Creativity, Reality, Creative, Ideas, Art, Mind, People, Writing, Distance, Perspective, Fun, Children, Mean, Way, Answers, Knows, Lying, Believe, Important, Hard Work

Grit is the stubborn refusal to quit.

~Jonah Lehrer

To have a style is to be stuck.

~Jonah Lehrer

We need to be willing to risk embarrassment, ask silly questions, surround ourselves with people who don't know what we're talking about. We need to leave behind the safety of our expertise.

~Jonah Lehrer

What you discover when you look at creativity from the perspective of the brain is that it is universal. We're all creative all of the time, we can't help but be creative.

~Jonah Lehrer

When we venture beyond the edge of our knowledge, all we have is art.

~Jonah Lehrer

The answer will only arrive after we stop looking for it.

~Jonah Lehrer

In fact, the only way to remain creative over time--to not be undone by our expertise--is to experiment with ignorance, to stare at things we don't fully understand.

~Jonah Lehrer

While human nature largely determines how we hear the notes, it is nurture that lets us hear the music.

~Jonah Lehrer

Rejection process is not fun. It's the red pen on the page, the discarded sketch, sometimes is the only way forward.

~Jonah Lehrer

there simply is no way to describe the past without lying. Our memories are not like fiction. They are fiction.

~Jonah Lehrer

I want to give people theories, I want to expose them to scientific stories that force them to re-evaluate the way they use these three pounds of meat inside their head.

~Jonah Lehrer

The best way to solve a problem? Try explaining it to somebody outside your field.

~Jonah Lehrer

You know more than you know.

~Jonah Lehrer

The one reality science cannot reduce is the only reality we will ever know.

~Jonah Lehrer

Creativity is not a trait that we inherit in our genes or a blessing bestowed by the angels. It's a skill.

~Jonah Lehrer

Children can't help but create: they need to put their mind on the page, they want to paint, to sculpt, to write short stories.

~Jonah Lehrer

Harlow would later write, "If monkeys have taught us anything, it's that you've got to learn how to love before you learn how to live.

~Jonah Lehrer

It's a hard thing to describe. It's just this sense that you got something to say.

~Jonah Lehrer

Just because an idea is true doesn't mean it can be proved. And just because an idea can be proved doesn't mean it's true.

~Jonah Lehrer

A lie told well is just as good as the truth.

~Jonah Lehrer

By the age of 3, children from wealthier households hear, on average, about 500,000 encouragements and 80,000 discouragements. The ratio is reversed in households on welfare.

~Jonah Lehrer

The great ages did not perhaps produce much more talent than ours,' [T.S.] Eliot wrote. 'But less talent was wasted.

~Jonah Lehrer

Cities force us to interact with strangers and with the strange. They pry the mind open. And that is why they are the idea that has unleashed so many of our new ideas.

~Jonah Lehrer

Design is the conscious imposition of meaningful order.

~Jonah Lehrer

Every creative story is different. And every creative story is the same. There was nothing. Now there is something. It's almost like magic.

~Jonah Lehrer

Creativity is a catchall term for a variety of distinct thought processes.

~Jonah Lehrer

And so we keep on thinking, because the next thought might be the answer.

~Jonah Lehrer

If you're trying to be more creative, one of the most important things you can do is increase the volume and diversity of the information to which you are exposed.

~Jonah Lehrer

The inconsistency of genius is a consistent theme of creativity.

~Jonah Lehrer

The imagination is unleashed by constraints. You break out of the box by stepping into shackles.

~Jonah Lehrer

...new ideas are merely several old thoughts that occur at the exact same time.

~Jonah Lehrer

Distance and difference are the secret tonic of creativity. When we get home, home is still the same. But something in our mind has been changed, and that changes everything.

~Jonah Lehrer

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