Basketball, Thinking, People, Important, Dream, Giving, Sports, Cancer, Giving
Up, Motivational, Laughing, Inspirational, Laughter, Moments, Ordinary,
Children, Hard Work, Nba, Motivational Sports, Accomplish

My father gave me the greatest gift anyone could give another person, he believed in me.

~Jim Valvano

In every single day, in every walk of life, ordinary people do extraordinary things. Ordinary People accomplish Extraordinary things.

~Jim Valvano

Nothing has ever been accomplished in any walk of life without enthusiasm, without motivation, and without perseverance.

~Jim Valvano

Cancer can take away all of my physical abilities. It cannot touch my mind, it cannot touch my heart, and it cannot touch my soul.

~Jim Valvano

Life changes when you least expect it to. The future is uncertain. So, seize this day, seize this moment, and make the most of it.

~Jim Valvano

How do you go from where you are to where you wanna be? And I think you have to have an enthusiasm for life. You have to have a dream, a goal. And you have to be willing to work for it.

~Jim Valvano

If you laugh, you think, and you cry, that's a full day. That's a heck of a day. You do that seven days a week, you're going to have something special.

~Jim Valvano

I asked a ref if he could give me a technical foul for thinking bad things about him. He said, of course not. I said, well, I think you stink. And he gave me a technical. You can't trust em.

~Jim Valvano

There are 86,400 seconds in a day. It's up to you to decide what to do with them.

~Jim Valvano

Never give up! Failure and rejection are only the first step to succeeding.

~Jim Valvano

Don't give up. Don't ever give up.

~Jim Valvano

A person really doesn't become whole, until he becomes a part of something that's bigger than himself.

~Jim Valvano

I just got one last thing, I urge all of you, all of you, to enjoy your life, the precious moments you have. To spend each day with some laughter and some thought, to get you're emotions going.

~Jim Valvano

You need to have a dream, a goal, and you must be willing to work hard.

~Jim Valvano

Never give up...never ever give up.

~Jim Valvano

No matter what business you're in, you can't run in place or someone will pass you by. It doesn't matter how many games you've won.

~Jim Valvano

I will thank God for the day and the moment I have.

~Jim Valvano

The greatest gift you can give your children is to believe in them.

~Jim Valvano

Be a dreamer. If you don't know how to dream, you're dead.

~Jim Valvano

But try if you can to support, whether it's AIDS or the cancer foundation, so that someone else might survive, might prosper, and might actually be cured of this dreaded disease.

~Jim Valvano

Enjoy your life, the precious moments you have.

~Jim Valvano

People think I have courage. The courage in my family are my wife Pam, my three daughters, here, Nicole, Jamie, LeeAnn, my mom, who's right here too.

~Jim Valvano

Conceive the inconceivable - then accomplish it.

~Jim Valvano

Other people go to the office. I get to coach. I know I've been blessed.

~Jim Valvano

To find the unlimited scope of human possibility, look within yourself.

~Jim Valvano

I made a ridiculous statement when I first went to North Carolina State. I said I know basketball down there was like life or death. It was very wrong. It's more important.

~Jim Valvano

If you laugh, you think, and you cry, that's a full day.

~Jim Valvano

Spend each day with some laughter and some thought, to get you're emotions going.

~Jim Valvano

Coaches are basically schizophrenic. We are pessimistic to the press and among fellow coaches, but to our team, we are the eternal optimists.

~Jim Valvano

It's so important to know where you are.

~Jim Valvano

Now I'm fighting cancer, everybody knows that. People ask me all the time about how you go through your life and how's your day, and nothing is changed for me.

~Jim Valvano

Know where you have been, where you are now and where you want to be

~Jim Valvano

All really successful coaches have a system.

~Jim Valvano

And if you see me, smile and maybe give me a hug. That's important to me too.

~Jim Valvano

Now, I look at where I am now and I know what I wanna to do. What I would like to be able to do is to spend whatever time I have left and to give, and maybe some hope to others.

~Jim Valvano

Why shouldn't I milk it? We're an agricultural institution.

~Jim Valvano

We win or the alumni bash in our teeth. (On the dental plan at NC State)

~Jim Valvano

We need your help. I need your help. We need money for research. It may not save my life. It may save my children's life. It may save someone you love. And it's very important.

~Jim Valvano

I can't tell you what an honor it is, to even be mentioned in the same breath with Arthur Ashe. This is something I certainly will treasure forever.

~Jim Valvano

I talked about my family, my family's so important.

~Jim Valvano

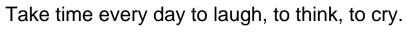
Each day, be sure to laugh, to think, to cry; that's one heckuva full day.

Are you saying that the assistant had the answers all along, he just wasn't telling anyone?

~Jim Valvano

We have a very intelligent team. I've had clubs that when you tell a guy to go back door, he leaves the gym. Or you tell the team you're going to have a closed practice and eight guys don't show up.

~Jim Valvano



~Jim Valvano

Every day ordinary people do extra-ordinary things!

~Jim Valvano

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