

Jean Shinoda Bolen

Quotes

*Soul, Believe, Thinking, Heart, Spiritual, Appreciation, Mean, Moving, God,
Unique, Beautiful, Beauty, Feelings, Long, Opportunity, Eye, Opposites, Cutting,
Promise, Able*

When you recover or discover something that nourishes your soul and brings joy, care enough about yourself to make room for it in your life.

~Jean Shinoda Bolen

To know how to choose a path with heart is to learn how to follow intuitive feeling. Logic can tell you superficially where a path might lead to, but it cannot judge whether your heart will be in it.

~Jean Shinoda Bolen

Before you can do something that you've never done, you have to be able to imagine it is possible.

~Jean Shinoda Bolen

Life presents us with repeated opportunities to face what we fear, what we need to become conscious of, or what we need to master.

~Jean Shinoda Bolen

I think people don't place a high enough value on how much they are nurtured by doing whatever it is that totally absorbs them.

~Jean Shinoda Bolen

Synchronistic events offer us perceptions that may be useful in our psychological and spiritual growth and may reveal to us, through intuitive knowledge, that our lives have meaning.

~Jean Shinoda Bolen

To know how to choose a path with heart is to learn how to follow intuitive feeling.

~Jean Shinoda Bolen

We need to meditate on what is peaceful. Once we have 'filled up' in this way, we once again have an abundance of love to send out into the world.

~Jean Shinoda Bolen

There is a potential heroine in every woman.

~Jean Shinoda Bolen

Synchronicity holds the promise that if we will change within, the patterns in our outer life will change also.

~Jean Shinoda Bolen

To voice something you're feeling and put observations into words with another person who is totally present is a creative act embodying soul and love.

~Jean Shinoda Bolen

I feel that one must deliberate then act, must scan every life choice with rational thinking but then base the decision on whether one's heart will be in it.

~Jean Shinoda Bolen

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