Mean, Trying, Actors, Book, Way, Running, People, Age, School, Thinking, Race, Dream, Winning, Want, Personal Life, Communicate, Woody, Yoga, Fun, Needs

I usually spend the hiatus of 'Dexter' in New York in a way to balance things.

~Jennifer Carpenter

I hate to say it because I feel like it might be a jinx, but yes - knock on wood - I have never broken a bone.

~Jennifer Carpenter

I love that there's a beginning, middle and end to a film and you can craft what the whole journey is going to look like.

~Jennifer Carpenter

Well, I made an announcement to my family at 8 that I wanted to be an actor, and I focused like a laser beam on it. I never had a fallback plan.

~Jennifer Carpenter

It's sacred for an actor to keep their personal life personal.

~Jennifer Carpenter

My sister is a chiropractor and she says I have an unusually flexible lower back, but I don't do yoga, and I don't feel like I'm very bendy.

~Jennifer Carpenter

My laundry list of wants in a partner is basically kindness. I want someone who is kind, and that's kind of where it begins and ends. I'm open to being surprised.

~Jennifer Carpenter

It's fun to branch out a bit. I feel like I've held a lot of tricks up my sleeve for a lot of years, and 'Ex-Girlfriends' is a good way to show another side of me.

~Jennifer Carpenter

I read Christopher McDougall's book 'Born to Run.' If running were a

religion, this would be its bible. I actually scribbled my favorite passages on my arm to read during the race.

~Jennifer Carpenter

Practice being in the moment when you are running, whether you are on your own or in the race.

~Jennifer Carpenter

It's always been a dream of mine to be in a Woody Allen comedy.

~Jennifer Carpenter

If you can create an environment where people are invited to do their best work and the best ideas always win, then the project itself will win.

~Jennifer Carpenter

I believe in possibility, but I'm not sure I believe in demons.

~Jennifer Carpenter

I have learned that keeping my personal life outside of work is the easier, richer way to work.

~Jennifer Carpenter

At a very young age I was predicting outcomes, trying to take all the information and find the best route to wherever I was going. I avoided a lot of pitfalls because of that.

~Jennifer Carpenter

I need to make sure that I'm taking roles that I feel like I can communicate through.

~Jennifer Carpenter

I never thought that I would be so attracted to television, but I don't think gigs like 'Dexter' come along too often.

~Jennifer Carpenter

~Jennifer Carpenter			

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