

# Karen Dawn Quotes

*Animal, People, Issues, Mean, Caring, Trying, Soul, Ocean, Priorities, World,  
Games, Steps, Hard, Sunday, Giving In, Baby, Rights, Giving, Order, Air*

Remember that veganism is a compassionate lifestyle not a punitive religion. Enjoy it! And if the going gets rough, it's better to relax the rules occasionally than to give up the game entirely.

~Karen Dawn

I am all too human, I don't always do the right thing, so how can I expect others to perform perfectly on the issues that are my top priority?

~Karen Dawn

Animal rights is a serious subject, but I do my best to find humor where I can.

~Karen Dawn

I try to meet people where they are.

~Karen Dawn

I wholeheartedly encourage any steps in the right direction, in whatever time frame works for the person on the path.

~Karen Dawn

Caring for animals means caring for the environment they live in, and vice versa.

~Karen Dawn

Mostly, I make sure to stay keenly aware of my own shortcomings so that I am more patient with others.

~Karen Dawn

Giving into anger destroys the soul.

~Karen Dawn

Come for the body, stay for the soul.

~Karen Dawn

Once people learn, it is hard to forget and go back.

~Karen Dawn

Some of us seem to be born with a drive to try to make the world kinder.

~Karen Dawn

It is important to meet people where they are. It reminds me of yoga, to which people may flock for the physical benefits, often to find that the spiritual benefits match or even outweigh them.

~Karen Dawn

I don't understand "animal people" who say they are not environmentalists. Do they not realize that the vast majority of animals live in the environment?

~Karen Dawn

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