

# Jeff Bridges

## Quotes

*Thinking, Kids, Movie, Actors, Character, Father, People, Way, Trying, Kind,  
Real, Want, Jobs, Wife, Mom, Men, Film, Acting, Couple, Wonderful*

35 million people in the U.S. are hungry or don't know where their next meal is coming from, and 13 million of them are children. If another country were doing this to our children, we'd be at war.

~Jeff Bridges

Live like you're already dead, man. Have a good time. Do your best. Let it all come ripping right through you.

~Jeff Bridges

If you change partners every time it gets tough or you get a little dissatisfied, then I don't think you get the richness that's available in a long-term relationship.

~Jeff Bridges

It's not enough just to treat women well. We have to work to make sure all men treat women well.

~Jeff Bridges

It's a wonderful metaphor, catching a wave, for how you can look at other challenges in your life.

~Jeff Bridges

Poverty is a very complicated issue, but feeding a child isn't.

~Jeff Bridges

My wife holds the kite strings that let me go 'weeeeeeee', then she reels me back in.

~Jeff Bridges

I've had really great experiences working with first-time directors. They come at filmmaking with fresh ideas. I've been very lucky that way.

~Jeff Bridges

Everyone I meet is in my sangha. I don't know if that's the proper

definition, but that's the way I'm going to hold it in my mind.

~Jeff Bridges

You've got to take care of yourself on the path, not just when you cross the goal line, because don't forget, wherever you are, that's the goal line.

~Jeff Bridges

Movies are like magic tricks.

~Jeff Bridges

Always maintain a joyful mind. Appreciate the struggles as opportunities to wake up.

~Jeff Bridges

What are the aspects of yourself that line up with the character? You magnify those, and the ones that don't match up you kind of kick to the curb.

~Jeff Bridges

The Oscar nomination is great. It's a great pat on the back. And I like that.

~Jeff Bridges

Thoughts will change and shift just like the wind and the water when you're on the boat; thoughts are no different than anything else.

~Jeff Bridges

Sticking with a marriage. That's true grit, man.

~Jeff Bridges

I kept dreaming of a world I thought I'd never see, and then....one day....I got in!

~Jeff Bridges

A fella who accepts himself and is relaxed into who he is - that appeals to people.

~Jeff Bridges

I'm always busy, but I'm lazy as well.

~Jeff Bridges

One of the things I want to do that's outside the realm of acting and the arts - although both have their place in this - is ending childhood hunger here in America.

~Jeff Bridges

A large part of acting is just pretending. You get to work with these other great make-believers, all making believe as hard as they can.

~Jeff Bridges

This idea of how everything is interconnected, and the impermanence of things.. It sums up the human condition to me, and it helps me on my path.

~Jeff Bridges

Work takes me away from my wife, Sue, and my life in Santa Barbara.

~Jeff Bridges

One of the greatest feelings in the world is knowing that we as individuals can make a difference. Ending hunger in America is a goal that is literally within our grasp.

~Jeff Bridges

I wish I were more disciplined.

~Jeff Bridges

Sobriety and health is the greatest thing.

~Jeff Bridges

If you open your heart, then the object of your love becomes so precious because you are so open. And that philosophy, that caring, spreads.

~Jeff Bridges

You can change things, you can make things better.

~Jeff Bridges

If some crazy idea stays in my head for long enough, then there's no fighting it. I just say, Okay, let's go.

~Jeff Bridges

Well, there are all kinds of gutters. Life will supply you with gutters.

~Jeff Bridges

You have to find your tone and work within that to make it as real so the audience can really engage in the story you're telling.

~Jeff Bridges

You know, ballet might be too formal of a title for the type of dance I do, but I love to dance.

~Jeff Bridges

Fame really works against actors, in a way, because our anonymity is a wonderful thing for us.

~Jeff Bridges

Execution is everything.

~Jeff Bridges

I'm drawn to the path of least resistance.

~Jeff Bridges

When you're a professional you gotta do it [your job] when you don't

feel like doing it.

~Jeff Bridges

The hoopla with all the award season is kind of mind-boggling. It kind of puts you on your heels.

~Jeff Bridges

Whenever I work on a part, I look at the world through the filter of the character and I pick things they might use through my observations of real life.

~Jeff Bridges

As filmmakers, we're constantly always looking for something to bring the audience deeper into the reality of the story we're telling.

~Jeff Bridges

I just find my creativity manifesting a bunch of different ways.

~Jeff Bridges

I remember being on a black-and-white set all day and then going out into daylight and being amazed by the colour.

~Jeff Bridges

I've gone out of my way to not take baggage with me from film to film.

~Jeff Bridges

So I have this word for much of what I do in life: 'plorking.' I'm not playing and I'm not working, I'm plorking.

~Jeff Bridges

As far as Beau is concerned, we're on the same team, we root for each other. If my parts are slightly more attractive, or are perceived that way by others, he's very content.

~Jeff Bridges

I'm very manipulative towards directors. My theory is that everyone on the set is directing the film, we're all receiving art messages from the universe on how we should do the film.

~Jeff Bridges

I had a great '70s. I survived it, and that's always good news.

~Jeff Bridges

A fool and his money are quickly parted.

~Jeff Bridges

The problem with the designated driver programme, it's not a desirable job. But if you ever get sucked into doing it, have fun with it. At then end of the night drop them off at the wrong house.

~Jeff Bridges

Sure, I get the blues. But what I try to do, is apply joy to the blues, you know? I don't know if it's a technique, or just being bent that way, being raised by the folks I was raised by.

