

# Joan Walsh Anglund Quotes

*Teacher, Kids, Education, Friendship, Love Is, Knows, Heart, Helping, Support,  
Figures, Healing, Yesterday, Shadow, Capes, Night, Inspirational, College, Wall,  
War, Rivers*

A man's health can be judged by which he takes two at a time: pills or stairs.

~Joan Walsh Anglund

A small speckled visitor  
Wearing a crimson cape  
Brighter than a cherry  
Smaller than a grape  
A polka-dotted someone  
Walking on my wall  
A black-hooded lady  
In a scarlet shawl.

~Joan Walsh Anglund

Adversity often activates a strength we did not know we had.

~Joan Walsh Anglund

Love comes quietly... / but you know when it is there.

~Joan Walsh Anglund

Friendship is like a rose. . . opening one petal at a time, only as it unfolds. . . day by day it reveals its true beauty.

~Joan Walsh Anglund

The only educational aspect of television is that it puts the repair man's kids through college.

~Joan Walsh Anglund

A brook can be a friend in a special way. It talks to you with splashy gurgles. It cools your toes and lets you sit quietly beside it when you don't feel like speaking.

~Joan Walsh Anglund

Love comes quietly... but you know when it is there because suddenly... you are not alone anymore... and there is no sadness in you.

~Joan Walsh Anglund

Like all good teachers, the world repeats her lesson. Over and over ...with wordless variety... She spells the name of Love.

~Joan Walsh Anglund

The best way to help yourself is to help someone else.

~Joan Walsh Anglund

Color is something we see with our eyes, but love is something we see with our heart.

~Joan Walsh Anglund

Peace is the harvest of love as war is the fruit of hate.

~Joan Walsh Anglund

Where is the yesterday that worried us so.

~Joan Walsh Anglund

Life is in the living. Love is in the giving.

~Joan Walsh Anglund

Friendships begin because, even without words, we understand how someone feels.

~Joan Walsh Anglund

Do not be sad that you have suffered, be glad that you have lived.

~Joan Walsh Anglund

Faith is the staff that will support you over the rockiest terrain.

~Joan Walsh Anglund

Influence: What you think you have until you try to use it.

~Joan Walsh Anglund

I used to keep my college roommate from reading my personal mail by hiding it in her textbooks.

~Joan Walsh Anglund

Between loving friends there need be no secrets . . . the trusting heart is always safe with another who truly cares.

~Joan Walsh Anglund

We dwell in shadow or in sunlight . . . according to our belief.

~Joan Walsh Anglund

A poet wants only one small stone on which to carve his life.

~Joan Walsh Anglund

Chris Christie was going to save the party from a figure like [Donald] Trump. He was going to save the party. That didn't happen. And now, he's with Trump.

~Joan Walsh Anglund

Your strength lies in your Hope. Your salvation lies in your Faith.

~Joan Walsh Anglund

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