

# Joy Bryant Quotes

*Grandmother, Country, Thinking, Moving, Kind, Giving, Organization, Parent,  
Hate, Children, Helping, Lows, Vision, Style, Believe, School, Community,  
Heart, Political, Critics*

Camo never goes out of style as far as I'm concerned.

~Joy Bryant

I think when you're in love with someone, it reveals a lot about yourself. You either rise to your highest highs or you stoop to your lowest lows.

~Joy Bryant

I love flowy hippie dresses.

~Joy Bryant

When you empower women and help them thrive, you help their communities thrive. Women shoulder the burden disproportionately.

~Joy Bryant

Women are the harshest critics of other women.

~Joy Bryant

Following your own vision is one of the only things that will sustain you.

~Joy Bryant

It feels good to know you contributed positively to another's life, to their happiness, to their survival. It gives us a sense of purpose.

~Joy Bryant

You can't improvise if you are tense. Or thinking too much. You have to really let it go.

~Joy Bryant

Acknowledgement: Understanding and compassion for others and their suffering is the next step. Put yourself in the shoes of people who don't have the luxury of being wasteful.

~Joy Bryant

Donate time, food, or money to organizations that fight the good fight.

We can act individually for the collective good. We can all do something.

~Joy Bryant

When I was younger, I was one of the few girls in the neighborhood who could break dance. That's kind of my local, ghetto-celebrity claim to fame.

~Joy Bryant

It's been encouraging to hear the pope talking about climate change and take it away from being a political issue to being one of survival.

~Joy Bryant

You have to move to your own beat.

~Joy Bryant

I never wanted to be the person who said, "I woulda, coulda, shoulda." Life is way too short, and you may not last that long.

~Joy Bryant

Failure isn't really an option because, as my grandmother used to say, "Nothing beats a failure but a try."

~Joy Bryant

If it gets to the point where I actually physically cannot have a child, there's plenty of children in the world that need a stable home and loving parent. I'm so down for adoption.

~Joy Bryant

I love the look of buffed nails. They look neat and chic without actually having to paint your nails-and it takes no time!

~Joy Bryant

I kind of do high-low style a lot.

~Joy Bryant

In the mid-nineties, diversity in the fashion/beauty business was hard to come by.

~Joy Bryant

I don't have children of my own so I can't say I know the plight of being a parent, but I can kinda understand some of the complexities of it.

~Joy Bryant

I've always said that if anything - whether it was film or television - was something I responded to, then I was open to it.

~Joy Bryant

Life doesn't always end up with a bow wrapped around it.

~Joy Bryant

Sometimes, we are dealing with our own troubles and feel that we don't have the resources to help one another. Or simply, we just don't know what to do.

~Joy Bryant

I hate Christmas, really. I don't really give presents away or expect any.

~Joy Bryant

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