

John Daido Looori

Quotes

*Creativity, Creating, Mean, Spring, Missing, Reality, Thinking, Expression,
Special, Fall, Silence, Emptiness, Music, Teaching, Illumination, Creatures,
Sitting, Way, Beauty, Members*

The creative process, like a spiritual journey, is intuitive, non-linear, and experiential. It points us toward our essential nature, which is a reflection of the boundless creativity of the universe.

~John Daido Looi

The future doesn't exist. It hasn't happened yet. The past doesn't exist. It has already happened.

~John Daido Looi

If you miss the moment, you miss your life.

~John Daido Looi

To be still means to empty yourself from the incessant flow of thoughts and create a state of consciousness that is open and receptive.

~John Daido Looi

There is no place to search for the truth. Though it's right beneath your feet, it can't be found.

~John Daido Looi

To know objects only through dissecting and cataloguing them is to miss their full reality. It is to fall asleep amidst the mystery and to become numb to the wonder of this great Earth.

~John Daido Looi

In the action of no-action (wu-wei), a cardinal aspect of the true creative process is set forth. In wu-wei, the mind is silenced and the work is allowed to express itself.

~John Daido Looi

It is possible to do something, and to do something meticulously and completely with out creating a goal... all nature works this way.

~John Daido Looi

What transpires for the least significant member transpires at once for the whole.

~John Daido Looi

Words and ideas are a description of reality, silence is a negation of reality. What is the reality itself?

~John Daido Looi

Zen is a special transmission outside the scriptures, With no reliance on words and letters. A direct pointing to the human mind, And the realization of enlightenment.

~John Daido Looi

Creativity is our birthright. It is an integral part of being human, as basic as walking, talking and thinking.

~John Daido Looi

No creature, large or small, ever fails to cover the ground upon which it stands.

~John Daido Looi

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