

Jon Foreman

Quotes

*Song, Thinking, Mean, Writing, Pain, World, Beautiful, Believe, Fighting,
Running, Looks, Music Is, Heart, Sunset, Different, Ocean, People, Our World,
Want, Ideas*

I think sunrises are rarer for me, but sunset is my favourite time of day.

~Jon Foreman

Happiness is like peeing in your pants. Everyone can see it, but only you can feel the warmth.

~Jon Foreman

Your story matters, who you are matters, tonight matters, none of it is an accident. You were born for the blue skies.

~Jon Foreman

My challenge is, do not run away from the hard questions. Truly ask yourself what's worth living for in this life.

~Jon Foreman

If we spend our time obsessing with the future or regretting the past, then we will never live. Tomorrow will always be tomorrow and yesterday cannot be changed.

~Jon Foreman

When our world falls apart and we have no more faces to wear - that's when it's beautiful, and that's when we change.

~Jon Foreman

IF YOU APPROACH THE WORLD WITH THE APRON OF A
SERVANT, THEN YOU ARE ALLOWED TO GO PLACES THAT YOU
CAN'T GO IF YOU APPROACH IT WITH THE CROWN OF A KING

~Jon Foreman

From the shore, the ocean is forever. It's a beautiful, dangerous place. Music is tied to the sea, born from the struggle, looking for hope. Because hope belongs in the dark places.

~Jon Foreman

I don't think we can solve the outside problems until we solve the ones within.

~Jon Foreman

Eventually everything fails me, but when I look at the sunset or the sky, I'm reminded what it's like to be alive.

~Jon Foreman

It was a beautiful letdown, the day I knew, that all the riches this world had to offer me, will never do.

~Jon Foreman

If you truly love someone, you're going to be pure because true love comes from God, and God tells us to remain pure. That's good enough for me.

~Jon Foreman

Don't be discouraged, but know that suffering produces perseverance, perseverance brings character, and character brings hope, and this is a hope which will not disappoint us.

~Jon Foreman

I want to be a compassionate soul, finding worth and beauty in the worlds around me and within me, attempting to sing a transcendent tune with my temporal position in this life.

~Jon Foreman

All music is worship. It just depends on what you're worshipping.

~Jon Foreman

The shadow proves the sunshine.

~Jon Foreman

That's what life is, a continual state of journey. You are a river passing

downstream.

~Jon Foreman

I think of myself as more of a lover rather than a fighter, but sometimes you have to fight for what you love.

~Jon Foreman

Sometimes the things that hurt are worth the pain.

~Jon Foreman

The kingdom of heaven is comprised of the broken, the fatherless, the poor, the starving. Nothing that could create good ratings for NBC.

~Jon Foreman

The life, when we're aware of beauty, is kind of a bittersweet thing, it's a transient reminder of eternal beauty, which someday we will be face to face with.

~Jon Foreman

Music is what I do; Christ is why I do it.

~Jon Foreman

There are tears that shine like a smile, sobbing like a sunrise for the truth.

~Jon Foreman

The beauty of what I read in the gospel is the intimacy of what we're called to, that there's no middle man.

~Jon Foreman

Hope is not something you can just place in your back pocket or put your fingers around - it's the belief in a world that has yet to exist.

~Jon Foreman

Maybe truth is not something that I can possess. Maybe truth is something which possesses me.

~Jon Foreman

If it doesn't break your heart it isn't love

~Jon Foreman

Faith, hope, and love remain. But the greatest of these is love.

~Jon Foreman

Nothing stays together without a fight.

~Jon Foreman

Anything worth doing in this world is incredibly difficult to do.

~Jon Foreman

My dying planet needs to see what the body of Christ looks like.

~Jon Foreman

I'm always thinking about songs, I'm thinking of life maybe a little bit more lyrically than a computer programmer or someone like that.

~Jon Foreman

Our world spins upside down and sometimes we have to lose our grip on the things we value in this life in order to grab on to true life.

~Jon Foreman

In my opinion, the best way of showing someone the best way to live life is by living it.

~Jon Foreman

There are certain songs that I like to listen to at certain times of the day. For example, first thing in the morning I love listening to "Flamenco Sketches" off of Miles Davis' Kind of Blue.

~Jon Foreman

The tendency in today's culture is to want to be a 'star', but I want to be a servant.

~Jon Foreman

I have horrible acting ability. I can only be one thing and that's it. So for better, for worse, that's all I've got to offer is me. I've got nothing else.

~Jon Foreman

When life hands you lemons, you make lemonade. But when life hands you hurricanes, you go surfing.

~Jon Foreman

If we truly believe in an all-powerful God, then there's going to be beauty and truth to be found in all sorts of different places.

~Jon Foreman

If you can have a couple of tight friends that you can tell things to, that you can say, 'Hey, this is what I'm struggling with,' and then pray and talk about it, then that's an incredible thing.

~Jon Foreman

Hope is not a substitute for pain. Hope is in spite of pain.

~Jon Foreman

Let no debt remain outstanding, except the continuing debt to love another.

~Jon Foreman

I look for places where there's no one out on the water. I'd rather surf a wave to myself than fight a crowd.

~Jon Foreman

We were meant to live for so much more.

~Jon Foreman

There's a time to be silent - to build up a reason to sing again.

~Jon Foreman

I've experienced more sunrises with my bandmates and friends out on the road than with my wife, because we're always up at these strange times in the mornings trying to catch a plane.

~Jon Foreman

I do have an obligation, however, a debt that cannot be settled by my lyrical decisions. My life will be judged by my obedience, not my ability to confine my lyrics to this box or that.

~Jon Foreman

Think deeply about life, it's worth it!

