People, Thinking, Years, Men, Kids, Trying, Pain, Goal, Looks, Writing, Mean, Sex, Way, School, Ideas, Knows, Comedian, Jobs, Want, Yoga

I finally understand that it's okay to be a little afraid of things but that obsessing over them does not mean you have any more control over what you fear.

~Jen Kirkman

People said to me, "You know, when you record a special, you're going to regret it. The one thing you'll regret because you're a comic is you'll think of better tags."

~Jen Kirkman

I realized I need a certain kind of chemistry and a certain kind of look to be into someone, and like 1 percent of the population has it.

~Jen Kirkman

I just remember a creepy sex-ed teacher putting a banana on a condom and then saying, "It goes in the girl if she gets all juicy." We didn't even believe it. We were like, "Well, that's weird."

~Jen Kirkman

I find it actually the height of romance to legally bind yourself to someone because you're really taking care of someone, and letting them take care of you. I actually have no cynicism about that.

~Jen Kirkman

Sometimes I look [on trolls on Twitter], but even one ignorant comment can make me go, "Oh god."

~Jen Kirkman

Instead of saving for someone else's college education, I'm currently saving for a luxury retirement community replete with golf carts and handsome young male nurses who love butterscotch.

~Jen Kirkman

I am just really focused in on what I love doing, but I would be a moron

to not take some of my natural talent - I'm not saying I'm that talented, but I have enough acting and writing talent to go.

~Jen Kirkman

What I found out about myself was I am not someone who doesn't believe in marriage.

~Jen Kirkman

I used to make albums because I wasn't touring, and so I thought, "This is the best way for people to find out about me.

~Jen Kirkman

Its almost Thanksgiving! A day when you get to hear your extended family use racial slurs for groups are not taking away their jobs.

~Jen Kirkman

That's the same thing that is making me like George W. Bush. "He was nice. I know he was nice. He didn't know what he was doing but he was nice."

~Jen Kirkman

I'm wired to be neurotic and loud and high-strung.

~Jen Kirkman

[Yoga] never calms me. Ever. But it certainly helps me prevent something.

~Jen Kirkman

Have you ever seen the stereotype of the angry yoga teacher? There are some people that are at an 11 and yoga takes them down to a nine. That's me.

~Jen Kirkman

I actually really do meditation and then I spend my morning reading.

~Jen Kirkman

I don't have that addictive, "What's going on?" feeling anymore, thank god.

~Jen Kirkman

I try to minimize the noise, and I don't use Facebook except for my fan page, and I don't look at anything. It's getting a lot easier.

~Jen Kirkman

I don't like news channels so I have six websites that I check and I get the daily update.

~Jen Kirkman

I log out of Twitter on my computer so I have to log in and then I log back out.

~Jen Kirkman

It [sex-ed] was such a slow rollout for me. I just didn't know what the hell was happening.

~Jen Kirkman

God, there's teaching biology and teaching sexuality, and it's two separate things. They mix it and make it more of a morality thing where it's like, "A man and woman have a baby."

~Jen Kirkman

My curriculum would be the whole year. It would be really slow and it would be about human anatomy. I would teach people about women's bodies so they understand what Planned Parenthood is for.

~Jen Kirkman

I'm just going to go to schools and give inspirational speeches about our bodies. I'll just wear flowing dresses and talk way quieter than I can.

~Jen Kirkman

I don't know. Maybe [sex-ed] is my new calling?

~Jen Kirkman

I just feel like estrogen is bad hormones, and seen as shameful.

~Jen Kirkman

Testosterone makes you completely out of control, but that's okay.

~Jen Kirkman

I want to re-visit everything. We're people and we're so different. I think it would just be nice if it wasn't just like, "Eww, women." That would be a big thing for me.

~Jen Kirkman

I don't have anything to do all year. I'm not on tour until September.

~Jen Kirkman

I'm not like Woody Allen like, "Oh my god what's going to happen? Ooh Oohhh." I'm just high-strung. So I do need to do a lot of stuff.

~Jen Kirkman

[Twitter] is not totally where I go anymore to sell myself as a concept, as a comedian, because it moves too fast.

~Jen Kirkman

I think Twitter is kind of boring, to be honest. To me, it's not even real life.

~Jen Kirkman

My rule is if one person says it, a thousand people want to say it. That goes for compliments too. I try to balance it out in my head.

~Jen Kirkman

I put my filter on, though, and I only see things people I follow [on Twitter] write now. So, I don't even know anymore [trolls].

~Jen Kirkman

I don't do jokes about elections so that's probably why it went okay for me, except for the crazy people that are hate-crime people.

~Jen Kirkman

I think I say things nicely and my whole goal is to be understood and that includes by people who don't understand me.

~Jen Kirkman

[People] might turn into [Donald] Trump supporters who think, "Hey, I get what women are saying." So any chance I get to have people listen that should hear me is good.

~Jen Kirkman

[Twitter] certainly doesn't hurt me. I'm not in any pain over any of the things I see. I'm just more disappointed.

