

John Cassian Quotes

*Christian, Heart, Humility, Spiritual, Men, Father, Eye, Reading, Fire, Soul,
Prayer, Blessed, Mean, Brother, Kings, Fall, Jesus, Taken, Age, Teaching*

...whoever is guided solely by his own judgment and decision will never climb up to the summit of perfection and will not fail to be the victim of the devil's ruinous power to delude.

~John Cassian

The bond between friends cannot be broken by chance; no interval of time or space can destroy it. Not even death itself can part true friends.

~John Cassian

...we should realize that there are three sources for our thoughts - God, the devil, and ourselves.

~John Cassian

The Doctor of our souls has placed the remedy in the hidden regions of the soul.

~John Cassian

True knowledge is found only among those genuinely worshiping God.

~John Cassian

No structure of virtue can possibly be raised in our soul unless, first, the foundations of true humility are laid in our heart.

~John Cassian

A clear rule for self-control handed down by the Fathers is this: stop eating while still hungry and do not continue until you are satisfied.

~John Cassian

In proportion as the ardor of divine love brings you nearer to God, so will a larger concourse of saintly brethren flock to you. For, as the Lord says, 'A city set on a hill cannot be hid' (Mt. 5:14).

~John Cassian

It is a bigger miracle to be patient and refrain from anger than it is to

control the demons which fly through the air.

~John Cassian

No other virtue makes man more equal to the angels, than the imitation of their way of life.

~John Cassian

It is by means of these that we attain perfect love, through the grace and compassion of our Lord Jesus Christ, to whom be glory through all the ages. Amen.

~John Cassian

The thief who received the kingdom of heaven, though not as the reward of virtue, is a true witness to the fact that salvation is ours through the grace and mercy of God.

~John Cassian

Humility, in its turn, can be achieved only through faith, fear of God, gentleness and the shedding of all possessions.

~John Cassian

All of our holy fathers knew this and all with one accord teach that perfection in holiness can be achieved only through humility.

~John Cassian

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- Mean Quotes
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