~Jon Foreman

For me songs are born out of the gray space, the things I don't fully understand, the things that I can't put in my pocket.

~Jon Foreman

Let me know that you hear me, let me know Your touch, let me know that You love me, and let that be enough

~Jon Foreman

It's a good thing my parents named me Jon because that's what everyone calls me.

~Jon Foreman

I wanna be a part of the generation that throws out money, throws out time, throws out all that we are against something bigger than ourselves.

~Jon Foreman

I'm very reluctant to put my words into God's mouth.

~Jon Foreman

It's a great thing to see the strength of simplicity.

~Jon Foreman

Most of the time a spark of beauty or truth will start a fire of a song but fires rarely produce goodness on their own ... you need to control them and put them to work.

~Jon Foreman

Jesus Christ's mercy and power indwells us and gives us the strength to make a positive difference.

~Jon Foreman

Life is a battlefield. I don't have enough time on the planet to play games.

~Jon Foreman

Live rather than talk. Talk is cheap and the tabloids scream about it every day.

~Jon Foreman

Information has become king, whereas wisdom should be king and there is a big difference between the two.

~Jon Foreman

I try to write songs just for the song itself. I don't try and think about where it's going to end up, that way you're writing for the good of the song.

~Jon Foreman

The truth will set you free, but it's only slightly less scary than hell and a whole lot harder to get there.

~Jon Foreman

Pain is a common emotion in many of my songs mainly because I often don't know other ways to express it adequately. In my songs I wrestle with the things that I don't understand.

~Jon Foreman

You want songs to sound cohesive with the other songs on the record but when you first start writing you just want to write to tell the truth.

~Jon Foreman

Why is it that everything is collapsing if gravity is pulling us together?

~Jon Foreman

Usually for me, the melodic structures come out in the water and the lyrical ideas could come from a book I'm reading.

~Jon Foreman

The song can be a little bit more of the mystery and leave the whole thing open ended. But there's something really gratifying about saying exactly what you mean.

~Jon Foreman

The biggest problem facing our world today is a lack of hope and a lack of meaning. [It's] basically just a postmodern world in which there is no right or wrong, no better or worse.

~Jon Foreman

Well, the funny thing is, you are never the same person that you were the day before.

~Jon Foreman

The unasked questions are the most dangerous to answer.

~Jon Foreman

I like to write on airplanes... that forced meditation time when you have nothing else to do, so your mind is allowed to go to places it wouldn't otherwise go.

~Jon Foreman

Just as drowning cannot be equated with swimming, mere existence is not the same as abundant life. We have been offered a new way to live - a new way to be human.

~Jon Foreman

Life tears at us and scars us as children so we adopt facades and masks to hide this part of us, to keep this sacred part of ourselves from the pain.

~Jon Foreman

I love the idea that you can create a world through song.

~Jon Foreman

Music is a handshake where I, as a songwriter, am only part of the equation. I love that, the fact that you can make the song your own.

~Jon Foreman

I began thinking about the idea of a 24 hour concert. What if you tied songs to certain hours of the day - creating a 24 hour world of lyric and melody. So that was the inspiration for this project.

~Jon Foreman

My best sunsets are always going to be in my home town, San Diego. Watching the sunset from the Pacific knowing that you're sleeping in your own bed, there's something special about that.

~Jon Foreman

If comparison is the thief of joy, then our culture is being robbed blind.

~Jon Foreman

There are a lot of similarities between music and surfing. There's a rhythm to both of them and with sound waves and ocean waves, you see patterns, plus the breathing is all part of it.

~Jon Foreman

I've always been fascinated with the strong emotional ties that music can have. A song can bring you back to a place or a season of life like no other art form can.

~Jon Foreman

Please be slow to judge "brothers" who have a different calling.

~Jon Foreman

Inside all of us, we know the truth of life that there's something more than the next new cell phone or gadget or relationship and that our heart beats in time with the sunset.

~Jon Foreman

As far as when I'm writing a song, I think I'm writing first and foremost for myself.

~Jon Foreman

I used to think that great art happened without argument, and maybe that's not the case. Maybe the things that are most important in this life, you have to fight for.

~Jon Foreman

I think surfing and music are both places of release and self expression where there are no rules, and you can find a different form of freedom that you can't anywhere else.

~Jon Foreman

I try to surf everyday or at least go for a walk on the beach if the waves are flat. The more I travel, the more I appreciate where I live and the ocean.

~Jon Foreman

There's nothing that you can sell me that can make me happy.

~Jon Foreman

Music is admitted under the skin without permission.

~Jon Foreman

I'm not really one to be on camera, I'd rather be writing songs.

~Jon Foreman

Celebrity is a currency with an exchange rate almost as strong as anonymity.

~Jon Foreman

Switchfoot is a surfing term! To switch your feet means to take a new stance facing the opposite direction. It's about change and movement, a different way of approaching life and music.

~Jon Foreman

I simply want the music to find its way to open-minded people.

~Jon Foreman

I love a good pop song. I have no problem with the concept of doing that sort of thing. For me, it's usually what I'm inspired by, what I'm thinking about.

~Jon Foreman

Music will always be judged by our subjective ears.

~Jon Foreman

If you're leaving your family behind, you better believe in what you're singing.

~Jon Foreman

Your faith is what you do daily, you can't separate your heart from your body and keep them both alive, they're almost the same thing.

~Jon Foreman

For me, I want to create a environment for the songs to live in. So one song by itself only tells a piece of the story, but in the context of the album, more of the colors are revealed.

~Jon Foreman

I think that's the beauty of live music - creating from the destruction.

~Jon Foreman

I've never really had a desk job, but I've died one day at a time all over the place.

~Jon Foreman

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