Together, Inspiration, Trying, Character, Imagination, Mind, Art, Overcoming,
Next, People, Brain, Scary, Puzzle Piece, Live Life, Good Things, Feels, Active,
Done, Mullets, Walking Dead

Never underestimate the power of sitting quietly.

~Josh McDermitt

I like to be surprised by life; it's a good thing to search for the puzzle pieces.

~Josh McDermitt

I stand in my own way on a daily basis. I don't know if this is something I will ever overcome completely, and I'm oddly okay with that.

~Josh McDermitt

I'm okay with standing in my way and in turn allowing it to impede my progress, but I'm okay with the struggle of overcoming obstacles despite myself.

~Josh McDermitt

I love puzzles, but when I'm done putting together a puzzle, I feel accomplished, and then I wonder, "What's next?" Then I go start another puzzle.

~Josh McDermitt

'The Walking Dead' was my favorite show before I even auditioned for it. That's every actor's dream, to be on a show that they're a fan of. It's just dark, and as a comedian, I'm drawn to dark things.

~Josh McDermitt

A lot of times, working in stand up, youre by yourself, and so you just have to rely on yourself only but I like working in an ensemble.

~Josh McDermitt

For my mind, I try to reduce stress by finding quiet time and meditating. ~Josh McDermitt

Thankfully, I don't have a real mullet.

~Josh McDermitt

As an actor, I have to watch people and observe their behaviors - this is how I create characters.

~Josh McDermitt

My daily surroundings feed my work, whether it's something I'm working on right now or it's something down the road.

~Josh McDermitt

Music, art, landscape - these are all things I draw inspiration from.

~Josh McDermitt

I have an active imagination, and music opens the floodgates of that area of my brain.

~Josh McDermitt

I find inspiration in literally just about everything.

~Josh McDermitt

I like to be surprised by life.

~Josh McDermitt

I can't imagine being on one of those shows where people have to look nice.

~Josh McDermitt

Life is a puzzle that I feel like we'll never fully put together.

~Josh McDermitt

It's human nature to work on ourselves, to get better in mind, body, and spirit, so there's nothing wrong with trying to live life to your fullest potential.

~Josh McDermitt

That seems s ~Josh McDermitt			

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