

Jenson Button Quotes

*Car, Thinking, Race, Fun, Sports, Want, Running, Needs, Winning, Feelings,
Selfish, Struggle, Might, Father, Careers, Morning, Trying, Ocean, Able,
Spending*

If I ever have a son, and if he wants to follow in my footsteps in Formula 1, my main responsibility will be to point out some of the negatives.

~Jenson Button

We all drive differently and have different styles. For me I need a car I can develop beneath me and feel comfortable in. If the car feels neutral and unbalanced it doesn't work for me.

~Jenson Button

To understand the intensity of driving an F1 car, you have to be in it.

~Jenson Button

It doesn't matter how much money you've got, or how many connections, there's always something you want that's out of reach.

~Jenson Button

I always think I should try to get to bed early, but then I can't stop myself from watching telly and fiddling around on the net.

~Jenson Button

I love cycling, running and swimming. In recent years I've competed regularly in triathlons, which means I don't find the physical side of driving a struggle any more.

~Jenson Button

My father did everything for me. He was awesome.

~Jenson Button

I haven't got the yacht any more. The cost of running it was crazy. But it was so much fun while I had it. I don't regret it.

~Jenson Button

When you're in a car which can win every race, or fight for a win every

race, that is pressure.

~Jenson Button

I like old tunes when I'm driving. They're fun and uplifting. Billy Ocean, that kind of thing.

~Jenson Button

My time at Honda was amazing. Some of my best times in Formula One, actually. I might not have won races, just one race, but I had a lot of fun.

~Jenson Button

I always sleep really well, particularly before a race, when the adrenaline's pumping.

~Jenson Button

Resting for me is fitness training.

~Jenson Button

I felt confident at 24, but I am a better driver now.

~Jenson Button

It doesn't matter who wins if I don't. I only care if I win. I'm jealous of anyone else who wins.

~Jenson Button

It is such a special feeling to win a grand prix.

~Jenson Button

In the car and in front of the camera I tend to be very calm but behind the scenes I can get fired up and passionate, I just don't see the need to shout my mouth off in public.

~Jenson Button

Women don't get the same opportunities that men get in racing, so they don't get to learn race craft.

~Jenson Button

When I do retire, I know for a fact that I'll never be able to replace the incredible feeling I get when I'm driving an F1 car.

~Jenson Button

I think fans of the sport have a good understanding now of how fit Formula One drivers need to be.

~Jenson Button

If I run I lose so much weight, which I need because you're limited on weight when you are a tall driver. And have you seen marathon runners? They're quite skinny.

~Jenson Button

I keep my weight low, although you need to be able to move your weight around the race car to change the balance. I'm 6ft and I'm 70kg so I haven't much fat on me.

~Jenson Button

I have made lots of mistakes in terms of contracts and spending money when I shouldn't have spent money.

~Jenson Button

Le Mans' is the only racing movie that is totally realistic.

~Jenson Button

In my hometown there is a pub named after me - The Frome Flyer on Jenson Avenue. How cool is that?!

~Jenson Button

I can't eat whatever I want, definitely not. I'm always controlled because

I do a lot of fitness and triathlons, not just Formula One, so I always make sure I eat the right things.

~Jenson Button

I'm world champion, baby!

~Jenson Button

You look back and you remember the good, the bad and the ugly

~Jenson Button

The fast, flowing parts, the high-speed corners, that's where a Formula One car is at its best - changes of direction, pulling high g-forces left and right.

~Jenson Button

When I'm on my own, I can be negative. I need my friends and family around to help pick me up if I've had a bad qualifying session. I think insecurity plagues a lot of sportspeople.

~Jenson Button

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