Thinking, People, Holiday, Years, Grateful, Parent, Crazy, Cancer, Littles, Feels, Kind, Jobs, Trying, Lucky, House, Blessed, Acting, Cyber, Simple, Cooking

Sometimes I hope that through osmosis I might get a workout - just by wearing the clothes.

~Kate Walsh

My mom, she's a breast cancer survivor and because of that I had started getting mammograms once a year, starting at age 30.

~Kate Walsh

Despite all those years of abusing your lungs, your kidneys, your liver the only thing you've had removed is your kids.

~Kate Walsh

I've got four roommates and they all have fur and tails.

~Kate Walsh

I don't need someone with a hot body. He can be fat or overweight and have a belly. It's very much about style and substance and humor, interest, curiosity and really being smart.

~Kate Walsh

I'm pregnant with triplets now and I feel really good.

~Kate Walsh

You never want to rest on your laurels. You want to keep doing things that terrify you.

~Kate Walsh

I have a lot to be grateful for. I really do kind of get into the holiday spirit and try to find something to be grateful for anyway but this is the time of year so.

~Kate Walsh

I second-guess myself all the time. I make a decision and then wonder if I made the wrong choice.

~Kate Walsh

I do Pilates, and hike with my dog.

~Kate Walsh

I'm not a clean freak. My house is a mess.

~Kate Walsh

Age is just a number. Unless, that is, you live in Hollywood, where there's this notion that if you haven't hit it big by your 20s, you may as well hit the road.

~Kate Walsh

I'm lucky. I've got pretty good genes.

~Kate Walsh

I still like to make crank calls.

~Kate Walsh

My mother is Italian and my dad's Irish. In my family, we're expressive. Nobody holds back.

~Kate Walsh

When everyone's kind of watching you when you're out and about, it makes it hard.

~Kate Walsh

I love to kind of people watch; that's part of what I do as an actor and creative person and sort of step back and watch others.

~Kate Walsh

I used to skip breakfast, but eating gets my metabolism going, so I burn more calories all day.

~Kate Walsh

I love cooking but I still always go and sneak a little bit of sides from Boston Market, and it's so good. They're so good.

~Kate Walsh

I loved campaigning for Obama.

~Kate Walsh

I've learned over and over that life happens on its own terms, not mine.

~Kate Walsh

No matter what job you do, we all have a much different life than our parents had. My parents' generation had one job and then they retired. Now, people have many different jobs.

~Kate Walsh

For me, my 20s were all about reaching for the brass ring of work in theater, television, and film, surviving in between by waiting tables, painting houses, serving coffee, and temping.

~Kate Walsh

I would definitely love to be a parent.

~Kate Walsh

Acting was all I ever really wanted to do.

~Kate Walsh

I don't think anyone gets married thinking that they will get divorced.

~Kate Walsh

Everything also calms down with the influx of social media, there's so much happening all the time.

~Kate Walsh

I feel so lucky that I've been on shows that have been by and large

critically acclaimed and that audiences like it.

~Kate Walsh

I don't like to take a lot of stuff since I'm really sensitive to medications.

~Kate Walsh

I try to cook dinner, but it's difficult when I'm working.

~Kate Walsh

I've done every diet there is.

~Kate Walsh

I like to eat right and in moderation, but give myself treats and kind of have everything.

~Kate Walsh

People always say you can't do a red lip if you have red hair but I've never shied away from it. I think you can absolutely do that. It's more about hair colour and complexion.

~Kate Walsh

I think as much as we're cyber connecting it's really nice to just sit and talk, and have that ritual.

~Kate Walsh

I have always been the girl who keeps on trying. I try! I try!

~Kate Walsh

I think a lot of people just aren't aware how young you can be and be diagnosed with breast cancer.

~Kate Walsh

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