

# Joan Van Ark Quotes

*Running, Want, Character, Soap, Play, Jobs, Mind, Names, Inspirational  
Running, Conscious, Realizing, Comedy, Taught, Colorado, Presbyterians,  
Marathon, Cheating, Years, Oxygen, House*

When youre on a long running series, you reach a very rarefied, high oxygen area and after a while to keep a show on the air they have to make some very drastic changes.

~Joan Van Ark

When two characters or two actresses are together for a while there is bound to be chemistry developing.

~Joan Van Ark

I had been doing plays in New York and on a whim we packed up and moved West, I started doing commercials and plays and guest star spots on TV and one thing led to another and I got Knots Landing.

~Joan Van Ark

I want to play trailer trash; I swear to God.

~Joan Van Ark

When I'm not involved in an acting job I try to run 10 miles a day.

~Joan Van Ark

I need to run every day. If I don't I feel cheated.

~Joan Van Ark

My brother Mark still lives in the house we grew up in.

~Joan Van Ark

A couple of years ago I ran in the LA Marathon.

~Joan Van Ark

Running is a great way to relieve stress and clear the mind.

~Joan Van Ark

Running is my church.

~Joan Van Ark

I'm Presbyterian and I don't go to church very much.

~Joan Van Ark

David Jacobs is a great influence on my life, has taught me so much about so many things.

~Joan Van Ark

You've got to realize that any lady on a soap is devoting her life to it, 24/7.

~Joan Van Ark

So I had all the names, three names, and that's good to have on a soap.

~Joan Van Ark

Joan of Arc is my namesake. I played her character while still in my teens, at a music festival held at the University of Colorado in Boulder.

~Joan Van Ark

I still want to do a comedy series.

~Joan Van Ark

Maybe some of my quest for success comes from Joan of Arc but theres no conscious part of Catholicism in my life.

~Joan Van Ark

**Related Links:**

- Running Quotes
- Want Quotes
- Character Quotes
- Soap Quotes
- Play Quotes
- Jobs Quotes
- Mind Quotes
- Names Quotes
- Inspirational Running Quotes
- Conscious Quotes
- Realizing Quotes
- Comedy Quotes
- Taught Quotes
- Colorado Quotes
- Presbyterians Quotes
- Marathon Quotes
- Cheating Quotes
- Years Quotes
- Oxygen Quotes
- House Quotes