Kids, People, Children, Years, Crazy, Doors, Mom, School, Book, Husband, Morning, Running, Weekend, Littles, Thinking, Nice, Media, Sports, Play, Care

It's a war of attrition. If you have patience and a modicum of faith in yourself your chances are not too bad.

~Julie Bowen

Children are like crazy, drunken small people in your house.

~Julie Bowen

I'm so not stylish by nature, but I've learned to work with what I have.

~Julie Bowen

I'm on a strict gossip diet. No gossip websites, no gossip magazines. Otherwise, I find it paralyzing to exist.

~Julie Bowen

Baltimore is a great place.

~Julie Bowen

Success is getting up one more time than you fall down.

~Julie Bowen

I suffer the terrible disease of low self-esteem.

~Julie Bowen

I've had a little bad, bad media luck the new year. Well, apparently I'm dating Bill Clinton, which makes me nervous. I didn't know, though.

~Julie Bowen

I grew up playing field hockey and lacrosse - prep school sport - and I was terrible at them.

~Julie Bowen

I guess I'm not that aware of such a big fan base. I have a few core people who write me no matter what I'm doing, but I hardly have sacks of mail being dropped on my door!

~Julie Bowen

In my family, Mom can lead the sports activities, no problem! Except football - that, my husband does.

~Julie Bowen

As I have gotten older, I've discovered the joys of being lazy.

~Julie Bowen

As a matter of fact, I get a little concerned about some of my anti-social habits.

~Julie Bowen

I would like to say that I am a very relaxed, loving person who is not competitive, but that's a lie!

~Julie Bowen

My husband is very funny and his humor has gotten us through a lot. He's good at defusing me.

~Julie Bowen

I use an app called ChoreMonster. The kids earn points for brushing teeth or picking up the dog poop. It's genius.

~Julie Bowen

I think it's pretty common for people to get excited when they meet somebody that they know from the media.

~Julie Bowen

I frequently do drive carpool in the clothes I slept in, because it's impossible to get three children out the door with lunches packed and all that stuff and have a do.

~Julie Bowen

I have three kids. I should know how to take care of them.

~Julie Bowen

I'm built like a 14-year-old boy. I have no waist, so anything I wear has to have a lot of trickeration going on. I don't fit into girl dresses. I can't just slip it on.

~Julie Bowen

[Preparing for award shows] gets insane. The dress, the hair, the makeup...I end up always picking the dress at the last second.

~Julie Bowen

I live alone with my one dog and they say it like it's a sad, it's a terrible thing. This woman lives alone with her two cats.

~Julie Bowen

I don't always run in the mornings, but I am definitely better if I run in the mornings.

~Julie Bowen

I consider a day without running a crappy day. When I don't get to run, I am a grump, but some days my schedule just doesn't allow me to.

~Julie Bowen

I do find it odd people choose to do stuff that makes them look like crazy Hollywood faces, but I've got zero judgment.

~Julie Bowen

I had many decades of me time and now I just don't have that anymore. There are days when I rail against it.

~Julie Bowen

I always come across sounding like I hate my children. I actually love them very much.

~Julie Bowen

I read some article where Reese Witherspoon said, "If you're not yelling at your kids, you're not spending enough time with them." It made me feel so much better.

~Julie Bowen

We've had four or five casts in three years. There was a point when I thought the Department of Children and Family Services was going to show up at my door!

~Julie Bowen

I count myself lucky to be fairly anonymous but occasionally have people tell me nice things.

~Julie Bowen

I feel the most pulled together when I'm going for the tomboyish thing. ~Julie Bowen

I was class mom at the preschool one year and I was pretty much asked not to do that again!

~Julie Bowen

I just can't seem to make myself care about what I look like when I am working out.

~Julie Bowen

Everyone [of my kids] can ride a bike now, so the park has had a big resurgence in our life. We also play a lot of dumb drawing games.

~Julie Bowen

I read books more than I go out.

~Julie Bowen

How many times can you say, "No yanking on one another's genitals?" Everything is hilarious until someone starts crying.

~Julie Bowen

I would love to do more movies, but the reality is women have many more opportunities on television to play a greater variety of characters.

~Julie Bowen

Women in Hollywood are tiny, but women in soap operas are the tiniest people alive!

~Julie Bowen

There's an expression: Great is the enemy of the good. Sometimes in trying to be great, you make a mess of things.

~Julie Bowen

I'm most certainly not the Beatles.

~Julie Bowen

We make them [kids] earn the stuff they want. They're not going to play with their iPad today unless they do their chores.

~Julie Bowen

I really like putting the kids to bed. Everyone is cozy and snuggly. Nobody is giving anyone a hard time, and everybody reads.

~Julie Bowen

Kids don't seem to recognize when they're hungry until they're starving and in the emergency zone, so I'm like, "Who wants some apple slices and cheese?"

~Julie Bowen

At restaurants, I carry paper and markers and tell everyone to draw a picture with a unicorn, an octopus and an explosion. That keeps kids

still for a minute.

~Julie Bowen

I take the kids skiing every year, and my husband doesn't always go. The way I grew up, that's very normal. My mom would take us skiing, but my dad hates cold weather.

~Julie Bowen

We can't have iPads until after 7 p.m. Otherwise the entire day is, "iPad time? What about now?" It makes me crazy. And no TV on weekend mornings.

7/8

~Julie Bowen

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