

Jenna Ushkowitz

Quotes

*School, People, Exercise, Acting, Work Out, Workout, Snacks, Moving, Actors,
Nine, Glee, House, Fads, Class, Equity, Knowing, Giving Up, Broadway,
Bagels, Want*

I've probably tried every fad diet in the world.

~Jenna Ushkowitz

Live in the moment, day by day, and don't stress about the future. People are so caught up in looking into the future, that they kind of lose what's in front of them.

~Jenna Ushkowitz

When I'm treating myself, it's a full-on burrito, all loaded up!

~Jenna Ushkowitz

I always leave a box of unsalted almonds in my house. A handful of those are a good snack that should keep you satisfied.

~Jenna Ushkowitz

If you're working out and taking care of your body, you don't really want the greasy food that makes you feel tired or blah. You actually crave the good stuff!

~Jenna Ushkowitz

I always had a strong support system. My parents always supported the stuff that I did.

~Jenna Ushkowitz

Sometimes I even work out to 'Glee' songs to keep me going.

~Jenna Ushkowitz

I'm a takeout kind of girl. Whole Foods prepares most of my meals.

~Jenna Ushkowitz

I make playlists on my iPod like nobody's business!

~Jenna Ushkowitz

I love the sassy skinnies; that's what I usually wear.

~Jenna Ushkowitz

I learned to focus and work hard and not give up. I learned that every obstacle is really an opportunity.

~Jenna Ushkowitz

I wanted to be a vet when I was little, so it never really dawned on me that acting was my career, it sort of chose me more than I chose it.

~Jenna Ushkowitz

Watching Bernadette Peters perform is like an acting class. She's amazing.

~Jenna Ushkowitz

I can sleep anywhere. I can fall asleep standing up, literally anywhere.

~Jenna Ushkowitz

At one point, I even thought, "Oh, I'll take diet pills." I tried it for one day, and I thought my heart was going to explode. It's awful, and I would never, ever recommend it.

~Jenna Ushkowitz

When I was 17, I worked at a bagel shop - I ate so many! I was also in all the school musicals, which we rehearsed for during the afternoons.

~Jenna Ushkowitz

I was five or six when I joined SAG, and Equity I joined when I was nine.

~Jenna Ushkowitz

Being in the limelight with Glee, I've definitely felt pressure to stay fit. But honestly, you have to ignore it.

~Jenna Ushkowitz

A mistake is just a temporary pause in your plan.

~Jenna Ushkowitz

If you say, 'You've made it,' then you kind of come to a standstill, and I don't think any actor wants to do that.

~Jenna Ushkowitz

High school isn't necessarily the best time of your life.

~Jenna Ushkowitz

I'm always looking for something different to do at the gym.

~Jenna Ushkowitz

I started when I was in 'The King and I' when I was on Broadway when I was nine.

~Jenna Ushkowitz

If I find a good pair of jeans, I'll buy two, and get them hemmed to my height, and then I'll end up wearing those two for everything.

~Jenna Ushkowitz

Personally, when I don't feel like working out, I put on my workout clothes and pump up some music. It's definitely my #1 inspiration.

~Jenna Ushkowitz

Since my initials are J. U., people called me Ju. Or Jujube, like the candy.

~Jenna Ushkowitz

I love that feeling of just finishing a workout and knowing I'm taking care of my body. It is such a good feeling.

~Jenna Ushkowitz

I wasn't a huge fan of reality shows, because I'm like 'they're taking

away from the actors,' but sometimes mindless is just wonderful.

~Jenna Ushkowitz

If there's something in the kitchen I like, it must be eaten. I try not to leave any snacks I wouldn't want to eat on a daily basis in the cupboard.

~Jenna Ushkowitz

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