Beautiful, Heart, North Of Beautiful, Way, Coffee, Smell, True Beauty, Would Be, Travel, Sunset, Ideas, Mirrors, Attitude, Memorable, Dream, Mind, Lasts, Real, Accepting What Is, Exercise

You would be surprised what two hours of daily exercise and five hundred stomach crunches can do for you.

~Justina Chen

Adventure in life is good; consistency in coffee even better.

~Justina Chen

He knew me in all the ways that truly mattered: the shape of my fears, the contours of my dreams.

~Justina Chen

Forgiving others is easier when I remember that I'm human and stupid, too.

~Justina Chen

Come on, don't you ever stop and smell the coffee?

~Justina Chen

Getting lost is just another way of saying 'going exploring.

~Justina Chen

What would it be like to look in the mirror and actually accept what you see? Not loathe the reflection, or despise it, or be resigned to it? But to like it?

~Justina Chen

You raze the old to raise the new.

~Justina Chen

I didn't know that the world could be so mind-blowingly beautiful.

~Justina Chen

When the creative impulse sweeps over you, grab it. You grab it and honor it and use it, because momentum is a rare gift.

~Justina Chen

Physical beauty wasn't the same as True Beauty, any more than pretty ugly meant truly ugly or Magnetic North meant True North.

~Justina Chen

To dream is to starve doubt, feed hope.

~Justina Chen

Beautyâ€"real everlasting beautyâ€"lives not on our faces, but in our attitude and our actions. It lives in what we do for ourselves and for others.

~Justina Chen

You can see beauty in everything, except for yourself.

~Justina Chen

Flawed, we're truly interesting, truly memorable, and yes, truly beautiful.

~Justina Chen

Maybe getting around in life was nothing but map-reading. A skill that required practice. A key to unlock where you wanted to go. A legend to show where you were.

~Justina Chen

Teachers wondered why I didn't speak up more in class. Why would I when I knew how precarious words could be, how betraying they were, how vulnerable they made you?

~Justina Chen

Hey, if it's a good philosophy, it works. Death is imminent. Live every day like it's your last.

~Justina Chen

But even quashed rebellions leave us different. Because freedom may be a forbidden fruit in tyrannies, but once tasted, it is unforgettable.

~Justina Chen

That's exactly why nature always trumps gardens. Gardens are just reality pruned of chaos. What doesn't work you rip out.

~Justina Chen

Like world describers before me, those mapmakers in the seventeenth centure, I had laid down my first faintly drawn border. With that one tentative mark, my world expanded by a few freeing degrees.

~Justina Chen

Jolie laide = "pretty ugly" Draws you to it...bored into heart and mind. ~Justina Chen

No power was total, no power permanent, no power absolute.

~Justina Chen

Maybe we don't have the same definition of about what's beautiful. So define it. Define true beauty.

~Justina Chen

Silence, too, can be torture.

~Justina Chen

You know, sometimes the most direct route isn't the right one. - Jacob ~Justina Chen

If there was one thing I refused to be, it was an insignificant footnote in some boy's history.

~Justina Chen

Inertia is so easyâ€"don't fix what's not broken. Leave well enough

alone. So we end up accepting what is broken, mistaking complaining for action, procrastinating for deliberation.

~Justina Chen

I wondered about her chicken-and-egg relationship with Dad. Which came first? Her helplessness or his controlling?

~Justina Chen

You know, there are easier ways to meet a guy than to run him over.

~Justina Chen

Safe, I decided, didn't leave much room for fun.

~Justina Chen

There is real comfort in being quiet.

~Justina Chen

What was so miraculous about a relationship that was based more on my gratitude than on mutual self respect?

~Justina Chen

My confidence was of the hothouse variety, carefully cultivated under highly regulated conditions. One wrong look, one mean comment, and my facade would wither.

~Justina Chen

If Jacob was right and clothes were costumes and makeup a mask, then our attitudes and habits must be our shields.

~Justina Chen

You don't need a geochache for this one." "You don't, huh?" "Nope.. here I am. Here I am.

~Justina Chen

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- Real Quotes
- Accepting What Is Quotes
- Exercise Quotes

6/6