~Jeff Bridges

Most cynics are really crushed romantics: they've been hurt, they're sensitive, and their cynicism is a shell that's protecting this tiny, dear part in them that's still alive.

~Jeff Bridges

I had years of partying, and I was kind of surprised and happy I survived it all. Now, being a parent, I look back on it thinking, Oh God, the things you did!

~Jeff Bridges

You don't want to vilify your ego.

~Jeff Bridges

I'm a big fan of country.

~Jeff Bridges

One in four kids in the U.S. faces hunger.

~Jeff Bridges

The wonderful thing about acting is that you can use all of your talents and interests in your work.

~Jeff Bridges

I'm not counting any chickens.

~Jeff Bridges

When you truly commit in your life, you start receiving more than you could imagine.

~Jeff Bridges

I love John Irving's stuff. It's that marriage of comedy and tragedy. It's really terrific.

~Jeff Bridges

The more space and emptiness you can create in yourself, then you can let the rest of the world come in and fill you up.

~Jeff Bridges

It can kind of screw up things if you're trying to overwork something.

~Jeff Bridges

I do my best to hold the director's opinion above my own.

~Jeff Bridges

I have my prized possession in my wallet. That's a photograph of the first words I ever uttered to my wife, and her answer to my question when I asked her, "Will you go out with me?"



~Jeff Bridges

Myths are wonderful tools that we've had, oh, for eons now that help us navigate the situations we find ourselves in.

~Jeff Bridges

In life and in movies, it's a similar challenge, where you have expectations, and you end up in situations that are not meeting your expectations.

~Jeff Bridges

Nowadays, in the contract that actors sign, you have to agree that you're going to do a certain amount of publicity-the hard part they don't pay you for.

~Jeff Bridges

I found that photography was a great way of relaxing on the set.

~Jeff Bridges

"The Big Lebowski" is a real masterpiece, as far as I'm concerned. I suppose I'm a bit biased because I'm in it.

~Jeff Bridges

You can relate to somebody's pain and you have compassion, which can lead to intimacy.

~Jeff Bridges

Life's picking up speed.

~Jeff Bridges

Movies are very subjective.

~Jeff Bridges

Memories are not just about the past. They determine our future.

~Jeff Bridges

You prep, you prep, you prep. And on the day that you film, you let all of that go. I try to achieve emptiness as much as possible - the Zen thing - to let the deal come out of that nothing.

~Jeff Bridges

You don't want to do what your parents want you to do. You got your own things. And the whole idea of getting a job because of who your father is - that didn't isn't right.

~Jeff Bridges

With a labyrinth, you make a choice to go in - and once you've chosen, around and around you go. But you always find your way to the center.

~Jeff Bridges

I'm used to watching old movies of myself.

~Jeff Bridges

Your part can be the king, but unless people are treating you like royalty, you ain't no king, man.

~Jeff Bridges

I like to know where the camera is.

~Jeff Bridges

People fall in love for mysterious reasons.

~Jeff Bridges

I was loving music, and loving art, painting, so I was considering those things, but I must say I dug acting as well.

~Jeff Bridges

Normally, we push away the things we're scared of.

~Jeff Bridges

My main teachers were my father and my mother and my brother.

~Jeff Bridges

I do a lot of ceramics.

~Jeff Bridges

Yeah, I've been interested in music since I was a teenager, always writing songs.

~Jeff Bridges

Whenever you're the child of a famous person, you get judged in odd ways because of that.

~Jeff Bridges

I used to be somebody. Now I'm somebody else.

~Jeff Bridges

I love westerns, I'd love to make more of them.

~Jeff Bridges

If you're like me, I get hooked into to-do lists, you know. I'll say I checked that off. Okay, I did that. And you have all these things you're doing.

~Jeff Bridges

I play music as much as I can. I have a band called The Abiders. We've put out a couple of albums you can find on iTunes. We tour and all that stuff, so music is very much a part of my life.

~Jeff Bridges

Every couple of years we'll watch the movie and it's like watching home movies, seeing the ranch on-screen. But that movie Heaven's Gate,

people are appreciating it more and more as time goes on.

~Jeff Bridges

The more nervous you get, the more worried you get about something... Maybe you just need to take a nap.

~Jeff Bridges

A lot of people don't really understand what rehearsal's about. People are afraid they're gonna leave it in the dressing room, or you're gonna shoot your wad in rehearsal.

~Jeff Bridges

I loved working with my brother [Beau] and my father [Lloyd] whenever that happened. I had a wonderful experience making "The Fabulous Baker Boys," which I felt was a great movie, too.

~Jeff Bridges

I thought bringing those two [Taylor Sheridan and David Mackenzie] together, odds are you're going to come up with something pretty good.

~Jeff Bridges

Seeing David Mackenzie's work in "Starred Up," I thought that was a wonderful film.

~Jeff Bridges

You have that Frank Capra kind of side to it and the characters are really well drawn, so I think everybody tried their best to stay faithful to the script.

~Jeff Bridges

He [Michael Cimino] wasn't the typical filmmaker. I don't know if he had more in him, he certainly had a lot of scripts. I know he wrote a hell of a lot.

~Jeff Bridges

Eating ice cream and not exercising is great. The downside is your health isn't so good.

~Jeff Bridges

I think there's a real joy in going to see movies when you discover them yourself.

~Jeff Bridges

My mother and my father were very nurturing and wonderful examples of how to live your life.

~Jeff Bridges

I think we're all hooked, I feel my own hook-ness on immediate gratification you know. I want what I want.

~Jeff Bridges

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