

John Feldmann Quotes

*Thinking, Grateful, Love Of My Life, Matter, Work Out, Artist, Kids, Morning,
Each Day, Stress, Life Changing, Would Be, Yoga, Life Lesson, Song,
Breathing, Coffee, Fighting, Architect, Vulnerable*

I believe animals should be respected as citizens of this earth. They should have the right to their own freedom, their own families, and their own life.

~John Feldmann

Whether I'm stressed out or angry or happy or depressed - however I feel, I say "I love my life," no matter what. That usually keeps me centered.

~John Feldmann

How do I not get so wrapped up in what I think needs to happen? Going with the flow is the way to do it.

~John Feldmann

Nothing is for sure. Change is the only thing that is the absolute.

~John Feldmann

As an artist and a songwriter myself, I like to feel connected to modern culture and watch how sounds change.

~John Feldmann

I love just going out; long drives, the ocean, my kids, new music, new gear, new plug-ins, coffee, and donuts at four in the morning. Even just waking up and writing.

~John Feldmann

I've learned that each day is definitely a gift.

~John Feldmann

I do pranayama breathing now as a meditation, and that's very helpful. Meditating changed my life.

~John Feldmann

Walking my dogs, playing with my kids - all of that is really good stuff to

keep me centered.

~John Feldmann

I meditate every day for between ten to twenty minutes. Every morning, I work out and go to the gym for an hour. I pray to the architect that designed me. I'm grateful.

~John Feldmann

I learned that once it's over, it's really over, and to not take anything for granted.

~John Feldmann

I pray to the architect that designed me. I'm grateful.

~John Feldmann

Life will always change, and I'm always thinking about how to have a good-enough attitude to roll with the changes of life, of an ever-changing landscape.

~John Feldmann

I try to remember at least twenty to thirty things I'm grateful for every day, and I share those with at least one person that I am super grateful for.

~John Feldmann

Yoga really helped with stress relief and just not hurting myself when I tour. It really was super helpful.

~John Feldmann

I've learned that each day is definitely a gift. When my dad died, I made sure I said everything to him. I realized that once he's gone, he's gone. No matter how angry or resentful or whatever.

~John Feldmann

Talking about adversity that I've walked through in my own life or hearing an artist talk about their own adversity makes me feel vulnerable.

~John Feldmann

My kids and my wife make me feel vulnerable.

~John Feldmann

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- Stress Quotes
- Life Changing Quotes
- Would Be Quotes
- Yoga Quotes
- Life Lesson Quotes
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