School, Want, Kids, Thinking, Girl, Heart, Mom, Passion, Body, Cameras,
People, Knows, Helping, Know How, Priorities, Able, Havens, Fads, Believe,
Shows

I'm just taking care of myself: Eating less, exercising more, drinking a lot of coconut water.

~Jennie Garth

My biggest regret is putting my body through fad diets: Atkins, cleanses, the hCG diet.

~Jennie Garth

You are the sunshine of my life! Thanks for brightening my world with the warmth of your Love.

~Jennie Garth

It's never too late to take your heart health seriously and make it a priority.

~Jennie Garth

With the chronic obesity in America, it's more important than ever to not only feed kids healthy foods but to teach them how to make healthy choices on their own.

~Jennie Garth

I have to pick myself up every day and say, 'The show must go on,' meaning life as I know it must go on, whatever the obstacle is, I know I can handle it, and I can get through it.

~Jennie Garth

Sitting around on the couch eating Pringles all day is not going to help anyone.

~Jennie Garth

I know I have the ability to do so much more than just stand in front of the camera the rest of my life.

~Jennie Garth

I don't believe in depriving yourself of things you want.

~Jennie Garth

I'm one of those women who likes to chat and share knowledge and pass it around.

~Jennie Garth

Being a lazy parent and letting your kid watch stuff that's not appropriate for their age is one of the bigger mistakes you can make.

~Jennie Garth

If there's an energy between two people it doesn't matter what you look like or what you do for a living or where you live.

~Jennie Garth

I react emotionally to everything!

~Jennie Garth

I've always been very bonded to animals - more so than most people. (laughs) I don't think that they can defend themselves, so we have to help them.

~Jennie Garth

I like being a woman and having a womanly body.

~Jennie Garth

I love kids and children, and I love being a mom.

~Jennie Garth

I really enjoy being able to spend my time doing different charitable and philanthropic activities.

~Jennie Garth

I was an excellent student before I left school. But I graduated early so

that I could work longer hours on '90210.

~Jennie Garth

I worked as a secretary, a waitress and a dance teacher - all in high school.

~Jennie Garth

My passion is about motivating as many families as possible to learn about vegetables and healthy eating together.

~Jennie Garth

I just want to love and be loved.

~Jennie Garth

I just don't know how to date.

~Jennie Garth

My mom really instilled in me that I'm beautiful and I can do anything, and I echo that now with my own girls.

~Jennie Garth

My dad's passion was to teach adults to read so they could read to their kids.

~Jennie Garth

The craziest thing I did to get a guy to notice me was going out with his best friend. It worked - he did notice me - but I don't recommend it.

~Jennie Garth

I have a strong constitution.

~Jennie Garth

I don't think there's a hobby that I haven't tried on.

~Jennie Garth

It's not like I want someone to treat me badly. I want somebody who looks like they could treat me badly, but then really treats me good.

~Jennie Garth

In high school, I was kind of a loner because I had moved to a new school.

~Jennie Garth

I got a fur shawl once. I was so disgusted! And I couldn't re-gift it. I don't know anyone who'd want fur.

~Jennie Garth

My husband and I are building a 'green' house in Santa Ynez Valley. We bought 15 acres and we're going to build a house that's green from the ground up.

~Jennie Garth

I still enjoy acting. I love the moment in front of the camera, but it's all the other moments that I don't enjoy. The 'business' aspect of it, the gossip.

~Jennie Garth

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