

Julianne Hough Quotes

*Thinking, Dancing, People, Fun, Light, Trying, Clothes, Girl, Stars, Mind,
Running, Country, Giving, Inspirational, Scary, Dream, Hair, Blessed,
Motivation, Rocks*

Adrenaline is the reason I do what I do.

~Julianne Hough

There is something so rewarding about dancing. It's almost spiritual - you let loose, you feel free, you get endorphins from the exercise.

~Julianne Hough

I think it's important to be happy before you can make anybody else happy.

~Julianne Hough

Friends are the best therapy.

~Julianne Hough

I've always had God, but now I want to go back to church for the sense of community and that feeling of positive thinking, a place where I can think about being a better person.

~Julianne Hough

I try to bring my mascara everywhere because I'm a blonde and you know blondes have really light eyelashes, you always wanna put more and more on 'til they look like spiders, that's just what I do.

~Julianne Hough

'Grease' is one of the movies that made me want to be an entertainer, and I have literally been waiting my whole life to play Sandy.

~Julianne Hough

I'm very blessed and I don't take anything for granted. I think if you alienate people and just focus on your work then it just becomes lonely and it's not fun anymore.

~Julianne Hough

It's scary to take risks and it's scary to get out of your comfort zone, but

it's also the most rewarding when you do.

~Julianne Hough

When you dance on your own there is something so magical and so special.

~Julianne Hough

I absolutely love Italian food. So pizza - like a margherita pizza, penne arbiota, a glass of wine. That's like my dream.

~Julianne Hough

I'm so lucky that I have a great relationship.

~Julianne Hough

I'm a huge fan of dance cardio because it goes by really quick.

~Julianne Hough

I also like to feel good when I'm working out. If I put schlubby clothes on, I'm like, 'Blah.' I don't really want to work out. But if I'm feeling cute and I'm looking good - that's my motivation.

~Julianne Hough

I cannot go to sleep without reading.

~Julianne Hough

I love chips and salsa. Guacamole.

~Julianne Hough

I'm very blessed and I don't take anything for granted.

~Julianne Hough

Every day my style changes with my mood. Some days I'll feel a little more grunge and wear boyfriend jeans, but in the summer I like to feel girly and wear dresses.

~Julianne Hough

One of my mantras is if I'm scared to do something, that means that I have to do it.

~Julianne Hough

I had a hard time with bullying. I ate lunch in the bathroom.

~Julianne Hough

Okay, I'll say I would go back in time and bring scientists with me and create a hairspray that would not cause global warming. But it would still give us '80s hair.

~Julianne Hough

I've always wanted to sing country music.

~Julianne Hough

Well, what I love about '80s rock music is the amazing, fantastic melodies.

~Julianne Hough

I'd get invited to parties, and instead it would be these abandoned houses.

~Julianne Hough

Acting is like free therapy! Trying to make people laugh or cry can be inspiring.

~Julianne Hough

I think at the end of the day you have to find a balance with what's really important.

~Julianne Hough

A lot of people don't know this, but when 'Dancing with the Stars' first

asked me to be on the show, I said no, because I wanted to act and to be taken seriously.

~Julianne Hough

I feel sexy when I'm taking care of myself and not depriving myself.

~Julianne Hough

I definitely listened to country music. I don't think I listened to hair bands as much as I did Bruce Springsteen and U2 and Aerosmith.

~Julianne Hough

I definitely am the kind of person that fluctuates up and down. I work really hard for a certain project and then I'm like, 'Oh, I'm done.'

~Julianne Hough

The cool thing about doing films and being different characters is that it's new everyday and new every project. So, you're always learning something different and you get to do research.

~Julianne Hough

I may not be as active in it as some people are, but I think that the church has taught me great life lessons.

~Julianne Hough

Utah is so wonderful. My greatest memories of Utah are of always being outdoors. It's a very athletic environment that I think gave me a lot of drive to be fit and live well.

~Julianne Hough

I'm really loving acting. I want this as a career. I'll still write music and collaborate with people, but I'm focused on the acting path.

~Julianne Hough

I do a lot of dancing. I don't like to run much because I get shin splints. I

love being outside so I do a lot of hiking. It's very good for toning. I also do lots of light weights.

~Julianne Hough

I love to swim. I need goggles. If I don't have goggles I run in to the walls of the pool. I have no sense of directions.

~Julianne Hough

If I'm like, 'Oh, this is not something that I want to do,' that means I have to do it. That's always a good motivation.

~Julianne Hough

I've been acting my whole life, which people don't realize. I just haven't had the opportunities that I've had with my dancing.

~Julianne Hough

But trust me, if I lived in the '80s, I would definitely be the one going to the record stores.

~Julianne Hough

I'm just taking it one day at a time. Actually, that's a total lie. I always think about what's in front of me.

~Julianne Hough

My first dance ever on 'Dancing With the Stars' was to 'Let's Hear it for the Boy.'

~Julianne Hough

Dancing and acting satisfy me in different ways.

~Julianne Hough

There was a time when my mum would sew costumes for the dance studio so we could keep doing our classes because we couldn't afford them.

~Julianne Hough

If I had been living through the '80s, I probably would've gotten into a lot more trouble than my parents.

~Julianne Hough

I've grown up with country music. I love how real everybody is, not just the artists, but the fans.

~Julianne Hough

I've experienced a lot for someone my age that a lot of people will be able to relate to.

~Julianne Hough

I've always wanted to be like the Hollywood Golden Age actors.

~Julianne Hough

Even if you're a guy and you don't believe in dancing, you should try dance cardio. It's really fun!

~Julianne Hough

From when I was born, my dad would dance with me in his arms, and I would watch my siblings dancing around in the living room. I just grew up with that. That was just my life.

~Julianne Hough

My favorite way to dance is being swept off my feet by somebody who doesn't know how to dance.

~Julianne Hough

I keep saying this about a mental state, but the more that I am physically active, the more that my mind is clear.

~Julianne Hough

I love to act, I love to sing and I love to entertain, so if I am passionate about a certain project and I want to do it, I hope to stretch my acting skills.

~Julianne Hough

I love fantasy. I love thrillers. I love action. I'm all over the place. As long as the story and characters are good, I'll love it.

~Julianne Hough

Take your time. Some of these fad diets and quick fixes, they might be quick, but you're going to crash and burn.

~Julianne Hough

Sometimes you have to think about what you're going to say, in real life, so when you see that thought process going on in a movie, it feels real and looks real.

~Julianne Hough

I always tweet about where we're at. Since I'm performing at amphitheaters, I'll try to run up and down the stairs and across the field.

~Julianne Hough

I figured out if I have a good goal in mind, then I can actually achieve it.

~Julianne Hough

I'm one of those people that loves to try everything.

~Julianne Hough

I'd feel a little bit dead inside, if I didn't have dancing. It's such a way of expression and exercise and life and love. You laugh, when you're being corny and dorky-dancing. It's everything.

~Julianne Hough

I'm a huge fan of just keeping a healthy lifestyle. For your body but for your mind, also.

~Julianne Hough

Dancing is so great because there are all the little details, and the little movements, and the little muscles that are working without you even realizing.

~Julianne Hough

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