

# Katie Cassidy

## Quotes

*Character, Thinking, School, Nice, Training, Focus, Fun, Details, Worry,  
Management, Views, Roles, Team, Guitar, Different, Play, Andrew, Strong,  
Love Is, Reality*

I believe in gender equality and I love that I can represent strong modern-day women.

~Katie Cassidy

As an actor, you're supposed to be able to form yourself into different characters and different roles. It's a transformation, and it is awesome.

~Katie Cassidy

There is definitely something that has to be said for me liking the action, Lara Croft type stuff. I really want to explore that side of me.

~Katie Cassidy

I ended up meeting my manager because my sister was a receptionist at a management company. My manager is actually my same manager that I have today. That's how it started. I worked my way.

~Katie Cassidy

I think the teams biggest struggle is remaining a team. It's kinda like a puzzle, If one piece of the puzzle is missing then the puzzle can't be completed. Every team member plays an important part.

~Katie Cassidy

Attending ComicCon for 'Arrow' was so much fun! Seeing the fans excited gets me excited and feels really good.

~Katie Cassidy

The way I prepare is through script analysts and back story. I create back story for a character based on script analysts, filling in as many details as possible. I also do a lot of research.

~Katie Cassidy

To me, giving back is so important. It makes others feel good which then in return makes me feel good.

~Katie Cassidy

You can't really explain to anyone the experience onset, you actually have to see it to understand what we're all going through. Some days we can be on set 15 - 17 hrs. Plus then there's training.

~Katie Cassidy

I love training and I love being able to kick ass.

~Katie Cassidy

I try to keep myself in what I'm doing and focused on character stuff, as opposed to getting wrapped up in worrying or being nervous. It won't benefit me, in any way, to focus on that.

~Katie Cassidy

My hair's been every color. My hair's been all over the map.

~Katie Cassidy

I wanted to make a name for myself.

~Katie Cassidy

Greg Berlanti, David Nutter, Andrew Kreisberg and Marc Guggenheim are the people I wanted to work with. They're smart, they're funny, they're cool, they're edgy.

~Katie Cassidy

I love heels... whoever created heels is amazing!

~Katie Cassidy

I loved being on stage. I was in elementary school when I started, so I couldn't say that it was about the building of characters.

~Katie Cassidy

I try mainly to just focus on character and what my character's point of view is, with each person, and try to figure out story.

~Katie Cassidy

I'd like to think I'm actually a nice person in real life.

~Katie Cassidy

It's nice when your dad can be your friend.

~Katie Cassidy

I was in theater when I was in elementary, middle school and high school. I didn't know it would be an actual profession for me. I didn't think of it as a reality.

~Katie Cassidy

When I was younger, playing piano and guitar were all things that I wanted to do for a short period of time, like any kid.

~Katie Cassidy

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