Jean Anthelme Brillat-Savarin

Truffle isn't exactly aphrodisiac but under certain circumstances it tends to make women more tender and men more likable

~Jean Anthelme Brillat-Savarin

Smell and taste are in fact but a single composite sense, whose laboratory is the mouth and its chimney the nose.

~Jean Anthelme Brillat-Savarin

Once fire was discovered, the instinct for improvement made men bring food to it. First to dry it, then to put it on the coals to cook.

~Jean Anthelme Brillat-Savarin

The universe is nothing without the things that live in it, and everything that lives, eats.

~Jean Anthelme Brillat-Savarin

The most indispensable qualification of a cook is punctuality. The same must be said of guests.

~Jean Anthelme Brillat-Savarin

You first parents of the human race...who ruined yourself for an apple, what might you have done for a truffled turkey?

~Jean Anthelme Brillat-Savarin

The sense of smell, like a faithful counsellor, foretells its character.

~Jean Anthelme Brillat-Savarin

The Lord hath created medicines out of the earth, and he that is wise will not abhor them.

~Jean Anthelme Brillat-Savarin

I am not accustomed to take my wine in pills.

~Jean Anthelme Brillat-Savarin

The German Doctors say that persons sensible of harmony have one sense more than others.

~Jean Anthelme Brillat-Savarin

Gourmandise is an impassioned, rational, and habitual preference for all objects which flatter the sense of taste.

~Jean Anthelme Brillat-Savarin

I am essentially an amateur medecin, and this to me is almost a mania.

~Jean Anthelme Brillat-Savarin

A meal without wine is like a day without sun

~Jean Anthelme Brillat-Savarin

Those persons who suffer from indigestion, or who become drunk, are utterly ignorant of the true principles of eating and drinking.

~Jean Anthelme Brillat-Savarin

The table is the only place where we do not get weary during the first hour.

~Jean Anthelme Brillat-Savarin

Those from whom nature has withheld taste invented trousers.

~Jean Anthelme Brillat-Savarin

The destiny of nations depends on how they nourish themselves.

~Jean Anthelme Brillat-Savarin

The limits of pleasure are as yet neither known nor fixed, and that we have no idea what degree of bodily bliss we are capable of attaining.

~Jean Anthelme Brillat-Savarin

L'alcool est le monarque des liquides, et porte au dernier degre l'exaltation palatale. Alcohol is the prince of liquids, and carries the palate to its highest pitch of exaltation.

~Jean Anthelme Brillat-Savarin

Let the progress of the meal be slow, for dinner is the last business of the day; and let the guests conduct themselves like travelers due to reach their destination together.

~Jean Anthelme Brillat-Savarin

Gluttony is mankind's exclusive prerogative.

~Jean Anthelme Brillat-Savarin

In the state of society in which we now find ourselves, it is difficult to imagine a nation which lived solely on bread and vegetables.

~Jean Anthelme Brillat-Savarin

Alcohol is the monarch of liquids.

~Jean Anthelme Brillat-Savarin

Poultry is for the cook what canvas is for a painter, or the cap of Fortunatus for a conjurer.

~Jean Anthelme Brillat-Savarin

For unknown foods, the nose acts always as a sentinel and cries. 'Who goes there?'

~Jean Anthelme Brillat-Savarin

To claim that wines should not be changed is a heresy; the palate becomes saturated and after the third glass the best of wines arouses nothing but an obscure sensation.

~Jean Anthelme Brillat-Savarin

Turkey is undoubtedly one of the best gifts that the New World has made to the Old.

~Jean Anthelme Brillat-Savarin

If one swallows a cup of chocolate only three hours after a copious lunch, everything will be perfectly digested and there will still be room for dinner.

~Jean Anthelme Brillat-Savarin

Every cure of obesity must begin with these three essential precepts: discretion in eating, moderation in sleeping, and exercise.

~Jean Anthelme Brillat-Savarin

A man who was fond of wine was offered some grapes at dessert after

dinner. "Much obliged," said he, pushing the plate aside, "I am not accustomed to take my wine in pills."

~Jean Anthelme Brillat-Savarin

When I need a word and do not find it in French, I select it from other tongues, and the reader has either to understand or translate me. Such is my fate.

~Jean Anthelme Brillat-Savarin

Frying gives cooks numerous ways of concealing what appeared the day before and in a pinch facilitates sudden demands, for it takes little more time to fry a four-pound carp than to boil an egg.

~Jean Anthelme Brillat-Savarin

Salad freshens without enfeebling and fortifies without irritating.

~Jean Anthelme Brillat-Savarin

Dear gourmands! my bowels yearn towards them as a father's toward his children. They are so good natured! They have such sparkling eyes!

~Jean Anthelme Brillat-Savarin

No man under forty can be dignified with the title of gourmet.

~Jean Anthelme Brillat-Savarin

Hearing, which, by the motion of the air, informs us of the motion of sounding or vibrating bodies.

~Jean Anthelme Brillat-Savarin

The number of flavors is infinite, for every soluble body has a peculiar flavor, like none other.

~Jean Anthelme Brillat-Savarin

All languages had their birth, their apogee and decline.

~Jean Anthelme Brillat-Savarin

Beasts feed. Man eats. Only the man of intellect knows how to eat.

~Jean Anthelme Brillat-Savarin

An intelligently planned feast is like a summing up of the whole world, where each part is represented by its envoys.

~Jean Anthelme Brillat-Savarin

I appreciate the potato only as a protection against famine, except for that, I know of nothing more eminently tasteless.

~Jean Anthelme Brillat-Savarin

The Spanish ladies of the New World are madly addicted to chocolate, to such a point that, not content to drink it several times each day, they even have it served to them in church.

~Jean Anthelme Brillat-Savarin

Meals, in the sense in which we understand this word, began with the second age of the human species.

~Jean Anthelme Brillat-Savarin

I will only observe, that that ethereal sense - sight, and touch, which is at the other extremity of the scale, have from time acquired a very remarkable additional power.

~Jean Anthelme Brillat-Savarin

To know how to eat well, one must first know how to wait.

~Jean Anthelme Brillat-Savarin

Gourmandism is an act of judgment, by which we prefer things which have a pleasant taste to those which lack this quality.

~Jean Anthelme Brillat-Savarin

Sight and touch, being thus increased in capacity, might belong to some species far superior to man; or rather the human species would be far different had all the senses been thus improved.

~Jean Anthelme Brillat-Savarin

All men, even those we call savages, have been so tormented by the passion for strong drinks, that limited as their capacities were, they were yet able to manufacture them.

~Jean Anthelme Brillat-Savarin

The sense of smell explores; deleterious substances almost always have an unpleasant smell.

~Jean Anthelme Brillat-Savarin

La volaille est pour la cuisine ce qu'est la toile pour les peintres. Fowls are to the kitchen what his canvas is to the painter.

~Jean Anthelme Brillat-Savarin

I am a strong partisan of second causes, and I believe firmly that the entire gallinaceous order has been merely created to furnish our larders and our banquets.

~Jean Anthelme Brillat-Savarin

The dyspeptic and the drunkard do not know how to eat or drink.

~Jean Anthelme Brillat-Savarin

In the hands of an able cook, fish can become an inexhaustible source of perpetual delight.

~Jean Anthelme Brillat-Savarin

Alcohol carries the pleasures of the palate to their highest degree.

~Jean Anthelme Brillat-Savarin

The senses are the organs by which man places himself in connexion

with exterior objects.

~Jean Anthelme Brillat-Savarin

The first thing we become convinced of is that man is organized so as to be far more sensible of pain than of pleasure.

~Jean Anthelme Brillat-Savarin

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