

# Jesse Owens Quotes

*Sports, Athlete, Running, Motivational, Inspirational, Winning, Jobs, Horse, Men, Success, Attitude, Friendship, Quilts, Determination, Hands, New York, People, Country, Fun, Games*

We all have dreams. But in order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline, and effort.

~Jesse Owens

Find the good. It's all around you. Find it, showcase it and you'll start believing in it.

~Jesse Owens

The battles that count aren't the ones for gold medals. The struggles within yourself - the invisible, inevitable battles inside all of us - that's where it's at.

~Jesse Owens

Although I wasn't invited to shake hands with Hitler, I wasn't invited to the White House to shake hands with the President either.

~Jesse Owens

The only victory that counts is the one over yourself.

~Jesse Owens

Friendships born on the field of athletic strife are the real gold of competition. Awards become corroded, friends gather no dust.

~Jesse Owens

One chance is all you need.

~Jesse Owens

A lifetime of training for just ten seconds.

~Jesse Owens

Running is real. It's all joy and woe, hard as diamond. It makes you weary beyond comprehension, but it also makes you free.

~Jesse Owens

Hitler didn't snub me - it was our president who snubbed me. The president didn't even send me a telegram.

~Jesse Owens

Only by God's grace have I made it to see today and only by God's grace will I ever see tomorrow.

~Jesse Owens

If you don't try to win you might as well hold the Olympics in somebody's back yard.

~Jesse Owens

I always loved running.... It was something you could do by yourself and under your own power.

~Jesse Owens

The lives of most men are patchwork quilts. Or at best one matching outfit with a closet and laundry bag full of incongruous accumulations. A lifetime of training for just ten seconds.

~Jesse Owens

When I passed the Chancellor he arose, waved his hand at me, and I waved back at him. I think the writers showed bad taste in criticizing the man of the hour in Germany.

~Jesse Owens

I realized now that militancy in the best sense of the word was the only answer where the black man was concerned, that any black man who wasn't a militant in 1970 was either blind or a coward.

~Jesse Owens

Awards become corroded, friends gather no dust.

~Jesse Owens

The only bond worth anything between human beings is their humanness.

~Jesse Owens

The road to the Olympics, leads to no city, no country. It goes far beyond New York or Moscow, ancient Greece or Nazi Germany. The road to the Olympics leads "in the end" to the best within us.

~Jesse Owens

I let my feet spend as little time on the ground as possible. From the air, fast down, and from the ground, fast up.

~Jesse Owens

People come out to see you perform and you've got to give them the best you have within you.

~Jesse Owens

It all goes so fast, and character makes the difference when it's close

~Jesse Owens

If you don't try to win you might as well hold the Olympics in somebody's back yard. The thrill of competing carries with it the thrill of a gold medal. One wants to win to prove himself the best.

~Jesse Owens

I fought, I fought harder . . . but one cell at a time, panic crept into my body, taking me over.

~Jesse Owens

I decided I wasn't going to come down. I was going to fly. I was going to stay up in the air forever.

~Jesse Owens

He was constantly on me about the job that I was to do and the

responsibility that I had upon the campus. And how I must be able to carry myself because people were looking.

~Jesse Owens

It dawned on me with blinding brightness. I realized: I had jumped into another rare kind of stratosphere - one that only a handful of people in every generation are lucky enough to know.

~Jesse Owens

I had four gold medals, but you can't eat four gold medals.

~Jesse Owens

For a time, at least, I was the most famous person in the entire world.

~Jesse Owens

It was bad enough to have toppled from the Olympic heights to make my living competing with animals. But the competition wasn't even fair. No man could beat a race horse, not even for 100 yards.

~Jesse Owens

We used to have a lot of fun. We never had any problems. We always ate. The fact that we didn't have steak? Who had steak?

~Jesse Owens

Life doesn't give you all the practice races you need.

~Jesse Owens

To a sprinter, the hundred-yard dash is over in three seconds, not nine or ten.

~Jesse Owens

It's like having a pet dog for a long time. You get attached to it, and when it dies you miss it.

~Jesse Owens

I'd noticed him watching me for a year or so, especially when we'd play games where there was running or jumping.

~Jesse Owens

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