Thinking, People, Writing, Actors, Running, Ideas, Powerful, College, School, Jobs, Different, Cutting, Trying, Opportunity, Knows, Theater, Grandmother, Fashion, New York, Moving

I met this homeless man who had never owned a shirt in his life. He had taken his pants and worn them as a shirt and I thought it was so creative. He was liberated from the conventions of fashion.

~Julia Stiles

I wear everything from hip-hop baggy pants to beautiful Armani dresses. I also like to mix vintage clothing with designer pieces.

~Julia Stiles

I'm going to Columbia University but I'm trying to keep that low-profile because I don't want weird people following me there. I want the experience of normal college life.

~Julia Stiles

Make yourself useful, not just on a day to day basis, but as a lifetime thing.

~Julia Stiles

I like analyzing human behavior. It's complex. That's what keeps me going.

~Julia Stiles

I tend to gravitate toward the more powerful roles. As opposed to the doe-eyed girl who bats her eyelashes and runs around in towels, you now what I mean? Because that kind of makes me want to vomit.

~Julia Stiles

I always feel like a goofy little kid.

~Julia Stiles

My regular school didn't know what to do with me!

~Julia Stiles

I am a big fan of horror movies but I had never thought that I had

wanted to act in one because I don't think that actors get to do much in them. They're usually just reacting.

~Julia Stiles

I think that ultimately I just have to be myself. You know, I don't do anything that outlandish anyway.

~Julia Stiles

I took the role of Ophelia in Hamlet because she is so naive, loving, and innocent.

~Julia Stiles

I think audiences, producers and directors included, develop crushes on actors (actresses in particular) and then lose interest and move on to the next one.

~Julia Stiles

Yoga has stopped me from destroying my joints after running. It slows me down. My brain and body can go into overdrive - yoga teaches me to focus on the moment and not get ahead of myself.

~. Julia Stiles

If I'm gong out to a club I like to have fun with it. I'll use blue or red sparkly eyeliners and glittery eye shadows. Then I'll put on some blue mascara. I focus on the eyes.

~Julia Stiles

Education is huge for me. I went to public school until I turned thirteen, and was lucky enough to afford college once I became successful as an actress.

~Julia Stiles

I've really turned a corner recently in terms of not taking work too seriously, so it is much easier for me to not take my work home.

~Julia Stiles

Seeing other people in pain causes me pain.

~Julia Stiles

I am forever grateful that I got some training in the theater - it reduces performance anxiety.

~Julia Stiles

Theater makes working in movies or TV seem like a cake-walk.

~Julia Stiles

Theater is like going to the gym for actors.

~Julia Stiles

The only thing that gets me through any type of pain, emotional or physical, is to make it worthwhile by putting it into my work.

~Julia Stiles

I was happy when I read the script [The Bourne Ultimatum] - the first version they sent me - to see that before, there's some humanity too.

~Julia Stiles

I think it's really special to be a part of something that people are still watching or thinking about or interested in, or remember fondly many years later. I don't think it's annoying at all.

~Julia Stiles

I pretty much grew up in public.

~Julia Stiles

Sometimes I have these abstract ideas and then lose track of myself.

~Julia Stiles

There are a handful of actors who sustain interest because it's exciting to watch them get better at what they do. I want to be one of those actors.

~Julia Stiles

So I am happy to have fans, especially if it enables me to keep working. And I am really grateful when people respond to my work.

~Julia Stiles

Even after such milestones as Kathryn Bigelow winning an Oscar, there still seem to be few women in leadership roles.

~Julia Stiles

I worked regularly from very early on, and some of it was probably a bit premature.

~Julia Stiles

It's fun to stay at the Y! M! C! A!

~Julia Stiles

I feel like I have a skill set, but every experience is different and there's always room for improvement.

~. Julia Stiles

In my early career, I look at that time as a series of trial and error and learning as I go.

~Julia Stiles

I like a director that encourages me to be playful. I don't really like being restricted or controlled by a director.

~Julia Stiles

With film, so much is in the director's hands. Once something is cut together - unless you're in the editing room - you don't really remember

what the alternatives are.

~Julia Stiles

I did a different production with a different director and Bill Pullman. OleannaÂ- - the one you saw - we were doing right after Bourne Identity or right after it came out.

~Julia Stiles

I do think that the more takes you have the more opportunity to experiment [but] at a certain point, there are diminishing returns. There's only so much variety you offer.

~Julia Stiles

It was nice that there [ in the Bourne Ultimatum ] was a reference to the relationship. It's very subtle - it's actually without dialogue. I do think it's powerful even without words.

~Julia Stiles

I think I was born an artist. But the key is that I have a mom that encouraged and supported my artistic side. She still has the stick-figure drawings framed.

~Julia Stiles

Yoga has stopped me from destroying my joints after running. It slows me down.

~Julia Stiles

I've always been fascinated with the idea of people paying for sex and what goes on with that and why that happens.

~Julia Stiles

I'm not good at keeping secrets. If I'm entrusted with a secret from a friend, I can do that because I'm a good friend, but I don't like having secrets, it makes me nervous.

~Julia Stiles

It's not my job to critique the writing. I'm there to serve it. I had to figure out a way to make it work.

~Julia Stiles

As an actor, you're only one little piece of the puzzle; you're fulfilling someone else's vision. If you're involved earlier on, you're kind of creating your own.

~Julia Stiles

Fundamentally women and men are different.

~Julia Stiles

In my worst moments, I try to think about loving instead of hating. Creation versus destruction, know what I'm sayin'?

~Julia Stiles

I am forever a romantic. I try to bring that into my work. I try not to be fooled by romance. Or work.

~Julia Stiles

I never think of myself as an actor who takes work home with them.

~Julia Stiles

The thing with the Bourne movies is that they're so big in scope and the production value is so high and it takes so much organization.

~Julia Stiles

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SenQuotes.com Julia Stiles Quotes 8/8