~Jen Kirkman

I want to be one of those cool people that's like, "What is Twitter?" and just be totally blind to it.

~Jen Kirkman

I have a new rule where I only follow fashion people on Instagram.

~Jen Kirkman

I'm not anxious, I'm high-strung. I just decided that's the difference for me.

~Jen Kirkman

I really will never understand pushing back on comedians who are like, "I'm like a politician campaigning and shaking hands with these people.

They're going to be okay."

~Jen Kirkman

I have no interest in saying "This is who I am! This is what I'm like!" ~Jen Kirkman

Not everyone is there to get an abortion. Your body is like a car that has needs and women's bodies constantly need a level of care that men don't.

~Jen Kirkman

I just try to live a moderate life of always checking and trying to be the best person I can be and I'm in therapy and am always working on something.

~Jen Kirkman

Any expectation is what pain is.

~Jen Kirkman

For me, making any kind of resolution or saying, "I'm doing this!" can only cause pain, to get very deep.

~Jen Kirkman

[Congress] can just make [Mitt] Romney president. And we'd be like, "All right, fine."

~Jen Kirkman

My birthday is in August - right before September, so I have that "back to school" feeling ingrained in me so that time of year is when I usually do personal goals or resolutions.

~Jen Kirkman

I did buy a new piece of furniture so it's like, "Oh, that's something new." But generally my goals are made in the fall.

~Jen Kirkman

Even if it's L.A. and it's warmer, we're not supposed to be revving up right now. I don't like everyone's energy around [winter] time of year.

I don't run around feeling infused with positivity, but I'll have to be taking my last breath before I'll admit I'm dying. So I'm either optimistic or in denial.

~Jen Kirkman

I think March and fall are natural seasons for me to feel invigorated. ~Jen Kirkman

I'm still hibernating so I get really frustrated with other people's goals and just stop.

~Jen Kirkman

When you travel, people might not have the same ideas about what is interesting. I'm not really good at compromising when I travel.

~Jen Kirkman

I know everyone says they go to yoga, but I actually really go. I notice that helps me so much.

~Jen Kirkman

My mother was like, "What did they teach you?", and I had never talked about that [sex-ed] so I freaked out.

~Jen Kirkman

Everyone traveling alone is just on their phones the whole time.

~Jen Kirkman

There's something grand and revolutionary still about [women] traveling

alone. There are some parts of the world where you can't.

~Jen Kirkman

I have no choice sometimes, but there's something about being alone. When I'm alone I might not speak for 24 hours, but you're totally seeing things. It's a pretty cool experience.

~Jen Kirkman

I mean, I can't say that I've had many deep thoughts because I traveled alone, but it's good to be with myself in the quiet.

~Jen Kirkman

I'm sure kids had masturbated by sixth grade. I had for sure.

~Jen Kirkman

Whatever my life looks like, I want it to be real and big and full. I want when, if I get hit by a car, I want to know that I have deep and real friendships, people to visit me in the hospital.

~Jen Kirkman

I thought that's what happened to women: You live alone when you're old.

~Jen Kirkman

I don't even think people really understand how you can get pregnant or when you get pregnant. I still have questions about that.

~Jen Kirkman

I don't know if I don't believe in monogamy. I think I do believe in it depending on the person or situation or something.

~Jen Kirkman

I stay on [Twitter] because I deserve to.

~Jen Kirkman

A lot of times that I'm single is not for a lack of anyone being interested; it's me.

~Jen Kirkman

At first, there was a separation of clubs and sketch comedy. Now there's all kinds of comedy, making us one big happy family.

~Jen Kirkman

I'm the queen of outside speakers.

~Jen Kirkman

It's much easier to make jokes about not having kids.

~Jen Kirkman

I'd also talk about the period and of course all the different gender things that people might feel that they are. I'd be a terrible teacher because of what I don't know about that.

~Jen Kirkman

I think that, for me, my favorite thing to do is perform standup onstage. Everything else I do is for the exposure to do more stand-up onstage, and for the money, and for the health insurance.

~Jen Kirkman

If I could make crazy money just doing stand-up, that's what I would do.

~Jen Kirkman

If, for some reason, everyone knew who I was without me having to have my own TV show, that's what I would do. That way, I could do less shows a year.

~Jen Kirkman

I don't like to joke about dating.

~Jen Kirkman

I don't understand why every single person in Congress isn't standing up and going, "He [Donald Trump] is in bed with Russia." And then they could just lock their arms and not let him in.

~Jen Kirkman

I always try to be open to whatever the universe wants from me.

~Jen Kirkman

I stay on [Twitter] as Jen Kirkman, a person. It's just a way for me to connect with what I know and read everything and catch all areas.

~Jen Kirkman

I'm really big on hormones.

~Jen Kirkman

I don't have any jokes about my divorce or my ex-husband, who is a lovely person. It really is about how I was an idiot trying to push this guy to get married when I wasn't even sure if I wanted to.

~Jen Kirkman

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