

Jennifer Pharr Davis

Quotes

*Way, Hiking, Woods, People, Thinking, Adventure, Writing, Mountain, Found,
Taste, Felt, Sunset, Playing Outside, Tree, Feelings, Pushing, Endurance,
Simplicity, Exercise, Marathon*

I found things in the woods that I didn't know I was looking for and now I'll never be the same.

~Jennifer Pharr Davis

Something deep within me connected with hard work, nature and simplicity.

~Jennifer Pharr Davis

One of the best feelings I had growing up was being completely exhausted at the end of the day after playing outside all day.

~Jennifer Pharr Davis

My motivation to keep hiking was rooted in the magnificent details of the Appalachian Mountains, and the more I poured myself out - the more energy I gave the trail - the more it gave me in return.

~Jennifer Pharr Davis

Our bodies are made to move, and moving down the trail is one of the oldest, natural ways people have used their bodies.

~Jennifer Pharr Davis

I'd always had an interest of pushing my limits and was intrigued by endurance.

~Jennifer Pharr Davis

A lot of people talk about the trail healing them, but I feel like, the first time, it humbled me, which I probably needed. It was a completely new way to experience the world and my body.

~Jennifer Pharr Davis

I was surrounded by life and beauty. My soul was content, and my life felt full.

~Jennifer Pharr Davis

I know that I was hiking at a very young age because I remember being convinced that it was the trees that were talking.

~Jennifer Pharr Davis

I would rather watch a sunset than TV.

~Jennifer Pharr Davis

One thing I think I've always felt about being in nature is that it's a very natural taste.

~Jennifer Pharr Davis

Writing is one of the main ways that I process the experience.

~Jennifer Pharr Davis

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