Apology, Moving, Way, Practice, Struggle, Home, Mean, Loses, Opportunity, Signals, Eye, Heart, Abstract, Realizing, Sound, Inherent, Redemption, Tasks, Courageous, Answers

You don't have to see eye-to-eye to walk hand-in-hand. You just have to want to go in the same direction.

~John Kador

Progress occurs one apology at a time.

~John Kador

Apology sends the clearest signal that we have the strength of character to reconcile ourselves with the truth.

~John Kador

An effective apology contains within it the answer to the question, "How am I to be held accountable?"

~John Kador

An effective apology focuses more on compassion for the victim than redemption for the offender.

~John Kador

Apologies have more power than most of us realize to restore strained relationships, free us from vengeful impulses, and create possibilities for growth.

~John Kador

Apology is both transactional, in that it restores what has been broken to what it was before, and transformational, in that it creates opportunities that didn't exist before.

~John Kador

When I accept an apology it means that the part in me that honors our relationship honors the part in you that honors our relationship.

~John Kador

You can't talk your way out of a situation you acted you way into.

~John Kador

Accepting the apology signals the acknowledgment of a need to move forward, but not necessarily together.

~John Kador

Apology is the most courageous gesture we can make to ourselves.

~John Kador

Apology may be scorned, but it retains its inherent value.

~John Kador

We value apology in the abstract, but turn our backs on it in practice.

~John Kador

The purpose of apology is to extend ourselves in such a way that relationships become deeper, and life becomes richer and more human in the process.

~John Kador

An apology informed is good; an apology performed is better.

~John Kador

We rarely wrestle with apology and lose.

~John Kador

Apology is the practice of extending ourselves because we value the relationship more than we value the need to be right.

~John Kador

When we apologize we end our struggle with history.

~John Kador

Apology calls for a willingness to sacrifice on behalf of the wronged

party and the inherent value of the relationship, not for what it brings to you but for what you can bring to it.

~John Kador

No apology is equal to the task set before it.

~John Kador

"I would like to apologize" may sound like an apology, but it is no more an actual apology than saying "I would like to lose weight" makes you suddenly slimmer.

~John Kador

Apology is not for the faint of heart, but then, neither is life.

~John Kador

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