

John Kessel Quotes

*Sports, Volleyball, Player, Team, Games, Leadership, Winning, Play, Heart,
Mistake, Thinking, Practice, Giving, Shapes, Athlete, People, Simple, Eye, Two,
Errors*

Volleyball is like going to church ... many attend, but few understand.

~John Kessel

Profit by your own mistakes and profit by the mistakes of others. The referees were calling ball handling violations like they were getting commissions.

~John Kessel

There are three choices in life and sport - either you do it, you don't do it or you think about it. Most humans think about it. We will do it.

~John Kessel

Play your heart out each game, so you can look your teammates in the eyes and ask, without saying it, 'I played full out, did you?'

~John Kessel

Never mishandle hope or self-confidence - those are elements of life, not just a game.

~John Kessel

Good players win volleyball games for you, not tall players.

~John Kessel

Never back down, never fear anyone, for the best opponents will help you to play your best.

~John Kessel

Too many players are so afraid to do anything that they seldom venture to do anything.

~John Kessel

Most of us are referees at heart; we like to call throws and errors on someone else.

~John Kessel

Being left-handed has its advantages in volleyball. Few people know enough about your spike and serve to give you advice.

~John Kessel

The pessimistic coach complains about the play. The optimistic coach expects it to change. The realistic coach adjusts what he can control.

~John Kessel

An advantage to volleyball is that you have a scoreboard to tell how you have done as a team. The thing is, in life there is no scoreboard, at least not one that you can see.

~John Kessel

Nothing makes a player more productive than the last minute.

~John Kessel

Volleyball rules are simple. If it is on the floor, pick it up and get it into the air. If it is in the air, keep it off the floor. —

~John Kessel

The sport of volleyball will never give you something that you can't handle; whether you do handle it is another question.

~John Kessel

Focus on winning the contest with yourself.

~John Kessel

Less effort in this game makes more results.

~John Kessel

In volleyball there are many reasons for errors but not a single excuse.

~John Kessel

No jockey ever won a race by carrying the horse across the finish line;

no coach ever won a volleyball match by touching the ball during play.

~John Kessel

Players need you to care, especially when they do not deserve it.

~John Kessel

Use volleyball quotes to motivate your teammates to play hard.

~John Kessel

Ethics is for people with full bellies.

~John Kessel

False teammates are like our shadows. They keep close to us when we are all walking in the sunshine, but they are gone the instant we just go into the shade, let alone the darkness.

~John Kessel

If you are serious about volleyball, the only months to stop playing are those without a vowel.

~John Kessel

Trying simply provides an excuse for not doing.

~John Kessel

The wise coach takes all the heat when his players lose, and gives them all the credit when they win.

~John Kessel

Study hard, practice hard, play ferociously.

~John Kessel

A coach must sometimes see players with his heart, and hear them with his eyes.

~John Kessel

There are two basic situations in volleyball - either you got the ball or you don't.

~John Kessel

It is ok to err, but it is not ok to stop playing; it is ok to lose, but it is not ok to give up.

~John Kessel

There is no such thing as 'staying in shape;' you either work to get better, or you allow yourself to get worse.

~John Kessel

Think positive, real volleyball happens too fast to think any other way.

~John Kessel

Kids on a team are like flowers in a bouquet, there is always one that wants to face a different way than the arranger desires.

~John Kessel

There is nothing less important in life than the score after one game of a two out of three game match.

~John Kessel

Work hard - beat out half the team. Be committed, play fair as a team player - Beat out another quarter of the team. The last quarter is your desire and beliefs, and where you are playing.

~John Kessel

Don't ask yourself what you did wrong; ask yourself what you did right.

~John Kessel

The kind of player who has turned his game around, he used to be lousy and lazy and now he is lazy and lousy.

~John Kessel

Shared victory is a double victory, shared defeat is half-defeat.

~John Kessel

Alter strategies and tactics, but never your principles.

~John Kessel

Coaches must be flexible, for then they won't get bent out of shape.

~John Kessel

Most volleyball players are made in the winter, spring and summer, for come fall, everyone practices equal time.

~John Kessel

Coaches need to have the ability of tact - to teach the team to rub out mistakes rather than to rub them in.

~John Kessel

Too many coaches have too big a mouth and not big enough ears.

~John Kessel

You can be harsh on your players and still coach, but it is easier when you are kind to them.

~John Kessel

If there is something a coach might wish to see changed in a player or team, the first place to check and see if it could not be done better is in yourself.

~John Kessel

The meaning of volleyball, is to give meaning to volleyball, as the meaning of coaching is to give meaning to coaching.

~John Kessel

You must allow your players to become the athletes they can be. Don't

make them into anything just to become the kind of winners fans, friends and others think they must be.

~John Kessel

The substitute that thinks his place below him, will certainly be below his place.

~John Kessel

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