People, Thinking, Voice, Trying, Writing, World, Singing, Reading, Listening, Believe, Girl, Stuff, Weakness, Body, Abstract, Ideas, Religious, Giving, Country, Mean

Health is so important now, it's ridiculous - the body has become frightening, this thing that will kill you if you don't keep really healthy. The body is the enemy now.

~Jenny Hval

I'm not trying to be a solution or create a freer, utopian world. I think my music dreams of it, though.

~Jenny Hval

I'm constantly reading and trying to enlighten myself to how the world works in its silent ways to make everything seem normal when it's actually incredibly discriminating.

~Jenny Hval

I'm obsessed with voices in film. I have this memory of how people say words, even on the most intensely stupid reality TV show.

~Jenny Hval

The body should not just be something you see. It's also the inside of it. It's frightening and abstract and much more than pretty or not pretty. The shape of it is boring.

~Jenny Hval

I've always seen myself as the person listening to alternative music and all that - generic indie person. I always tried to be the least pretty I could be.

~Jenny Hval

I'm inspired by that rawness in very direct communication. My work is not meant to keep people happy or give them an escape.

~Jenny Hval

I got really interested in the language used in blogs written by young girls - a young person's aggression, which is always lacking from the

visual world.

~Jenny Hval

I've always been a fan of reading art catalogues from exhibitions, and plays, and I've worked with a surrealist German playwright, Heiner Mýller.

~Jenny Hval

I've studied film a lot, so I know much more about film than music, but I don't think I could have made films.

~Jenny Hval

I took interest in Paris Hilton at one point and got fascinated with her voice.

~Jenny Hval

Everybody needs to read a lot of revolutionary stuff, because the revolution is a big part of our will to live.

~Jenny Hval

I remember being very, very aware of gender when I was really young. Not necessarily in a bad way. Maybe it's a little bit because I'm Norwegian and how I've been brought up.

~Jenny Hval

Norway's a very gender-aware country, and we're very liberal. There are lots of women's voices being heard here compared to many other countries.

~Jenny Hval

I'm always going back and forth between wanting to do stuff that's abstract and stuff that's just telling everybody to listen.

~Jenny Hval

I really hated being the Norwegian girl in every single conversation in Australia, so I tried to make my Norwegian-ness invisible, speaking like whoever was around me.

~Jenny Hval

Soft things are terrifying. They're the real signals of death. Images of strength can never be that terrifying. It's the images of weakness that are a real apocalypse.

~Jenny Hval

When you're outside of genre, you can expose more vulnerability.

~Jenny Hval

If you believe that you have nothing to fight for, that just means the people in power, and the people with money, can sneak anything into your life. Everything can be taken away from you.

~Jenny Hval

I'm not in any way trying to make statements that are not also invaded by emotions and abstract ideas that I don't really understand myself. It's more interesting when I can do that.

~Jenny Hval

Gym is a center of capitalist breakdown, and everything is focused on the individual.

~Jenny Hval

On an emotional level, I don't want to be a guide. I want people to hear things and experience them their own way.

~Jenny Hval

I've never been good at being nostalgic, and I've never been able to focus on sound without having a voice that's very here-and-now.

~Jenny Hval

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