

Jo Coudert Quotes

*People, Self, World, Men, Cooking, Thinking, Past, Trying, Love Is, Long,
Running, Used, Being Single, Self Esteem, Treats, Believe, Meaningful, Heart,
Affirmation, Appreciate*

In order to plan your future wisely, it is necessary that you understand and appreciate your past.

~Jo Coudert

You do not need to be loved, not at the cost of yourself. Of all the people you will know in the lifetime, you are the only one you will never leave or lose.

~Jo Coudert

You do not need to be loved, not at the cost of yourself. The single relationship that is truly central and crucial in a life is the relationship to the self.

~Jo Coudert

Every life is a dilemma that must be solved by the person living it.

~Jo Coudert

There is no way of steering successfully between a failed situation and a failed self except by stopping and taking our bearings.

~Jo Coudert

If life is envisioned as a continuously running motion picture, the keeping of a notebook stops the action and allows a meaningful scene to be explored frame by frame.

~Jo Coudert

The divorced person is like a man with a black patch over one eye: he looks rather dashing but the fact is that he has been through a maiming experience.

~Jo Coudert

Men fear being used; women fear being used up.

~Jo Coudert

Most people ask of their friends that they understand them, but, on balance, I think I prefer a friend who understands himself.

~Jo Coudert

It is one of those quirks of human nature that you love the person whom you treat well, not necessarily the person who treats you well.

~Jo Coudert

People who are good to each other make each other good.

~Jo Coudert

We find what we expect to find. We do not see the world as it is but as we are.

~Jo Coudert

To live with the terrible truths about ourselves is the only way of not living them out. A need denied has infinitely more power than a need accepted.

~Jo Coudert

We can win the struggle to avoid responsibility for our personal lives, but if we do, what we lose is our lives.

~Jo Coudert

At what age should one marry? As a rule of thumb, perhaps not until you are past the age of feeling strongly that you must marry.

~Jo Coudert

Self-affirmation cannot be found in love; it is a prior condition of genuine love.

~Jo Coudert

The more deeply the path is etched, the more it is used, and the more it is used, the more deeply it etched.

~Jo Coudert

cookbooks, I found, are intended for people with time to cook - and, surprisingly often, for people who already know how to cook.

~Jo Coudert

Operating in an unlit world, the unconscious mind is a brilliant detective.

~Jo Coudert

Hardening of the hearteries is the most serious affliction besetting marriage, and warm, good-humored, approving words are the only effective preventive.

~Jo Coudert

It is possible to ruin a chicken in the cooking of it, but not easily. Short of burning it or letting it get dried out, you can hardly go wrong.

~Jo Coudert

Affection may be abiding and love may be abiding, but the state of being in love is transitory.

~Jo Coudert

While it is necessary to eat and therefore it is pleasantest to eat food that looks handsome and tastes good, on the other hand there are things I would far rather do than spend time in a kitchen.

~Jo Coudert

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